

OUR LADY OF DOLOURS NEWS

Ignite, Innovate & Include in the Spirit of Mercy



FROM THE PRINCIPAL

MARCO IANNI



Welcome to Term 4. Students and staff have hit the ground running full of energy and enthusiasm ready for a term full of learning and celebration. We look forward to welcoming the newest members of our community, our Kindergarten 2026 students in the coming weeks as they will join us for their transition to school days. I am sure if you see our newest students around the school you will join me in making them feel very welcome.

During our first weeks back for the term we have seen Kindergarten head off to the farm, year 1 students have visited the Zoo and our Year 2 students explored Berry Island. This term has also seen the launch of Socktober where students learn about those less fortunate than themselves and generously raise much needed funds for Catholic Mission

Our parent community have had a busy start to the term as they have assisted us with volunteering for excursions, assisting with swimming lessons and preparing for the annual Year 6 graduation and end of year Christmas Festa.

We look forward to sharing this exciting last term of the year with our community.

Tuesday 28 October Kindy Transition to School Session

Monday 3 November
Student Retreat Day and Socktober
activities

Sunday 9 November Year 6 Class Mass

Tuesday 18 November Yr 2 - Yr 6 Swimming Carnival K - Yr 1 Splash Day

> Tuesday 2 December Year 6 Graduation

Wednesday 17 December Last Day Term 4









Enrolling now for 2026

Kindergartern Excursion to the Farm





Did you hear about the wonderful excursion Kindergarten had recently? Kindergarten's learning in their Science unit on "Living Things" and their Geography exploration of "Places" has been enriched with a trip to Calmsley Hill City Farm. Students explored how living things have different features and basic needs that can be met. Students also learnt that plants and animals can be used for food and clothing. It was a wonderful day full of learning and fun. Thank you to our Kindergarten teachers for organising this excursion and for our parent volunteers who assisted on the day.







































Year 1 Excursion to the Zoo

Year I have been on an excursion to the zoo. They had such a great time - here are some of the highlights -

















Sport News



Broken Bay Cricket Trials

On Friday the 17th October, Rishabh.S in Year 5 represented the school at the Broken Bay Cricket Trial which was held at EDSACC North Oval in Bateau Bay. From all accounts, there were 37 students who turned out for the trial and Rishabh played extremely well.

Unfortunately, Rishabh did not get chosen, though should be very proud of his efforts on the day and how close he came to getting selected. To get nominated from the school is a fantastic achievement and the community of OLD, Chatswood is very proud. Keep on practising Rishabh and I am sure we will see you playing for Australia in the future!

Here is a recount by Rishabh on his experience at the trial:

I was sent two hours away to play cricket representing my school at the Broken Bay trial. This was one of the most challenging competitions in my life. First, we started practising our jogging, jumping jacks, catching and even more. The instructors made us show our bowling. Many bowlers were destroying but I knew my strength was coming up (batting).

While we were bowling, the instructors would choose some player to pad up. When I was called up, I started hitting every ball. I didn't let anyone get me out and made sure I would hit everyone's ball. Our last lesson was fielding. My fielding was not that good but also not that bad. The instructors were now going to call the 7 students out the 37 students!



Polding Athletics Championshi On Friday 12th September, the school was excited to have our future

On Friday 12th September, the school was excited to have our future athletic Olympian

Fergus.T (Year 5) participate at the Polding Athletics Championships at Hunter Sports Centre, Glendale. Fergus was competing in the Junior Boys High Jump.

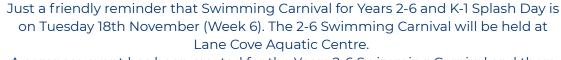
From all accounts, Fergus performed well. He finished 4th overall with a final successful jump of 1.26m. This eclipsed his previous best by 5cm. What an amazing effort!!! He jumped so well in a very talented group and showed maturity and composure all the way through.

Unfortunately, Fergus didn't make it through to the next stage, although this is still a fantastic achievement and he should be extremely proud of making it this far. Well done, Fergus!!!

As a sports teacher, I am very proud of Fergus for his dedication and willingness to compete at this high level. You have not only made me proud but the whole community of OLD, Chatswood too. Keep up the amazing work you are doing for sport.



Reminder: Swimming Carnival and K-1 Splash Day



A compass event has been created for the Years 2-6 Swimming Carnival and there are still outstanding permissions. Can you please make sure you fill in the permission for your child. It is a compulsory event unless a note is provided to the office for why your child is not attending. More information about the schedule will be sent in the next few weeks.

Kindergarten and Year 1 will have a Splash Day back at school. More information will come out soon.





SOCKTOBER & MISSION MONTH - Supporting Zambia

On Thursday 17th October, Year 6 leaders Liam B, Madeline, Elisabeth & Malcolm attended the CSBB Mission Retreat Day, exploring Catholic Mission Month and Socktober. The students learned about this year's mission focus: supporting farmers and families in Zambia.

Zambia is facing a hunger crisis, with over 50% of the population living in poverty. Many families rely on growing corn to survive, but without healthy crops and rain, they struggle to eat and earn a living. Catholic Mission is raising funds to build a maize mill to help families grow, eat, and sell more corn.

Our Lady of Dolours is calling on your support to keep the Socktober mission project running! We invite you to register your child/ren for Socktober. Please click here to register your child (registering does not require you to make any payment and only takes a few minutes). Choose 'Our Lady of Dolours Chatswood'. Then simply share the page and encourage family and friends to get behind your child/ren's Socktober journey. Your participation in Socktober is completely voluntary - there is no obligation, just invitation!

Students will design and make their own sockball using recycled materials, then use it in fun sporting activities in Week 4. Please start collecting old clothes, rags, and plastic at home and bring into school. Thank you for helping us 'sock it to poverty' this Mission Month!

Camilla Brown- Religious Education Coordinator





How to order from **BOOK CLUB** online



Scholastic Book Club:

Issue 7 of Book Club has now been received by all classes.

The due date for all submissions is TUESDAY October 28th.

All orders must be made by credit card. No cash payments accepted at school.

This will be the second last Book Club issue for the term.

How parents order from Book Club online

- 1. Log in, or create a new account at LOOP
- 2. New parents can follow the Wizard to set up a child's profile
- 3. Click the ORDER tab, and select the child's school and Issue of Book Club
- 4. Select your child's name
- 5. Enter the product item number from the Book Club catalogue
- 6. Apply promotional codes that children may have earned from previous issues
- 7. Make a payment via credit card. Please note a 1% surcharge applies to all card payments.
- 8. Feel great about the Scholastic Rewards that have been earned from the school!

LOOK INSIDE ISSUE 7

AccessIt Library Platform

Our school, along with the rest of Catholic Schools Broken Bay has migrated to a new software for circulating books within school libraries. It is called Accesslt. Mrs Charlton is currently undertaking further training in how the new program will work and what improvements it should bring for our Library and our students! Many thank you to all students who have been patient with our interim system and our incredible Library parent volunteers who haven't missed a beat. We look forward to seeing what new features it has on offer for us.



What I've been borrowing from the OLD Library:

Imogen (5 Gold)

I've been re-reading the Wings of Fire Graphic Novels. I find them entertaining and they are funny. The stories are about young dragons who were raised away from their families and they're destined to stop a war. Eventually they look for their families and more adventure occurs. I recommend these books for middle to upper primary students. Be cautious if you are easily frightened.





Spotlight



Alexander is invited to Admiralty House







Alexander from Year 2 attended the recent Paralympics Australia event at Admiralty House.

Alexander was invited as the only child at the event and had the opportunity to interview all inspiring athletes and the Australia's Governor General Ms Sam Mostyn. It was a wonderful learning experience about leadership, kindness and community services. All values Alexander demonstrates and believes are values that the school values.



Centre Stage Dancers



Congratulations to Jasmine Kindergarten, Kezzie Year 3, Maya and Charlene Year 2 who are part of Centre Stage Academy U8's Jazz performance group. The girls have been performing in competitions across September and October. They will continue to go into competitions in October and November! The girls came 1st in the Curtain Call Dance Festival and 3rd in the Expression Dance competition.

Kezzie and Maya also perform in the U10's Performance Group for jazz.

They came 3rd in the Curtain Call Dance Festival and Highly Commended in the Expression Dance competition.

Well done girls and best of luck with your upcoming competitions.





Spotlight





Sydney Spring Cycle

Well done Eva, Micaela, and Nicolo, who took part in the Sydney Spring Cycle recently in support of Lifeline.

It was their first cycling event, and they had an amazing time riding across the Harbour Bridge all the way to Pirrama Park in Pyrmont. It was a memorable experience and a meaningful way to support a great cause. Well done to these students for supporting such a wonderful cause and participating in community events.

Staff Spirituality Day

On Monday the staff of OLD gathered together for a day of faith and connection as we journey together as Pilgrims of Hope during this Jubilee Year. We met at Milsons Point for coffee and prayer, then walked across the Harbour Bridge to St Patrick's Church, The Rocks. There, we'll celebrated Mass together, explored the church and spent time in personal prayer in the Crypt. Our journey continued through the streets of the Rocks down to the water for reflection. This was a wonderful meaningful opportunity to connect, recharge, and journey together in faith.



PtC Holiday Pilgrimage

In the School Holidays, our Parent Engagement Coordinator Rebecca Molinaro together with her fellow Parent Engagement Coordinator's of the Broken Bay Diocese took part in a pilgrimage from Epping to Chatswood. Thank you to Father Anselam who shared the inspiring stories of Saints Carlo Acutis and Pier Giorgio Frassati, presenting their lives of faith and service.

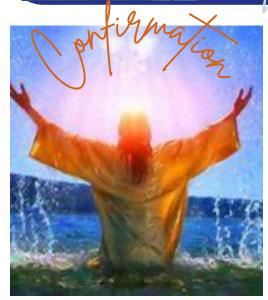
Rebecca, also talked about the virtues and attributes that led to their sainthood.
All the PECs enjoyed a meaningful time of prayer and reflection at the Shrine of Hope, followed by a shared celebration of Mass. The Parish team together with Rebecca highlighted the beauty and richness of our church community.





OF DOLOURS

Parish Connections



Congratulations to our OLD students who will be receiving their Confirmation on Thursday 30th October. Please keep them in your prayers as they take this important step in their faith journey. May the Holy Spirit guide you, strengthen you, and fill your hearts with peace, wisdom, and joy!

Year 2	Leon K	Annabelle W
Sienna A	Dominic L	Petar Z
Year 3	Nicolo M	Year 4
Aveline A	Ilaria N	Neil P
Lindsay A	Keira N	Year 5
Samuel B	Casey S	Imogen M
Louis B	Railey S	
Joshua C	Neil S	
Abigail G	Samuel S	
Isabella K	Giacomo S	

Christian S

Gear 3 Jass Mass

Joy K

Thank you to all the Year 3 Families who attended mass last Sunday. It was wonderful to see so many OLD students participating in Readings, the offertory and being able to stand at the altar with Father David as we celebrated the Eucharist. The children listened to Father David read a book to the children in the homily. He explained how Jesus is always with us in our hearts and we have to picture an imaginary line that connects us to Jesus. Well done Year 3 for showing reverence and listening to Father David's meaningful message.









6.30PM - 8.00PM

Learn strategies and skills to support your young person with experienced speakers from KYDS and Harrison Riedel Foundation.

This webinar will be looking at how as a parent or carer you can support your young person once they have started at high school and help them navigate all the different challenges the school year may bring.

Our presenters will take you through:

Understanding the challenges - Learn the most comm concerns Year 6 students face when starting high school, from academic pressures to social change.

Practical strategies - Discover simple, effective ways to support your child, from building routines and organisation skills to fostering independence

Focusing on wellbeing - Explore how relationships, balance, and open conversations can make a huge difference during this formative time

Helpful resources - Get introduced to trusted tools and services, including Kids Helpline, Headspace, Lifeline, and the complimentary YourCrew App, with journaling. safety plans, and pathways to help

Registrations are essential to access the zoom link.

















To register, please scan the QR code or visit www.ryde.nsw.gov.au/YouthEvents

TAKING STEPS ON YOUR FAMILY'S WELLBEING JOURNEY

PARENTING TEENAGERS IN A MULTICULTURAL CONTEXT

Cantonese Tuesday 28 October 2025 6:30 - 8:00pm



Parenting teenagers (kids over 12 years old) in multicultural families brings unique challenges but also rewarding opportunities for growth. This online Zoom webinar will help you:

- · Recognise the signs of distress in
- . Communicate with your teens with
- Understand your signs of stress as
- Build resilience and strengthen connections within your family



SCAN OR CLICK THE QR CODE TO REGISTER

"Empowering parents to take steps to navigate the teen years with confidence, connection, and compassion"

or more information, contact Jian Hua at jianh@ransw.org.au













parents can come together in fellowship. To register, please email

mona.saouma@bbcatholic.org.au or call Mona on 9410 9000

PARENT & INFANT MASS

Attending Mass can often be stressful for a parent, particularly while juggling the needs of your child. This Mass is an opportunity to gather with other parents, without judgement, with the support of the Priest and parishioners.

Thursday 12:30pm



Our Lady

Chatswood Catholic Parish 94 Archer St Chatswood 2067

All babies, toddlers, infants, parents &

carers are welcome to join our Playgroup in the Magnificat

Meeting Room every

Thursday from 1pm -2:30pm.



Expert Coaching 8:45am-3pm

WHAT WE OFFER!



EXPERIENCED COACHES

VIDEO ANALYSIS



COACHING REPORT

SPORT/LOCATIONS

BASKETBALL

Concord Waverley Moore Park North Sydney NETBALL Alexandria Concord

CRICKET Daceyville Hunters Hill

SOCCER Daceyville North Ryde HOCKEY



35% OFF

USE CODE: ISCSUM35

BOOK NOW

JUNIOR PROGRAM (AGES 7 - 12)

SENIOR PROGRAM (AGES 12 - 15) Was \$349 - Now \$227









A 3 week course for parents of 2 - 12 year olds

TUESDAY

ONLINE

28 October & 4, 11 November 2025 7.30pm - 9.00pm

Learn how to manage behaviour without arguing or shouting and discover methods to stop unwanted behaviours, increase co-operation and enhance your relationship with your children. We're here to help parents raise well behaved, happy, competent children and put the fun back into parenting! Feel free to bring your dinner to the session.

Please note: this program is funded for parents residing in these LGAs only - Hornsby, Ku-ring-gai, Willoughby, Lane Cove, Mosman, North Sydney and Northern Beaches.

CLICK HERE TO REGISTER OR

SCAN HERE

MORE INFO & **BOOKINGS**

P: 1800 324 924

E: info@catholiccaredbb.org.au W: www.catholiccaredbb.org.au











Lower North Shore

Monday 22nd December - Friday 26th December (Closed 25th December) We are open on Boxing Day

Eastern Suburbs

Monday 29nd December - Friday 2nd January, 2026 (Closed 1st January)

Bookings

www.illustrating-man.com.au

- Click the Carl
- Check your junk, spam folders will write



Enquiries: 8.30am - 4.30pm (EST)

02 9343 0833 okings@cartoonkingdom.com.au www.illustrating-man.com.au ite 2, 29 Newland St, Bondi Junction NSW 2

Discount

4 Day Programs

Book 3 Long Days Monday to Wednesday NOT Friday-don't select Friday by 4.30pm Friday December 5° & we'll give you the Friday for FREE. Your child will be added to the Friday list

Saving \$65 Limited spots available. Please try to book ASAP.

Lower North Shore
Monday 22nd December - Friday 26nd December
(Closed 25nd December) We are open on Boxing Day
2nd Willoughby (Antranig) Scott Hall
Corner Park Road & Station Streets, Naremburn

Eastern Suburbs Monday 29° December - Friday 2°d January, 2026 (Closed 1° January) Bondi Scout Hall 63a Wairoa Ave & Corner Hastings Parade, Bondi







MANAGING KIDS' SCREEN TIME WITHOUT THE STRUGGLE

Feeling overwhelmed by screens at home? You're not alone.

This practical session with parenting educator Genevieve Muir will help you:

- Understand why screens are so hard to manage for both kids and adults.
- Learn why some children struggle more with screens and how to support them. Set clear, age-appropriate screen-time boundaries that work.
- Reduce screen-related meltdowns and arguments.
- Make informed decisions about phones, YouTube, and social media.
- Feel more confident and in control of your family's screen use.

Perfect for parents of kids aged 2 - 15 years, it includes practical tools and time for real-life questions.

Please note: this program is funded for parents residing in these LGAs only - Hornsby, Ku-ring-gai, Willoughby, Lane Cove, Mosman, North Sydney and Northern Beaches.

CLICK HERE TO REGISTER OR

SCAN HERE

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(parking adjacent to St Pius X College)

\$50 per person Plus plenty of items to raffle and auction











CHURCH EVENTS OUR LOADY



25 OCTOBER

PARISH IN COUNCIL

HARRINGTON HALL 12-5PM

26 OCTOBER

COMMUNITY BBQ

CHURCH FORECOURT AFTER 10:30AM MASS

26 OCTOBER

BLESSING OF PETS

KIRK STREET SIDE OF CHURCH AFTER 10:30AM MASS

30 OCTOBER

CONFIRMATION WITH BISHOP ANTHONY

OUR LADY OF DOLOURS CHURCH 5:30PM & 7:30PM

NOVEMBER

HOLY WINS TRIVIA

NIGHT

HARRINGTON HALL 6:30-9:30PM

FOR MORE INFO: CHATSWOODOFFICE@BBCATHOLIC.ORG.AU OR 9410 9000