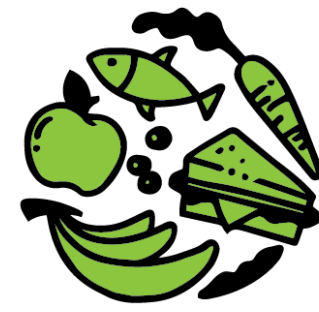




YummyBearsKiosk
EXPERTS IN SCHOOL CANTEENS & HEALTHY EATING



Our lady Of Dolours Catholic Primary School canteen menu T1/2023

Drinks



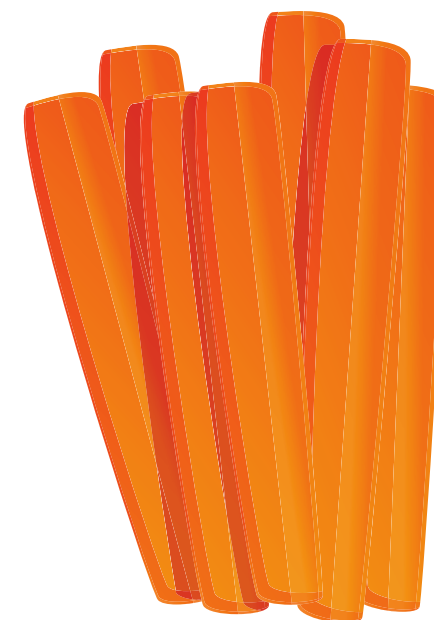
- Water \$ 2.50
- Glee \$ 3.00
- OAK Flavoured milk 300ml \$ 3.50
- Juice poppers 99% fruit juice 250ml \$ 3.00



YBK Snacks

Everyday

- Carrot Stick (4x) \$ 0.50
- Pauls Vanilla Custard \$ 1.50
- Vegie chips (Gluten free) \$ 2.50
- Popcorn Plain \$ 2.00
- Banana bread 80g \$ 3.50



Special Diets

GLUTEN FREE

- Banana bread \$ 5.00 **GF and Dairy Free**
- Pasta Bolognese \$ 6.50
- Homemade fried rice with gluten free soy sauce \$ 5.00 (250g)
- Gluten free burgers \$ 7.50
- Gluten free pie \$ 6.00
- Gluten free sausage roll \$ 5.00
- Veggie Chips \$ 2.50



Order on line via Flexischools by 9.00am

Cold Food

SANDWICHES

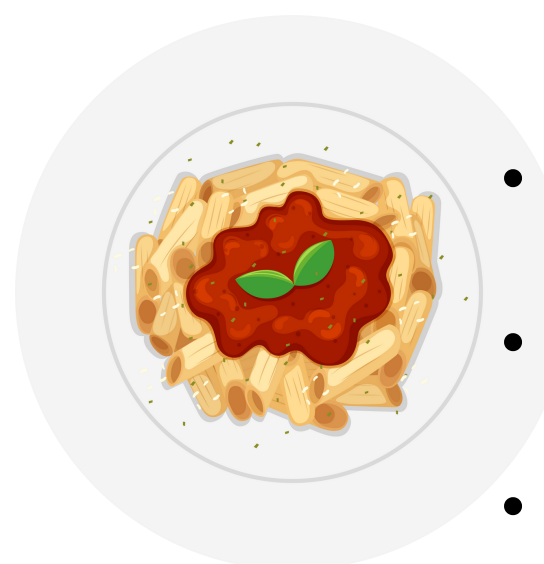
white, wholemeal, multigrain, Helgas low carb and gluten free bread available

- Vegemite or honey \$ 2.50
- Vegemite and light tasty cheese \$ 4.50
- Light Tasty Cheese \$ 4.00
- Chicken, lettuce and mayo \$ 5.50
- Chicken and salad \$ 6.00
- Salad \$ 4.50
- Tuna and mayo \$ 5.50
- Light Tasty Cheese and tomato \$ 4.50
- Ham \$ 4.50
- Ham and tasty cheese \$ 5.50
- Ham, tasty Cheese and Tomato \$ 6.00

(extra fillings \$ 0.50, toasted \$ 1.00, roll \$ 1.00 Turkish bread \$1.00, GF \$1.00)

WRAPS / ROLLS

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 7.00
- Ham, cheese and Pineapple \$ 6.50
- Falafel with mixed salad, carrots, cucumbers, hummus and Tzatziki \$ 7.00
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 7.50



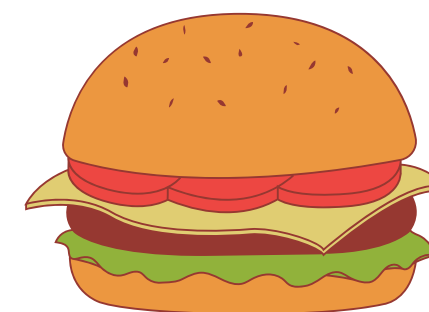
Hot Food

- Homemade Pasta Bolognese \$ 5.60 (250g)
- Homemade Pasta with napoletano sauce \$ 5.00 (250g)
- Chicken kebab stick \$ 3.50
- Chicken Kebab in a wrap \$ 5.00
- Chicken Kebab on wrap with lettuce and mayo \$ 6.00
- Ricotta and Spinach Rolls \$ 4.50
- Timbertown Junior pies \$ 3.50

Fresh Salads

- Garden Salad and dressing \$ 6.00
- Grilled chicken and salad \$ 7.00
- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 7.00 (chicken \$1.00 extra)

all small salads \$ 5.00



YBK Weekly Meals

MONDAY -

- Homemade Cheese Lasagna with Napoletano sauce \$ 6.00

TUESDAY Burgicalicious \$ 7.00

- Chicken Burger with chargrilled chicken breast, lettuce, mayo
- Beef burger with beef patty, lettuce, tomato and sauce
- Vegetarian Burger - potato patty, lettuce, tomato and mayo

YUMMY

WEDNESDAY

- Fried Rice with Vegetables **GF VEG** \$ 5.00.

THURSDAY

- TIMBERTOWN Beef Pie \$ 5.00
- TIMBERTOWN sausage roll \$ 4.50
- TIMBERTOWN Beef potato pie \$ 5.50

FRIDAY

- Homemade Butter chicken with rice \$ 6.50

**Daily specials may change according to season, weather/school events.*



**HELP THE ENVIRONMENT BYO FORK
or purchase for 20cents**