

OUR LADY OF DOLOURS NEWS

Ignite, Innovate & Include in the Spirit of Mercy



FROM THE PRINCIPAL

MARCO IANNI

James 1:18

He chose to give us birth through the word of truth, that we might be a kind of first fruits of all he created.

For those that were able to join us last Friday for our annual athletics carnival I'm sure you will agree it was a spectacular day. Excitement amongst the students was immeasurable with a fun day being had by all.

All the hard work put in by our sports coordinator Mr Ross Caltabiano was rewarded with many smiles and eagerness to participate by our students.

A special mention must also go to our parent helpers on the day and to all the OLD staff, these days would not be possible without your support and commitment to our students.

I would also like to thank all our teachers who met with parents for our parent teacher interviews. These meetings are invaluable as teachers and parents work together to help our students be the best they can be.

I wish all the members of our school community a safe and happy holiday break. Staff will be refreshed and ready to hit the ground running when students return for term 3 on Tuesday 22 July. It is going to be a busy term as we prepare to celebrate Kindergarten's 100 days at school, Grandparents' day, Fathers' day and our annual school musical.

Reminder Term 3 commences Tuesday 22 July.

Upcoming Events

Tuesday 1 July Year 6 Space Exhibition 2.40pm

> Thursday 3 July Term 2 concludes for students

> Friday 4 July Staff development day

Monday 21 July Staff Development Day

Tuesday 22 July Term 3 commences

Tuesday 29 July 100 days of Kindy







Enrolling now for 2026

Athletics Carnival

On Friday 20th June, our students participated in our school Athletics Sports Carnival for 2025 at Bannockburn Oval, Pymble. Although the weather was a bit chilly to start off with, nothing was going to deter these young upcoming athletes from competing in their events.

The students arrived eagerly and enthusiastically at the oval by 9:15am and sat down in their house colours. Once everyone arrived, formalities were held and then it was ready for the 800m students to compete in their races. The remaining students waited patiently and once the races were finished, it was time for the students to begin their track and field events and K-1 students to participate in their novelty events which they thoroughly enjoyed.

Students went into their age groups and participated in the events. The enthusiasm and sportsmanship shown by all students should be much-admired. All students excelled to do their best as well as having fun with their peers. With the support of teachers, parent helpers and students, all the events were successfully completed.

During the lunch break, students cheered on the K-1 students as they participated in their running races. It was wonderful to see these young students running eagerly to the finish line. Once they received their ribbon, the smile on their faces was contagious. After lunch, the students performed a health hustle to the song 'APT' by Rose and Bruno Mars, followed by House Colour Cheers. What great dance movements could be seen and great vocals could be heard across the grounds.

A carnival of this size cannot be organised and run on its own. Firstly, I must thank the teaching staff for doing a superb job in supervising and directing the students on the day. I thank Ms Bolger, Mrs Clouston and Mr. Gale for all their help in waking up early in setting up in the morning and packing up in the afternoon. I thank the help and support from the office staff for their tremendous assistance. There is so much work involved behind the scenes that I could not do on my own. These ladies are exceptional and I thank them very much for all that they do during these sporting events.

Thank you to all the parent helpers for your role on the day. Thank you for giving up your time to help in our school sports carnival. Without your help and commitment, events like these are difficult to run smoothly. A special thank you to those parents who helped pack up in the afternoon. There are so many people to thank that the list is endless. Without your help, I could not have done this on my own. It was greatly appreciated.

Thank you to all the students, for their great listening skills to instructions when given and great participation. Well done OLD students! Also thank you to the parents/carers who came to the event to support the students. It was good to see so many parents at the oval, supporting not only their child but the event as well. Bring on the Swimming Carnival in Term 4!

Finally, I would like to announce the 2025 House Colour Athletics Carnival results: House Colour Spirit Trophy 1st Bethlehem – 85 points

2nd Cana – 80 points

3rd Nazareth – 65 points

4th Galilee – 55 points

House Colour Championship Trophy 1st Bethlehem – 524 points 2nd Cana - 521 points 3rd Nazareth - 402 points

4th Galilee – 357 points









Athletics Carnival













first Holy Communion

On the 14th and 15th of June and on the 21st and 22nd of June our OLD students received the Sacrament of their First Holy Communion during the parish mass times. We would like to congratulate them and please keep them in your prayers as they receive Jesus into their hearts.

Jessica B
Logan C
Caitlin C
Christopher C
Lucas J
Chloe K
Logan L
Caezley L
Hannah L
Rhianne M
Lucas M
Lyanna M

Mary-Jane M
Jaxson M
Francesca M
Seraphina M
Hannah N
Olivia N
Alexis O
Daniel P
Sebastian R
Eva S
Isabelle S
Ana Marija S

Kathleen S Tegan V Tristan W Johnathan Y





JRS - Jesuit Refugee Service

The Jesuit Refugee Service (JRS) is a Catholic social justice outreach group that supports refugees, people seeking asylum, and migrants in vulnerable situations in Sydney.

We are immensely grateful for your generous donations. Your contributions make a significant difference in the lives of those we serve. We would also like to extend our heartfelt thanks to Malcom's mum Iliana for her dedication in driving these donations to the JRS in Parramatta. Her efforts have been invaluable in ensuring that the donated items reach those in need. On behalf of the JRS outreach community, and the refugees, people seeking asylum, and migrants in vulnerable situations, thank you for your kindness and support.



Year 4 Incursion -

Defy Design

Recently Yr 4 took part in the Defy Design Incursion in conjunction with Willoughby Council. We had been learning about The Waste Hierarchy and how plastic pollution negatively impacts the environment around us. Defy Design is a company that recycles plastic and transforms it into new products like combs, chopping boards, dog bowls and rulers. Earlier in the term we collected certain types of plastics (High Density Polyethylene) and sent them away to be recycled. Then Defy Design team came back to show us the process and deliver us with our very own rulers made from our recycled plastic. It was very interesting seeing the process through from start to finish.





DEFY RECYCLE - CAITLIN CHANG - 4B
YESTERDAY YEAR 4 HAD AN INCURSION ABOUT RECYCLING.
PEOPLE FROM DEFY RECYCLING CAME AND TAUGHT US ALL
ABOUT RECYCLING.

FIRST, THEY TOLD US THAT PLASTIC WAS MADE FROM AN OIL CALLED CRUDE OIL AND SHOWED US HOW TINY MICROPLASTICS COULD BE. THEY SHOWED US THE DEFY FACTORY AND TAUGHT US ABOUT THE WASTE HIERARCHY. THE BEST THING TO DO WITH WASTE IS TO REDUCE IT AND THE LEAST PREFERABLE WAS TO DISPOSE OF IT. THEY SHOWED US HOW A MACHINE BROKE PLASTIC INTO PIECES OF TINY SHREDDED PLASTIC. THEY TOLD US HOW THEY USE SPECIFIC PLASTIC TO MOULD INTO NEW RESOURCES.

MY FAVOURITE PART WAS WHEN WE GOT RULERS FROM THE
PLASTIC WE COLLECTED.



DEFY RECYCLE - JACQUELYN

ON TUESDAY, 24TH OF JUNE, WE WENT TO AN INCURSION ABOUT RECYCLING. WE SAW HOW THE PLASTIC IS PLASTIC WAS SHREDDED AND HOW THE PLASTIC IS MELTED AND MOULDED INTO NEW THINGS. THE PLASTIC THEY DEFY USES HAS TO HAVE THE RECYCLING SYMBOL WITH THE NUMBER 2 OR 5. THEY TAKE THE PLASTIC TO THE FACTORY AND COLOUR SORT IT. AFTER THEY HEAT AND MOULD THE PLASTIC THEY ARE TURNED INTO TOYS AND CUTLERY. AFTER THE CLASS EVERYONE GOT A RULER MADE FROM THE PLASTIC WE COLLECTED! HOW FUN!



WHO WOULD HAVE THOUGHT RECYCLING COULD BE SO INTERESTING AND SO MUCH FUN!!

Year 6 Space Exhibition





This week Year 6 put on a spectacular exhibition all about Space. Combining science, art and research skills the students created unbelievable displays, turning their classrooms into a full interactive gallery for other students and parents to enjoy. Our year 6 students were both engaging and knowledgeable with guests as they browsed their displays. Well done to our year 6 students and teachers - we can't wait to see what you do next!!















Year 5 Maritime Museum Excursion



Year 5 recently took a trip to the Maritime Museum for a day filled with learning at Australia's museum of the sea. A place to explore our relationship to the oceans, rivers and lakes around us and to dive deeper into the rich maritime heritage that binds us all.

Once we were put into our groups we all had an instructor that showed us around the Maritime Museum.

My favourite part was when they showed us a coin that a man engraved the ship he came on, it's called the Charlette. He had incredible skill but he was found guilty of stealing food from the barracks and was hung to death. We also were on a ship called the Vampire, it was really cool on it and I felt like a convict. The people who were guiding us showed us a Welcome Wall they put people's names on it that come here on a ship. The last thing they showed us was the ship Mr Lu and 44 other people came on to escape the Vietnam War.

How could I forget all the cool videos we watched that were from different years of Vivid.

Lillian 5B





The Maritime Museum was an indoor and outdoor experience. The place lets you have a closer look at all the history that was set in this place hundreds of years ago! My favourite part about the experience was going onto the HMAS Vampire. We got to get a closer look at the ship they lived in for years. If I was living on that ship, I'd be so bored! My second favourite part was looking at the Welcome Wall. I even saw a few names that I recognise. Overall, the museum was so fun.

Margaux 5B



Student Spotlight



NSWPSSA Girls Basketball Championships

Congratulations to Annabelle in year 5 who recently attended the NSWPSSA Girls Basketball Championships, in Sutherland, NSW. From all accounts, Annabelle played extremely well showcasing her fancy basketball skills and even getting a great report from her coach. Unfortunately, Annabelle did not get chosen for the NSW team, though she should be very proud of her efforts at the trial and how close she was in getting selected. To get this far into a NSWPSSA Basketball Trial is a fantastic achievement and the community of Our Lady of Dolours is very proud. Keep on practising Annabelle and I am sure we will see you in the WNBA in the future!





St Leo's 'Wonka' Colouring competition

St Leo's Catholic College recently ran a colouring in competition for it's priority feeder primary schools with students vying for a chance to win tickets to see their musical production of Charlie and the Chocolate Factory.

OLD were strongly represented with many students entering fabulous works. A very big congratulations to Laxina from Year 3 and Annamaree from Year 5 who won their categories and won tickets to see this great production. Congratulations also to Faith from Year 4 who came second and Amelia from Kindergarten and Hannah Year 4 whose work was highly commended.



"I was thrilled to win 1st place in the stage 3 St. Leo's colouring competition! As part of the prize, I won two tickets to their spectacular school musical based on Willy WOnka. It was a magical performance that was hilarious, heart warming

To top it off I was gifted a fun goodie bag filled with many treats, including a giant Wonka chocolate bar, a handball, ruler and other cool surprises. The whole experience was truly unforgettable!" Annamaree Yr 5

"Wow!, the St Leo's musical was great, it was amazing because everything seemed so real. As well as winning tickets for coming 1st in the stage 2 section of the colouring in competition I also got a great goodie bag with a Wonka bar and other tings inside." Laxina Yr 3





SCHOOL CITY2SURF FUNDRAISER







This year some of the staff at OLD have decided to do the City2Surf together – a 14km run from Sydney CBD to Bondi Beach. We have been practising and are looking forward to the run on the 10th August. Our team's name is O.L.D Super Stars.

The staff participating are: Ms Quirk, Ms Molinaro, Mrs Tjhia, Mr Swales, Ms Ferrero, Ms Fletcher, Miss Hull, Mr Caltabiano, Ms Bolger, Ms K.Gallagher, Ms S.Gallagher, Mrs Crino, Ms Flores, Mrs Zahra and Mrs Molinaro, .

We are fundraising for the event. The fundraiser we have chosen is Children's Cancer Institute. If you can please help by making a donation through our team's page that would be appreciated and will go a long way in supporting this cause. Link is below:

https://city2surf25.grassrootz.com/ccia/o-l-d-super-stars

Thanking you in advance for all your support and for cheering us on.

Kind Regards

OLD Staff









9:30am - 2:10pm

The Pilgrim's call to hopefulness human happiness holiness.

Refreshing our sense of Vatican II's teaching on God's Self-Revealing Word in human-beinghood.

May

21WED



9:30am - 2:10pm

Patient in suffering, persistent in belief, conviction and love. Reflecting on St Paul's letter to the Romans especially 8:15-30 and a glimpse into Vatican II's "Gaudium et Spes" [Joy and Hope].

July

30**WED**



9:30am - 2:10pm

World].

Recognising Signs of hope among us and being sources of **hope for others in need.** Recognising the "Universal Call to Holiness" in Vatican II's document "Lumen Gentium" [The Light of the

Sept

17WED



9:30am - 2:10pm Anchored in hope of being the Body of Jesus Christ, opening doors of healing, forgiveness, support and encouragement for others.

Glimpsing Vatican II's document on the Christian community's participation in the Sacred Liturgy.

Nov

19WED





JUBILEE YEAR OF HOPE REFLECTION DAYS WITH THE SISTERS OF SAINT JOSEPH

All are welcome to join us for a series of Wednesdays dedicated to prayer, reflection, and faith enrichment, inspired by the 2025 Year of Hope, accompanied by Sr Virginia Bourke rsj, held at Mary MacKillop Place.

Please RSVP by emailing Olivia.Lee@mmp.org.au

For more info or questions:



ministries@mmp.org.au



02 8912 4800

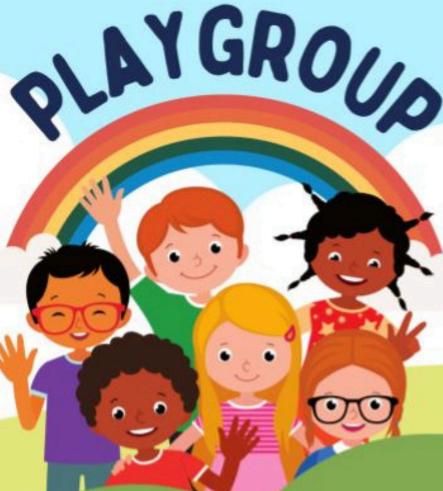


Mary MacKillop Place Joachim Forbes Room 11 Mount St, North Sydney Entry in the museum building.



Chatswood Catholic Parish 94 Archer St Chatswood 2067





An opportunity for the children to socialise and play, while the parents can come together in fellowship. To register, please email mona.saouma@bbcatholic.org.au or call Mona on 9410 9000

PARENT & INFANT MASS

Child friendly weekday Mass every Thursday 12:30pm

Attending Mass can often be stressful for a parent, particularly while juggling the needs of your child. This Mass is an opportunity to gather with other parents, without judgement, with the support of the Priest and parishioners.





...supports parents in helping their child nurture their relationship with God and with their Catholic friends.

We need parents to support this important ministry by becoming a parent volunteer.

Please consider joining our team of parents who support each other in this role and grow your own faith friendships at the same time.

Volunteers are rostered on once per month during the school terms.

If you can help or would like to know more about what's involved, please contact Angela at the parish office on 9410 9033 or angela.hague@bbcatholic.org.au

CODING FOR KIDS





Term 3, 2025 • Y2 - Y6 Students

Year 2 to Year 6 students are welcome to join. STEM focused programs - students develop critical thinking and problem solving skills by learning to code.

Our Lady of Dolours

In-person coding classes

Every Thursday

31July - 25Sept | 9 weeks

\$252per student perterm **Laptops are provided**

New students welcome

CREATIVE CODING

Thursday | 7:45 - 8:45am Y2 - Y4 students

INTRO TO PYTHON

Thursday | 7:45 - 8:45am Y5 - Y6 students

ENROL NOW code4fun.com.au/old

If you have any questionsemailusat info@code4fun.com.au or call0452525 453 Learn more at www.code4fun.com.au





VACATION CARE JULY 2025

Our Lady Of Dolours Catholic School OSHC

7.30am - 6.00pm

P: 0421 869 943 E: oshc.chatswood@catholiccaredbb.org.au







WELCOME TO THE HOLIDAYS!





LEGO MASTERS

A range of lego kits will engage children's building skills while helping them dovelop fine motor skills. timus, and patience at they assemble the tiny pieces. Best of all, children get to take their creations home. It's a rewarding activity that fosters a sense of pride in their hard-



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MONDAY 7 JULY

TOM FOOLERY AND HIS SILLY SUITCASE!

form Ecolery is a funny magican who delights the children with a special blend of magic and circus skills in this leugh-e-minute show. It is: fast paced action a plenty with loads of audience participation for children and staff aliket

Please bring recess, lunch. water bottle and hat



TUESDAY

GARDENING CLUB

Some pots, seeds, and soil are all we need for an amazing day at OSHCI Today, the children will roll up their sleeves and dive into a bands-on gardening activity - planting their very own plants. It's a fun and meaningful way to learn about nature, responsibility. and the importance of caring for our environment. A simple activity with a big impact on environmental awareness!



WILD SPORTS

Our qualified coaches are dedicated to making the day. exciting and enjoyable, helping the children build confidence in their sporting abilities. This multi-sport program offers a wide range of games tailored to out the needs of every group. With a focus on fun, skill development, and teamwork every child is sure to leave with a sense of achievement and a smile on their face.



10 JULY

Hev up for a thrilling day of wheels and fun at OSHC! Grab your bile or scooter, strap on your helmet, and let's hit the pavement for the ultimate ride fest with your friends! It's going to be authorite transcript or the second.



FRIDAY

MINI CHEFS

Children will put their cooking skills to the test by preparing a delicious three course meal from scratch. Each child will make their own salad, main dish, and dessert, choosing from two options available for each course. This international puisine experience not stily expands their culinary horizons but also builds confidence and equips them with essential life skills.











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MONDAY 14 JULY

OBSTACLE COURSE CHALLENGE

Put your speed, agility, and focus to the test in a thrilling, timed nings obstacle counsel Race through balance beams, jumps, climbs, and more as you show off your coordination and physical skills. Who will dominate the course and be crowned the fastest nings of them all?



TUESDAY 15 JULY

BIG CHEMISTRY SHOW

In this show you'll see metals burn, gases explode and colours of liquids instantly change. Through a series of experiments, water changes to wine, nitrogen liquelies air and even elephant's toothpaste shoots to the ceiling all in the name of chemistry.



WEDNESDAY 16 JULY

BALLOON PARTY

Gat ready to experience one of the most enchanting and traditional elements of childhood like never before - balloonal Join us for a day filled with ribrant balloon games, the chance to create your own treated balloon matterpieces, lively musts, delicious food, and endless fun for Fun is guaranteed!



THURSDAY 17 JULY

RAPTOR REPTILES NAIDOC

A few scaly friends will thrill you with Stories of Dreamtime about our native wildlife and the land we live on. An engaging, meaningful, and interactive day of learning and fun.



TALENT SHOW

Everyone has a talent to be shown, and this is the perfect opportunity to do so. Are you good at juggling? Do you love danding? Show use with trakes you shine! We see available to watch your show.



INCENTRE \$85.00



INCURSION \$98.00



INCENTRE \$85.00



INCURSION \$98.00



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CatholicCare

MONDAY 21 JULY

LILO & STITCH!

Join us to watch this amazing story about a little character created by generic experimentation and bound to prison with his creater. Stoch eccapes and heads for Earth where he tries to impersonate a dog and gets adopted by little Life, whom he plans to use as a human shield to protect him from the aliens sent to recapture him.





KU-RING-GAI LITTLE ATHLETICS





Designed to build speed, strength, and stamina, Little Athletics is a fun, inclusive program where kids of all abilities can enjoy running, jumping, and throwing. It's the perfect way to stay active, make new friends, and grow in confidence.

Little Athletics brings together families from across Ku-ring-gai in a supportive, community-driven environment.

Ages 5 to 19 years / Bannockburn Oval, Pymble
Web: klac.org.au / Phone: 0414 541 867
Season Starts September./ Registration opens August.
Winter Cross Country from April to end July 2025

FAMILY

FRIENDSHIP

FITNESS







Friday 4th July

Saturday 5th July

Sunday 6th July

Wednesday 9th July

Friday IIth July

Saturday 12th July

7:30pm

2pm

IIam & 4pm

7:30pm

7:30pm

2pm & 7:30pm

PRICES

ault



SPECIAL OFFERS

SCOUTS & GUIDES (groups of 7+) and EARLY BIRD (ends 11th May 2025) Adults: \$30 Concession/child: \$25

Charles and the Control of the Contr

Produced by Lauren Webb



Abbotsleigh 1666 Pacific Hwy, Wahroonga

