OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

NEWSLETTER Term 1 Week 8 - 16 March 2020

ACTING PRINCIPAL—Miss Kirsty Thorpe

Moving forward with COVID-19

As we go forward into unknown territory, this unprecedented climate implores us to stay well-informed and prepared, yet calm and responsible. We need to look after those in the community that may not be coping so well or that are at a higher risk of becoming unwell. We need to look after our students who may be feeling anxious or disappointed that things in their lives are changing. Please rest assured children are happy and learning in every classroom at the school.

I saw the images below on Facebook over the weekend and I thought they would be valuable to share with the community - the sentiment of the image on the right is very powerful.

HOW TO TALK TO KIDS ABOUT COVID-19 @



Viruses are contagious.

So is panic.
Fear.
Hysteria.
Calm.
Love.
Enthusiam.
Kindness.
Joy.
Choose wisely.

All updates for parents will be distributed through <u>Compass</u>, so please ensure you have your notification settings updated and you are logging in regularly. As soon as I receive changes to guidelines or any updates, parents will be informed via Compass.

The main thing we can do as a community is follow the advice from our medical experts. If you have concerns please consult your GP, visit the NSW Health website: https://www.health.nsw.gov.au/Pages/default.aspx or ring the hotline 1800 022 222 if you suspect you have symptoms.

Over the past week, I have created a Business Continuity Plan for the staff in case of school closures. This has been created based on all updated information I am regularly receiving from Catholic Schools NSW and NSW Health.

COMING EVENTS

MARCH

Tues 16 6.30-7.30pm CANCELLED

Wed 18 & 25 9-11am CANCELLED

APRIL

Thurs 9 Last day of Term 1

Mon 27 Staff Development Day

Tues 28 Students return for Term2

MAY

Fri 8 Mothers Day Breakfast 7.30-8.30am

Mothers Day Mass 9-10am

Mon 11 School Photos

WEEP CHECKING THE SCHOOL'S WEBSITE

UNDER 'CALENDAR - FOR POSSIBLE

CHANGES TO DATES

www.olddbb.catholic.edu.au

Our Lady of Dolours

ACTING PRINCIPAL—Miss Kirsty Thorpe

The most important aspects of the OLD Business Continuity Plan for parents includes:

- The school is prepared to move to online learning if schools are instructed to close in a long term capacity.
- Teachers are preparing lessons that students will be able to access via their Google Classroom.
- If anyone in your immediate family (or people living in your house) is tested for COVID-19, please inform the school and keep all students home until test results are returned please inform the school of test results.
- If parents choose to keep their children at home (without being instructed by a doctor to self-isolate) the school is not obliged to provide work for these students.
- If students must stay home due to self-isolation, the school will provide work for these students.
- If students must self-isolate or if the school is closed for a short or long term period, their absent days are not 'counted' in total days the child has been away from school (as other illnesses and holidays are).

The latest advice that I have received (Monday 16th March) from Catholic Schools NSW and NSW Health includes the updated information and advice:

Earlier today the Department of Education released updated guidelines for NSW schools. In summary, the previously issued advice has been maintained:

- There is no Government-mandated closure of schools (including boarding schools).
- The dates of the upcoming school holidays remain unchanged.
- The advice from the Commonwealth and NSW Governments to keep schools open and operational will be revisited on Friday, March 20.

Firstly, the three most important things each and every one of us can do to help manage the spread of the virus are:

- Wash your hands regularly and thoroughly.
- Sneeze into your elbow or a tissue, disposing of the tissue straight away and then washing your hands.
- Stay home if you are unwell and in schools, send home staff or students who show signs of being unwell through the day.

Masks are not an effective measure in protecting staff or the community from the virus.

A few important procedures implemented at OLD to ensure the safety and health of our students and staff (refer to Compass notifications for more details):

- All gatherings of more than one grade have been cancelled or rescheduled (including assemblies, liturgies, buddy programs, lunch and recess times)
- We will reschedule recess and lunch times, so we minimise the grades mixing.
- Large gatherings eg Parent meetings, Parent education sessions will be rescheduled for later in the year.
- All excursions (including camps) have been cancelled or rescheduled
- 1:1 teacher/parent meetings can continue if a safe distance is maintained you can choose to schedule a phone call instead of a face to face meeting.
- New dismissal areas have been designated (refer to Compass message)
- All students are to arrive at school as close to the 8.45am bell and after 8.15am and proceed to their classrooms.

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Aside from COVID-19 school life continues!

2021 Enrolments: We are currently taking enrolments for 2021. If you have a child starting next year, or know someone who does, please make sure enrolment forms are submitted and interviews are booked. I will also be doing school tours for families who were unable to make our Open Day.

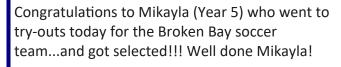


<u>Harmony Day</u> - Our Harmony Day liturgy will be cancelled but students are still invited to wear traditional clothes or orange clothes. The students will celebrate the Harmony Day liturgy in their classrooms.

<u>NAPLAN Practise Test</u> - Next week the students in Year 3 and 5 will be sitting a practise test for NAPLAN. This test is a combination of all the different NAPALN tests (except writing) - Grammar and Punctuation, Reading, Numeracy. The practise test helps us prepare our devices and to show the children all the different questions formats - the practise tests are not marked and we do not get any feedback on student achievement from this practise test. The overall NAPLAN system will be tested as all schools are asked to conduct the practise test at the same time to ensure the website doesn't crash...fingers crossed it all goes well!

Sport news: Congratulations to Euna who came 3rd in her 50m freestyle race and JunSoo who came 3rd in his 50m butterfly race at the Broken Bay swimming carnival last week.









ACTING PRINCIPAL—Miss Kirsty Thorpe

Updates on school groups / clubs:

- Before and After School Care (Camp Australia): **Continuing** as per usual with added precautions of separating students into classes
- Wednesday morning School Band (Teaching services): Cancelled for the rest of this term
- Wednesday instrumental lesson (Teaching services): Cancelled this week but starting again next week with a new timetable
- Keyboard and Guitar lessons (VIP music): Continuing with new timetable to separate children in classes
- Mandarin after school lessons (Mandarin for Kids): Cancelled for this term
- Morning soccer and basketball training (Organised by school parents): Cancelled for this term
- Lunchtime Chess lessons (Sydney Academy of Chess): Cancelled this term
- Friday Little Athletics (in-school lessons run by Little Athletics NSW): Cancelled for this term
- OLD and Mercy Canteen: Continuing as usual (heightened hygiene practises)
- Friday morning Pius Maths club: Cancelled for this term
- Tuesday morning chapel with Mercy and Pius: Cancelled for this term
- Tuesday banking: Continuing as usual
- Pius lunchtime buddy program: Cancelled for this term
- Inter-school sporting events and representative sporting events with CSNSW and NSWPSSA: **Cancelled** for term 1 (will be rescheduled)

Please contact any of these companies directly if you have any questions about these co-curricular lessons





ACTING ASSISTANT PRINCIPAL —Miss Camilla Brown

PROJECT COMPASSION

Students are welcome to bring in their project compassion money over the next two weeks. We will be collecting the money on Friday week 8, Friday week 9 and Friday week 10 at the latest.

SCHOOL DEPARTURE SAFETY

A friendly reminder to all our parents, friends and family of OLD. Between 3pm and 3:15pm it can be very busy outside the Archer street gates. Many of our families have a pram or young children when picking their child up from school. We kindly ask when leaving by the Archer Street gates that you are holding your child's hand when crossing the road and standing in close proximity when lining up to cross over to Chatswood Chase. Parents are encouraged to stand a metre away from the edge of the road when waiting to cross the road. If you find it is too busy on the footpath, you can wait back into the teacher car park to wait for other families to pass. We appreciate your cooperation to ensure we look out for the safety of our students.



Enrolling your child in a Catholic School this year?

Throughout the year people contact the parish seeking a parish priest's reference for enrolment into a Catholic school. In 2020, Fr Jim invites parents seeking a reference to attend a parent Connect Gathering which will develop the partnership of parish, family and school in the project of teaching Catholic faith to both primary school and high school. We host several gatherings throughout the year in the Magnificat Room (cnr Kirk and Archer streets).

If you know you will need to obtain a priest's reference sometime this year, we highly recommend booking in early to attend a gathering (even if you don't already have the forms from the school). So long as you have attended a gathering this year, Fr Jim will be happy to complete the reference form you supply later in the year.

To RSVP, please book online through the parish website www.bbcatholic/chatswood under the school's tab. For more information, email Bernadette.ho@bbcatholic.org.au

2020 PARENT CONNECT GATHERING DATES

Saturday 4th April
Saturday 16th May
Saturday 13th June
Saturday 8th August
Saturday 12th September
Time: 10 am - 11 am

BookClub

Dear Parents,

Scholastic Book Club **Issue 2** is available now. If you have missed the catalogue, please go to the Scholastic Bookclub website to view.

Closing date for orders is this <u>Friday 20th March COB</u>. After this date you can order to have the books home delivered.

To keep book club running, I am currently looking for parents to help distribute books 3 times this year. Issue 2 (term 1), Issue 3 (term 2) and Issue 7 (term 4).

Please contact me at oldscholastisbookclub@gmail.com.

Sincerely, Julie Roman





Handwashing and Hand Sanitizer Use at Home, at Play, and Out and About

Germs are everywhere! They can get onto hands and items we touch during daily activities and make you sick. Cleaning hands at key times with soap and water or hand sanitizer is one of the most important steps you can take to avoid getting sick and spreading germs to those around you.

There are important differences between washing hands with soap and water and cleaning them with hand sanitizer. For example, alcohol-based hand sanitizers don't kill ALL types of germs, such as a stomach bug called norovirus, some parasites, and Clostridium difficile, which causes severe diarrhea. Hand sanitizers also may not remove harmful chemicals, such as pesticides and heavy metals like lead. Handwashing reduces the amounts of all types of germs, pesticides, and metals on hands. Knowing when to clean your hands and which method to use will give you the best chance of preventing sickness.

When should I use?

Soap and Water

- Before, during, and after preparing food
- Before eating food
- Before and after caring for someone who is sick
- Before and after treating a cut or wound
- After using the bathroom, changing diapers, or cleaning up a child who has used the bathroom
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal food or treats, animal cages, or animal waste
- After touching garbage
- · If your hands are visibly dirty or greasy

Alcohol-Based Hand Sanitizer

- Before and after visiting a friend or a loved one in a hospital or nursing home, unless the person is sick with Clostridium difficile (if so, use soap and water to wash hands).
- If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol, and wash with soap and water as soon as you can.
- * Do NOT use hand sanitizer if your hands are visibly dirty or greasy: for example, after gardening, playing outdoors, or after fishing or camping (unless a handwashing station is not available). Wash your hands with soap and water instead.









How should I use?

Soap and Water

- Wet your hands with clean running water (warm or cold) and apply soap.
- Lather your hands by rubbing them together with the soap.
- Scrub all surfaces of your hands, including the palms, backs, fingers, between your fingers, and under your nails. Keep scrubbing for 20 seconds. Need a timer? Hum the "Happy Birthday" song twice.
- Rinse your hands under clean, running water.
- Dry your hands using a clean towel or air dry them.

Alcohol-Based Hand Sanitizer

Use an alcohol-based hand sanitizer that contains at least 60% alcohol. Supervise young children when they use hand sanitizer to prevent swallowing alcohol, especially in schools and childcare facilities.

- Apply. Put enough product on hands to cover all surfaces.
- Rub hands together, until hands feel dry.
 This should take around 20 seconds.

Note: Do not rinse or wipe off the hand sanitizer before it's dry; it may not work as well against germs.





For more information, visit the CDC handwashing website, www.cdc.gov/handwashing.

COMMUNITY NEWS



Calling for Canteen Volunteers!

The Canteen is open 12:40pm – 1:40pm Monday to Friday. Just an hour of your time is all that's needed.

Please email us your availability to olodcanteen@yahoo.com.au or cgb0912@gmail.com.

Send the following information:

Full name:

Mobile number:

Email address:

Grade (which grades are your children in):

Requested days:

Frequency (eg. Once a week, once a fortnight, once a month, once a term)

Please feel free to email us for any questions or clarifications.

The kids thank you!

Rosalie Keledjian & Cris Barancik

Q	Our Lady of Dolours Primary School SY 2020, Term 1 Canteen Roster				Q
	Mon	Tues	Wed	Thurs	FrI
27 January 2020	Holdays	Holidays	Holidaya	Rosalie Keledjian	Oria Barancik
3 February 2020	Sonya Purches Amy Chan	Selvia Wjaya	Melissa Chung	Allson Henderson Janeile Johnson	Ani Wilbisono
10 February 2020	Sonya Purches Arny Chan	XIYu	Portis Yu	Sia Macree	Cris Barancik Ani Wibisono
17 February 2020	Arry Chan Ann Bacel	Branks Poss Seds Gulesserlan	Portla Yu Shenyi Maynard	Nicole Woods Othis Ma	Ani Wilbisono
24 February 2020	Trisha Seeto Cluff Marilyn King	Olivia Ma Anna Karolina Mata	Porta Yu Nerida Welch	Sheryl Maynard	Cris Barancik Ani Wilbisono
2 March 2020	Amy Ohen Nency Lo	Brania Posa Nosile Wikin-Smith	Portla Yu Yoyo Yau	Sonya Purches	Sally Park Christine Lee
9 March 2020	Amy Oten Nemoy Lo	Debby Llu	Ports Yu Nosile Wikin-Smith	Rosalie Keledjian	Cris Barancik
16 March 2020	Trisha Seeto Cluff Marilyn King	Yini Peng Li Wei	Portis Yu Nerida Welch	Cartyn Linders	Katie-Zhang
23 March 2020	Arry Chen Negro Lo	Anna Karolina Mata	Portis Yu	Kate Stipo	Cris Barancik
30 March 2020	Amy Ohan Nanov Lo	Jurgme Hyun Jurg	Portis Yu Nerlds Weich	Cartyn Linders	Sehia Wijaya
6 April 2020	Amy Oten Nanov Lo	Branka Posa Anna Karolina Mata	Portia Yu Olivia Ma	Rosaile Keledjan Oliva Ma	Cris Barancik

Above is the the canteen roster & we have a few spots to fill this term.

The canteen is open Mon-Fri from 12.40pm till 1.40pm, so just an hour of your time is all thats needed. If you are available to fill any of the orange highlighted spots, please write your name in on that day.

Please unpack boxes of stock (if any) and refill fridge/freezer, etc. .

The kids thank you for your assistance!



The 2020 NRL Footy season gets underway on Thursday 12th March and you're invited to join the official O.L.D. Footy Tipping Competition.

We'd love you to join in the fun.

Entry is \$10 and the competition is run online by iTipFooty.com.au, where you can see all the stats and monitor where you are sitting on the ladder.

If you'd like to join, please follow the instructions below and get your \$10 to

Mrs. Greenwood (2B) as soon as possible.

To join the O.L.D. Footy Tip Competition:

- 1) Go to https://www.iTipFooty.com.au
- Click the 'REGISTER' button if you don't already have an account with iTipFooty.com.au
- 3) Once you have successfully registered login and, click the JOIN COMP button.
- Enter Comp # 100872 and Comp Password thunderbird.
- 5) Click join comp.....DONE!

If you have any questions, please email Mrs. Greenwood: jill.greenwood@dbb.catholic.edu.au