

OUR LADY OF DOLOURS NEWS

Ignite, Innovate & Include in the Spirit of Mercy



FROM THE PRINCIPAL

MARCO IANNI PRINCIPAL

It was great to see so many of our students and their families participating in National Walk to School Day today. This great initiative encourages not only exercise but education for our children on road safety. If you enjoyed walking to school today why not make it a regular activity for your family.

Thank you to all our families and friends who joined us for our Mother's Day Breakfast and Mass last week. It is wonderful to be able to come together as a community for these special celebrations. A special thank you to Fr David for leading our Mass, Miss Brown and Mr Martin for leading the music and our Year 2 & Year 4 students for leading us in prayer. A special thank you must also go to the amazing volunteers in our community for running our Mothers' Day Stall and the Mothers' Day Breakfast.

There were smiles all around in Year 6 as they were presented with their special 'last year at OLD' shirts this week. I think you will agree they look fabulous, thank you to Mr Rowland for organising these.

A reminder next Monday, 22 May, is school photo day. All students are to be in full winter uniform.

UPCOMING EVENTS

Sun 21 May - Year 1 Mass

Mon 22 May - School Photos

Mon 29 May - Athletics
Carnival

Fri 23 June - Save the Date -
School Disco

Mon 26 & Wed 28 June -
Parent teacher Interviews

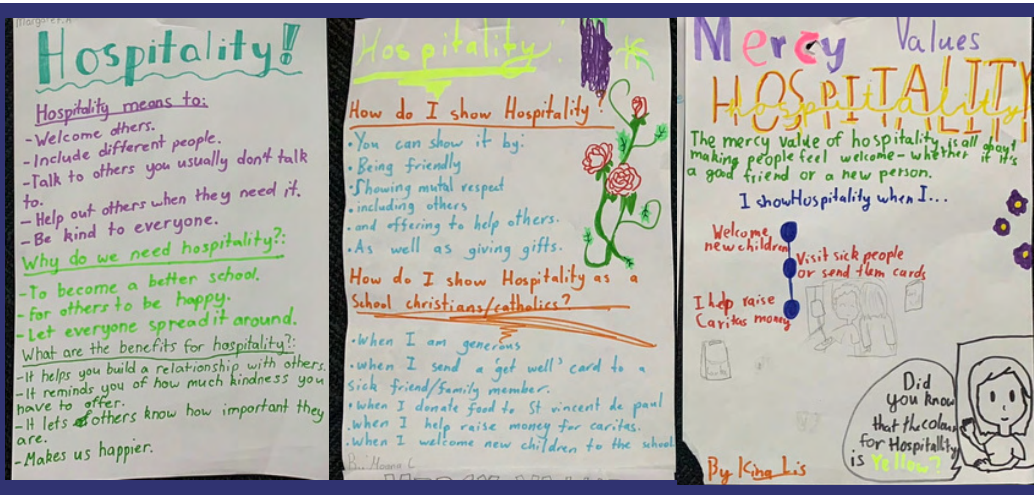
Fri 30 June - Staff
Development Day

Enrolling now for
2024



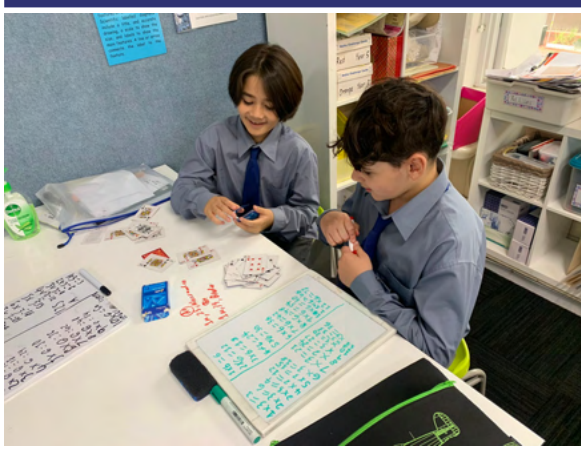
Whats been happening in Stage 3?

Year 5 have been reflecting on their Stage 3 Mercy Value - Hospitality



Hospitality means being friendly, welcoming, and kind to guests. It's making someone feel at home even if they're far away from their own home. When we show hospitality, we make people feel comfortable and happy. This can be as simple as offering a smile or saying hello, or as big as sharing our toys or inviting someone over for a meal. Being hospitable is a wonderful way to make new friends and spread kindness to others. -Rachel

Year 5's mercy value is HOSPITALITY which involves extending an open door to visitors or providing a place to call home outside of home. Being hospitable at school requires welcoming and being kind to students. It can look like smiling at someone who hasn't been around recently or asking how they are going. Being hospitable is a great way to make new friends and spread kindness to others. - Bella



And in Maths learning about multiplication & division



How was Camp???? - Fabulous!!!

Milson Island Camp Recount – Iris S3W

On the first day of camp, we had to get to school by 7am which made me exhausted. We got on the bus for our 1-hour trip to Kangaroo Point where we waited for the ferry. The ferry then took us to Milson Island where my energy shot up to the sky. We all had a delectable lunch that led to doing our first activity which was archery. Our class did surprisingly well especially when a lot of us got a bullseye including myself. Following this, we did raft building and my group did exceptionally well considering our skills of doing multiple things to complete the task. After rafting we had some time to relax and walk around the island. My friends and I played tennis and that was extremely fun. Once we had dinner, we went to the activity hall where we did night time games to release all our energy before bed. Finally, we were able to go to sleep at 9:30pm.

On the second day, the teachers woke us up at 7am to get ready for breakfast at 7:45am. After that we went BMX bike riding where we went on an off-path trail which was undoubtedly rocky making it hard for some of us to get a smooth bike ride. The trail that we took led us to our next activity which was damper making. My group was by far the best at making an amazing fire to cook our delicious, delectable damper. After that we went back to the dining hall to eat lunch. Then, we went down to the river with our class to do canoeing which made my arms so sore that they could've fallen off. Once again, we had more free time than had another tasty dinner. When going back to the activity hall, we did mini-Olympics with a mix of stage 3 classes turned into groups. We then headed back to our cabins and had a good sleep to rest for the last day.

Finally, on our very last day we had the most exciting activity which was The Amazing Race. Stage 3 was split into 9 groups to compete in multiple tasks that we had learnt about over the days we had been at Milson Island. Some of the activities were archery, rafting, BMX bike riding, basketball and many more. Although my team didn't win, we were still proud that we persisted and participated in it. Most of the tasks were quite difficult but all of us pushed through to do the best we could. After that we had lunch outside in the smiling sun before getting back onto the ferry to Kangaroo Point then on the bus back to school at 2:30pm. I was glad to be back home to see my family and they were ecstatic to see me after the 3 days spent at Milson Island.

Overall, the camp was most memorable and exciting just like everyone else felt in Stage 3. The camp made me feel uplifted and refreshed knowing that I had improved in parts of myself after having the knowledge given by classmates, teachers and instructors who came with the rest of us. I realised that it is important to branch out socially with different people as well as that I'm very prepared and organised when it comes to packing. I very much appreciated the work and effort the teachers put into the most enjoyable camp experience. Being with my friends for the whole thing was the cherry on top of it all. I hope to go back to Milson Island because of the archery, rafting, BMX bike riding, damper making, canoeing and everything in between these major events there.



Milson Island Camp Recount – Olivia S3W

It was supreme. It all started on Monday at 7am, when my dad dropped me off at school. I was exuberant, my first camp. My bag was heavy, my arms almost fell off. I sat on the bus next to Maddie, time flew by quickly. Finally, we reached Kangaroo Point. I could not wait. We got onto the ferry and my friends, and I got a seat on the top of the ferry, it was freezing. We reached Milson Island at last, I felt like I was going to burst with excitement. We went to our cabins, and I had fun with my friends. We went to have lunch; the burgers were exceptional. Next, we had archery, I felt like Robin Hood every time I shot an arrow. The next activity was raft building, we won the race. We were so fortunate that our ropes did not come undone. After that we had free time and hit the tennis courts. Then we had dinner and night games. Finally, we had 9pm bedtime.

The morning started with a 7am teacher alarm. Breakfast was toast and quiche, it was delightful. Next, we started bike riding, I tried to overtake Mr Rowland but he won. Then we rode our bikes down to the damper cookout, where we learnt to make a fire and cook damper. For lunch we had burgers again but with chicken. It wasn't the best meal. Next, we had canoeing. The instructor tied 2 canoes together and we went for a ride. The paddling was tough work, but I was still persistent. We had a race and my team won. We zoomed through that race. Then it was free time, Miss Clouston was really good at tennis like Mr Rowland. Then it was dinner time and we had mashed potatoes with meatloaf and gravy. Then we had mini Olympics in the hall. Finally, it was bedtime at 9pm.

The morning started with a 7am teacher alarm. Breakfast was the same as usual. Today was The Amazing Race, I wanted to start badly. We did all sorts of challenges like archery, bike riding, rubix cube solving and more. We had to keep our water balloon safe so it does not pop, to earn points. The amazing race was such a fun activity to bond with friends, and to learn new things. After the amazing race we had burgers for lunch. It was extraordinary. Then we went onto the ferry a bit disappointed that we had to go so soon. We went onto the bus, and I sat next to Anastasia. We had a good chat till we were back at school. Everyone in the library were lining up against the window to see us. It felt like we were celebrities. Finally, we went home taking lots of memories with us.

Milson Island school camp, a memory I will treasure forever. The laughs we had, the activities, everything shaped this memory to be one of the best. I learnt not only how to build a raft or shoot an arrow, but I also learnt that I am persistent and don't give up. I learnt that from not giving up when I would fall, I kept trying, and my friends were so encouraging. The camp went way too quick for me, but it was enough to make the memory last a lifetime. The camp overall made me feel grateful for everyone that made this happen.

[See more from camp here](#)

MAY FOR *Mary*

”

After the love which we owe Jesus Christ, we must give the chief place in our heart to the love of His Mother Mary.

St. Alphonsus Maria de Liguori

Every day of the year presents a special opportunity to help our students develop a personal relationship with God and share this love and joy with others. Throughout the month of May we invite you to join in May devotions to our Blessed Virgin Mary. As an Our Lady School, we are particularly devoted to Mother Mary. Mary was a woman, a mother, a disciple and most importantly, the woman who gave life to Jesus. Mary taught us all how to say 'yes!' to Jesus. Throughout the month of May our students will be supported to pray the Hail Mary and the Rosary. We encourage you to accompany us in May devotions and pray the rosary at home with your family too.

Tips for praying the rosary:

- Pray the 'Hail Mary' often - Integrate the Hail Mary into your everyday life e.g. say it together in the car on the way to school, while you wait for the train, before you eat dinner etc.
- Create a sense of reverence and mystery when you pray as a family, by lighting candles or dimming the lights.
- Let your child make their own beads using the keychain plan or even a full Rosary set.
- Have some members of the family lead the prayers, saying only the first half of each of the prayers, with the other members saying the second part.
- When your child feels frustrated or sad, encourage your child to pray the Hail Mary for guidance and support



THANK YOU FOR CELEBRATING MOTHERS' DAY WITH US



God could not be everywhere and therefore he made Mothers!



PBL (POSITIVE BEHAVIOUR AND LEARNING) AT OLD



The graphic features three crayons at the top: a red one labeled 'SAFE', a blue one labeled 'LEARNERS', and a green one labeled 'RESPECTFUL'. Below them is a yellow crayon labeled 'RESPONSIBLE'. In the center is the school crest. The main text reads: 'At Our Lady of Dolours, we strive To Be Our Best, by being a:'. Below this are three columns of expectations, each with a colored header: 'Safe Learner' (red), 'Respectful Learner' (green), and 'Responsible Learner' (yellow).

Safe Learner

- We have safe and caring hands.
- We are in the right place at the right time.
- We make good choices.
- We wear a hat outside.

Respectful Learner

- We speak and act with kindness.
- We share and take turns.
- We include others and follow the rules.
- We care for our appearance.
- We care for belongings and the environment.

Responsible Learner

- We are active listeners.
- We are prepared to learn.
- We learn and let others learn.
- We do our best and persist.

WE HAVE SAFE AND CARING HANDS

MRS CLOUSTON, MISS BAYNIE & THE PBL TEAM

PBL (Positive Behaviours for Learning) is an evidence-based framework that brings together the whole-school community to contribute to developing a positive, safe and supportive learning culture.

Respectful Learner



We care for our appearance.



The framework assists schools to improve social, emotional, behavioural and academic outcomes for children and young people (NSW Government: Education).

At OLD, we have a PBL Matrix where we learn about what makes us Safe, Respectful and Responsible Learners. You might have seen these words on the crayons at the front of our school. Each fortnight, we focus on one expectation for these rules.

Our PBL focus this week is, 'We care for our appearance'. This means that at OLD, we take pride in our school uniform! Our school uniform helps us to represent the school, so we make sure we do our best by tucking in our shirts, tying up our hair and making sure we have the correct uniform on at all times. We are transitioning to our winter uniform now, so we always make sure our jumpers are labelled with our names so we don't lose them!



Awards

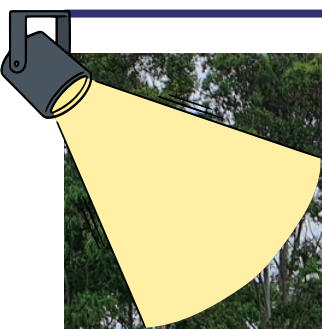


Awards



Student Spotlight

Well done to a group of our Stage 3 OLD girls in an amazing start to their netball season. Their parents were super proud of each and everyone of the girls and the way they all played in their first game of the season showing not only great team work and sportmanship but finishing with a 23-0 win!! We can't wait to hear how the season progresses.



Congratulations to Annabelle in year 3 on her basketball achievements. Annabelle finished off her last season with numerous medallions and trophies and now has her eye set on seizing a gold medal against the 5/6 boys in the upcoming season. Good luck Annabelle.



THE CATHOLIC COMMUNITY OF
CHATSWOOD INVITES YEAR 1 CHILDREN
AND THEIR FAMILIES TO THE

YEAR 1 CLASS MASS

9:00AM FAMILY MASS
SUNDAY 21 MAY 2023

94 ARCHER ST, CHATSWOOD

AFTER MASS PLEASE JOIN US IN
OUR LADY OF DOLOURS PRIMARY SCHOOL
PLAYGROUND FOR MORNING TEA

PLEASE BRING A PLATE TO SHARE

ALL ARE WELCOME!

CREATIVE STARZ

SING DANCE ACT

creativestarz.com.au

Performing Arts School

SATURDAYS MORNING
AGE 7-14 STARTING JUL 22
AGE 4-6 STARTING APR 29
WILLOUGHBY PARK CENTRE

MINI WORLD CUP
LIVE NPL GAMES
COACH WORKSHOPS
COME N TRYS
SKILLS CLINICS

FEMALE FOOTBALL WEEK

19-28 MAY 2023

ONE HUGE WEEK

VARIOUS LOCATIONS

TAKE A LOOK
WHAT'S BEST FOR HER

SAVE THE DATE

DISCO

Friday 23 June
Details to come

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