

# OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

**NEWSLETTER** Term 3 Week 6 – 24 August 2020

## ACTING PRINCIPAL – Miss Kirsty Thorpe

**Message about Phil:** As you all would have read in the Compass letter on Wednesday, we have received the sad news that Phil has decided to relinquish his role as Principal at Our Lady of Dolours at the end of 2020. Please rest assured he is physically doing really well, he is fit and strong after his valve replacement last October. However, after a very difficult year with his physical, emotional and mental recovery, COVID and other personal and family situations, he has decided the best thing for him and his family is to take a year off from all work. After this year Phil may decide to return to teach in the Diocese, but will not return as Principal, at OLD. The recruitment and HR team at the Catholic Schools Office will now proceed through the process of short listing and interviewing suitable applicants for the position.

As a school we will make sure we have an opportunity to farewell and thank Phil. In the three years Phil was Principal at OLD he made such a lasting impact on the spirit of the school community, the extremely high level of academic rigour in the classrooms and mentored students, parents and teachers to be the best people they can be. He will be greatly missed by all.

I have attached the letter from our Director of Schools, Danny Casey, to the end of this newsletter for your reference.

## SEL-TEMBER 2020

Next week something special is going to be happening at Our Lady of Dolours....we are no longer having September, instead we are having SEL-TEMBER!

During the month of September the whole school is going to focus on developing and enhancing our Social and Emotional Learning Skills. Below are images of the key SEL competencies that we are striving to develop in all our community members next month.

Pastoral Care and a child's social and emotional wellbeing is the foundation to success at school. If a child does not feel happy, safe, confident or comfortable at school, they will not be able to focus and learn to their true potential. In addition to this, during the COVID pandemic, children are more isolated, involved in less activities and in fact, calls to Australian help-lines (such as beyond Blue and Life Line) have increased 30% (which also includes calls to kid's helplines). We need to take these statistics seriously and help equip our children with the life skills they need to not only survive but thrive. Throughout the month of SEL-TEMBER, there will be activities and lessons for the students; opportunities for parents to be educated in SEL and the teachers are being led by Ms Jenny Tygh (our Pastoral Care/Wellbeing coordinator) in our own education. Our Year 6 leaders will also have the auspicious job of looking out for students showing their developing SEL skills and rewarding students with special SEL merit awards.

Throughout the month of SEL-TEMBER we are aiming to heighten our student's ability to live by the school rules at all times; Safety, Respect, Responsibility, To Be Our Best; as well as our Mercy Values. We also want our students to develop essential SEL skills which will set them up for success both now and later in life.

To start your own education about what SEL skills are and how we can develop them in students, you can check out the 'Be You' website here: <https://beyou.edu.au/>  
Be You is a Government initiative led by Beyond Blue.

Watch out for more information delivered via Compass, the school newsletter, the school Facebook page and during our Wednesday morning assemblies.

## COMING EVENTS

### SEPTEMBER

**Tuesday 1 Towards 2025**  
**zoom Meeting 6-7pm**

**Friday 25 Last day for term 3**

### OCTOBER

**Monday 12 Students return**  
**for term 4**

**Monday 12 School photos**  
**(Summer Uniform)**

*Keep checking the school website under 'calendar' for possible changes to dates*

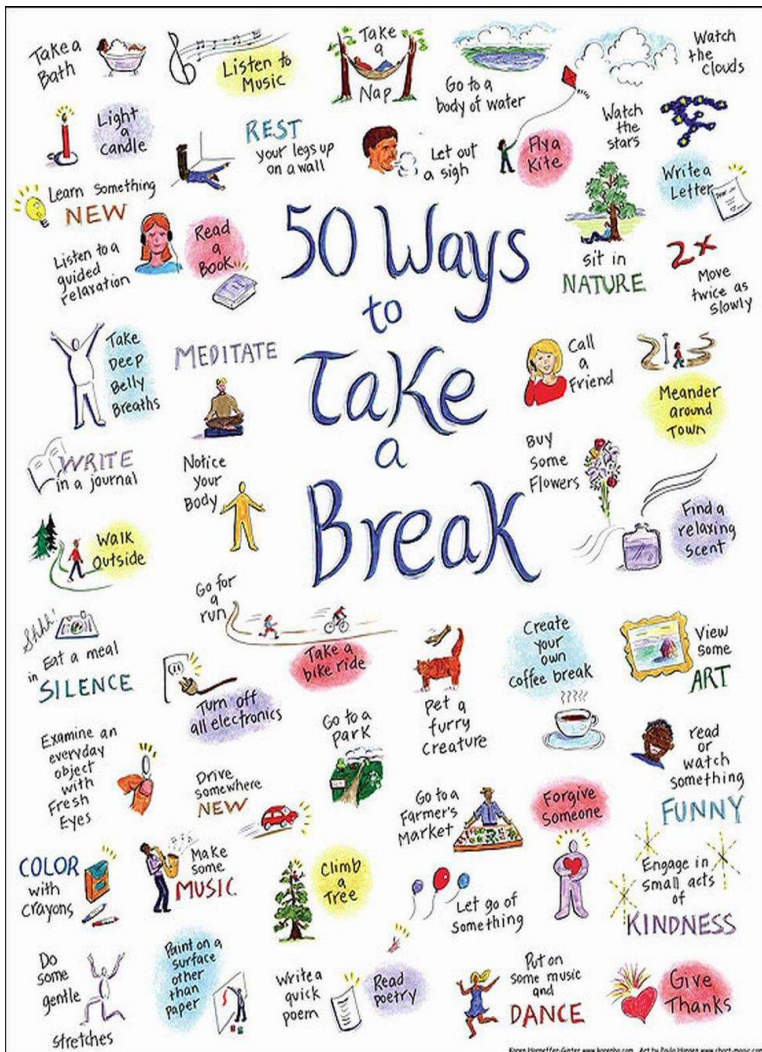
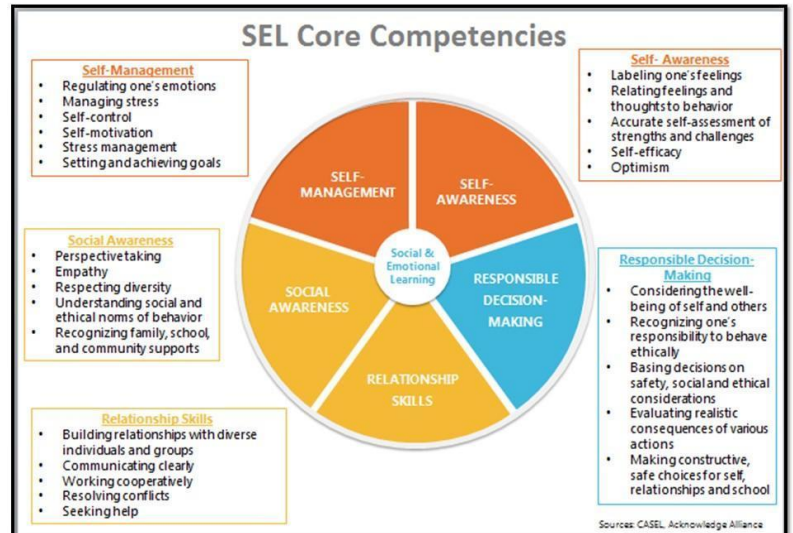
[old@dbb.catholic.edu.au](mailto:old@dbb.catholic.edu.au)

*Keep checking the school website under 'calendar' for possible changes to dates*

[old@dbb.catholic.edu.au](mailto:old@dbb.catholic.edu.au)



**ACTING PRINCIPAL – Miss Kirsty Thorpe**



**Wellbeing Week:**

Next week we will kick off SEL-TEMBER with Wellbeing Week. This is such an important week every term. It is statistically the week where there are the most absences (students and teachers) across all schools because we are feeling run-down (physically, mentally and emotionally). So, we need to remind ourselves to look after our social, emotional, mental and physical wellbeing.

A very special event next week will be our *Father's Day Liturgy 9-10am on Friday 4th September*. Everyone is welcome to join our zoom, so please share the link with your family and friends. Please refer to the information about this liturgy from Miss Brown later in the newsletter.

Another special event will be a ***Virtual school disco, 3:30-4:40pm on Friday 4th September***. Everyone is welcome to log on and dance the afternoon away with their friends from all grades. Siblings and parents are also welcome to join us! Get your disco outfit ready, glow sticks and put your dancing shoes on!  
<https://dbbcatholic.zoom.us/j/95045244244>

**OLD Parent meeting:** Everyone is warmly invited to attend a special zoom meeting next ***Tuesday 1st September 6-7pm*** via this zoom link: <https://dbbcatholic.zoom.us/j/93945966237> to hear about the new Diocesan strategic plan 'Towards 2025' and how this impacts Our Lady of Dolours.



## ACTING PRINCIPAL – Miss Kirsty Thorpe

**School assemblies:** Don't forget to log on to our weekly Zoom assemblies every Wednesday morning at 8.50am. You will be able to watch the children receive their merit awards and hear any school messages. Unfortunately we can't sing our school song or National anthem anymore but we love to celebrate our student's achievements during this assembly.

<https://dbbcatholic.zoom.us/j/97935728434>

**Enrichment programs at OLD:** This week Miss Ashleigh Ferrero (4G teacher) launched another enrichment program for our Year 4 Mathematicians. This Maths Investigation Club will be run at lunch time for selected students to explore the Maths around us. The children were so excited this week when they had their first challenge: Four 4's....can you solve this one?

***Make all the numbers 1-20 only using four 4s and any operation.***

***You must use four 4s in every number (eg  $4+4+4+4=16$ )***



**Stage 3 Reconciliations:** This Term our senior students have been studying the Sacraments of Catholicism and how they represent important aspects of our Faith. This week, the students have participated in their reconciliation with our Parish priests.



**Premier's Reading Challenge:** Congratulations to the following students who have completed the Premier's Reading Challenge for 2020. The Challenge concludes today, so make sure you submit all the wonderful books you have read before it closes today!

Ethaniel

Liam

Michael

Brigitta

**COVID Fee relief:** for those families still requiring fee relief please refer to the website

(<https://www.csodbb.catholic.edu.au/parenthub/Fee-Relief-during-Covid-19>) for information about fee relief for the remainder of 2020 and into 2021 - we want all our school community to be as strong as ever, and would never want to lose one of our precious families due to financial difficulties.

### **Recruitment process for new school principal**

Dear parents and staff

Recruitment processes for the new school principal at Our Lady of Dolours Catholic School are in progress. An important part of the selection process is to consult with members of the school community. This consultation and the feedback received is taken very seriously in the selection of a new Principal. To ensure all members of the community have the opportunity to be involved we have prepared a simple form for feedback to be collected. All comments are completely confidential.

Please could you complete [this form](#) by close of business on Monday 7 September so we can ensure your feedback is available for the shortlisting panel.

We look forward to hearing from you and will be in touch again as the selection process progresses.

Kind regards

**Jill Stone CPHR** | Team Leader – Recruitment and Selection, Human Resource Services

**Catholic Schools Office – Diocese of Broken Bay**

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T: (02) 9847 0596 M: 0427 948 430



## ACTING REC – Miss Camilla Brown

### Fathers Day Liturgy:

Next week we will be celebrating our Fathers' Day Liturgy on Friday the 4th via Zoom at 8:50am. Here is the Zoom link: <https://dbbcatholic.zoom.us/j/99762674662>

- SEND IN YOUR FATHERS DAY PICTURES! As part of our OLD school tradition, We invite our families to send a photo of their child with their father or father figure. If you would like to include your photo in this presentation, please upload a photo onto this Google Slide - [Fathers Day Photo Presentation 2020](#). Please choose a blank slide and click 'insert' - 'image' - 'upload from computer' and choose your photo. We kindly ask you to only upload one photo. If you have any issues uploading, please email the office [old@dbb.catholic.edu.au](mailto:old@dbb.catholic.edu.au) and Miss Brown will upload it for you.

*Privacy Disclaimer: This Google Slide link will be shared with the parents & carers of OLD. We kindly ask you to NOT forward this link to anyone outside our school community. You are only permitted to edit your own slide. The slide will be deleted on 7.9.20.*

- TIES: Father's are invited to 'zoom in' wearing their father's day tie that the children will make for you.

We look forward to celebrating our wonderful fathers with you and our school community!

### Vinnies Winter Appeal

Thank you for your generous support with the **Vinnies Winter Appeal**. If you are in the position to donate, please send in the item allocated to your child's class by **Thursday 3rd of September**. Please note, these donations are always optional.

**Kindy** - Cup of Noodles

**Year 1** - Le Snak

**Year 2** - Muesli Bars

**Year 3** - Canned tuna/salmon/chicken

**Year 4** - Up & Go

**Stage 3** - Poppers & Fruits Cups

### Zoom Liturgy of the Word (LOW)

A warm welcome to join the parish 'ZOOM Liturgy of the Word (LOW)'. This group began during lockdown as a way for families to listen to and reflect on God's Word together when we couldn't go to Mass.

The LOW sessions start off with a welcome and catch-up before moving into the liturgy itself. The scripture readings are read out by the families. Fr Jim offers a short homily followed by a short individual family reflection time. We finish off in a 'breakout room' where we get a chance to socialise in smaller groups. The gatherings are relaxed, welcoming and inspiring and we would love more families to join! **We gather together on the first Sunday of every month.** Zoom can be found [here](#)

**Parish Bulletin:** Click [here](#) for the Our Lady of Dolours Parish Bulletin.



Book your school tour & enrolment interview today!



CONTACT OUR SCHOOL OFFICE  
SCHOOL TOURS DAILY @ 3.30PM  
ENROLMENT INTERVIEWS: ONLINE DAILY

# AWARD WINNERS

## Week 4



### COMMUNITY NEWS

#### 2<sup>nd</sup> Hand Uniforms

*Emergency orders available for 2<sup>nd</sup> hand uniforms.*

*As you would be aware parents and carers are currently unable to come onto the school grounds and as such our 2<sup>nd</sup> hand uniform stall is unable to operate as normal. In light of this if you have an emergency situation and are in need of a 2<sup>nd</sup> hand uniform (especially summer uniforms as we will be transitioned to these for day 1 term 4) if you could please email Michelle Stanley on [2michellestanley@gmail.com](mailto:2michellestanley@gmail.com) or Reena Ma on [reenaleema@yahoo.com.au](mailto:reenaleema@yahoo.com.au) by 3pm Friday 4 September with items you are in need of. If these items are available the office will then contact you the week of Monday 7 September advising of amount owing for items, you will then pay via Qkr! and then once payment is received items will be sent home with your child.*

*Please only order if it is an emergency and understand we will be unable to accept refunds or exchanges. Any request made outside of the above dates will unfortunately be unable to be met.*





### Get creative in the kitchen with a recipe straight out of the Camp Australia OSHC cookbook!

At Camp Australia's Outside School Hours Care (OSHC), our programs are all tailored to the children in our service and one of the activities that children love is cooking.

At Camp Australia, we make sure that the children who attend our programs eat healthy and delicious snacks that are in line with the Australian Dietary Guidelines. We've developed our own recipe book filled with fun and healthy recipes that children can make in OSHC.

We are happy to share that At Our Lady of Dolours OSHC, we do cooking activities every week. Children love participating in those as they get to learn what goes into each recipe and the process of making delicious and healthy food.

Continue the love of cooking and healthy eating at home by making one of our delicious recipes:

#### **Singapore Style Noodles:** *Quick and easy!*

##### Ingredients:

- 6x cakes of rice vermicelli noodles
- 2x cups diced vegetables
- 1x tin of corn
- 1x tin of beans (kidney beans or chickpeas)
- 75g honey
- $\frac{1}{2}$  teaspoon ground coriander
- $\frac{1}{2}$  teaspoon ground cumin
- $\frac{1}{2}$  teaspoon ground cinnamon
- 1 tin of tomatoes (optional)

##### Method:

1. Cook vermicelli noodles following the directions on the packet.
2. Cook diced vegetables, beans and corn in a small amount of vegetable oil until soft.
3. Drain water from noodles and add to the vegetables.
4. Add spices and honey, mix it up and eat! Yum!



It's **FREE to Register.** (and if you want to use OSHC, you first need to register).

Register at [pp.campaustalia.com.au/account/login](https://pp.campaustalia.com.au/account/login). Once registered, it's easy to make and manage your bookings online via our Parent Portal.

**Visit our blog for helpful information and fun activities.**

New articles are added each week for parents and cover various topics to help families.

Visit the blog here: <https://campaustalia.com.au/blog>



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Diocese of Broken Bay**

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26 August 2020

**Letter to School Community  
Our Lady of Dolours Catholic School, Chatswood**

Dear members of staff, parents and parishioners

I would like to inform you that Mr Phil Ledlin will be concluding his role as principal at Our Lady of Dolours Catholic Primary School, Chatswood at the end of the 2020 school year.

Phil Ledlin has served for three years as primary principal at Our Lady of Dolours, Chatswood. Phil's care and outreach, his religious and educational leadership have enriched the school community. The school is highly regarded locally and the enrolment interest remains strong.

As an experienced school leader and teacher Phil Ledlin continues to make a valuable contribution to the Diocesan mission through Catholic Education. His previous leadership roles are testament to Phil's commitment to this mission: principal roles at St Bernard's Catholic School, Berowra (2003-2009); Prouille Catholic School, Wahroonga (2009-2014) where he presided over a substantial building program; and as REC at our Lady of the Rosary Catholic School, Waitara (2015-2016).

Please join me in acknowledging Phil's contribution to Our Lady of Dolours, Chatswood and thanking him for his ministry and leadership within Catholic Education in the Diocese of Broken Bay. I am confident that at a later date there will be a time to celebrate his leadership in an appropriate way.



Can I use this opportunity to express my appreciation to Kirsty Thorpe for her generosity, commitment and professionalism in stepping into the Acting Principal role at Our Lady of Dolours, Chatswood this year.

Yours sincerely

A handwritten signature in dark ink, appearing to read 'Danny Casey'. The signature is fluid and cursive, with a long horizontal stroke at the end.

Danny Casey  
Interim Director of Schools

## COMMUNITY NEWS

 <b>Our Lady of Dolours Primary School</b> <b>SY 2020, Term 3 Canteen Roster</b> 					
	Mon	Tues	Wed	Thurs	Fri
20 July 2020		Ann Perez	Melissa Cheung	Janelle Johnson	Cris Barancik
27 July 2020	Kate Stipo	Yoyo Yau	Debbie Lui	Rosalie Keledjian	Alison Henderson
3 August 2020	Sonya Purches	Ann Perez	Amy Chan		Yoyo Yau
10 August 2020	Ann Bacs	Seda Gulesserian		Nicole Woods	Ani Wibisono
17 August 2020	Nerinda Welch	Sonya Purches	Amy Chan	Sheryl Maynard	Alison Henderson
24 August 2020	Nancy Lo	Yoyo Yau	Portia Yu	Nicole Woods	Ani Wibisono
31 August 2020	Nerinda Welch	Ann Perez	Amy Chan	Rosalie Keledjian	Kate Stipo
7 September 2020	Noelle Wilkin-Smith	Yoyo Yau	Nerida Welch	Carlyn Linders	Katie Zhang
14 September 2020	Nancy Lo	Ann Perez	Amy Chan	Kate Stipo	Alison Henderson
21 September 2020	Debby Lui	Yoyo Yau	Nerida Welch	Carlyn Linders	Selvia Wijaya
28 September 2020	Holidays	Holidays	Holidays	Holidays	Holidays

Above is the the canteen roster. **Until further notice, it's one person per shift. Please wear a mask when entering school premises (bring your own).**

**Please let us know if you can fill in for the empty slots.**

**If you are listed on, please let us know if you are unavailable ASAP.**

The canteen is open Mon-Fri from 12.40pm till 1.40pm, so just an hour of your time is all that's needed.

**Please unpack boxes of stock (if any) and refill fridge/freezer, etc. .**

**The kids thank you for your assistance !**