

Join Our Online Talk

“Strength and Compassion Training for Your Child”

Tools for Parents and Children



Date: Wednesday, 18 August 2026



Time: 7:30 PM - 8:30 PM



Location: Online via Zoom



👉 RSVP here via this LINK to secure your spot!

North Shore Precinct Catholic Schools invite you to a special online talk designed to empower parents and build resilience in children.



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This engaging session, “Strength and Compassion Training for Your Child,” will cover:



What bullying is and why it’s harmful



Tools for parents to help their children respond with compassion and strength



Practical techniques to build self-esteem and emotional resilience



Communication strategies to handle bullying effectively

Join us to learn actionable insights from experienced educators, resilience coaches, and community advocates.

Let’s work together to support our children in navigating challenges with confidence and care.



[RSVP here via this LINK to secure your spot!](#)



"I am fearfully and wonderfully made." - Ps 139:14



Meet Our Presenter: Jacqui Van de Velde

MEd, BEc, Dip Ed, DipBus, Dip Training & Assessment Systems, Cert IV TAE, Cert IV PFCE, Cert SFBP

Jacqui is the PEC at Prouille Catholic Primary School in Wahroonga. Jacqui has more than 30 years experience in education, wellbeing, mental health and community engagement in both a professional and volunteer capacity. She has worked in, and continues to work across, a variety of business, education and community contexts, in Australia, New Zealand, the EU, Singapore, and North America. Jacqui is a passionate trainer, and advocate for parent and family engagement, positive growth outcomes in education, professional learning networks and continuing education in the workplace, wellbeing, veteran health, and advocacy.