

# OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

**NEWSLETTER** Term 1 Week 3 - 10 February 2020

## ACTING PRINCIPAL—Miss Kirsty Thorpe

**Meet the teacher meetings:** I wish to thank the teachers for providing such a valuable opportunity for parents to meet with them this week. It is so important that we build a positive relationship between school and home and by hearing about your hopes and dreams for 2020 this is a great start. I hope you all enjoy/ed spending some time meeting your 2020 class teachers and sharing insights into your child with them.

If you wish to discuss your child's academic progress, please make an alternate meeting with your teacher, as the 'Meet the teacher' meetings will not be able to accommodate these discussions.

### **Bushfire fundraising event at OLD (Tuesday 18th February)**

To assist with the continued devastation and heartbreaking recovery for many families across Australia from the bushfires we will be holding a fundraising event, organised by the Year 6 leaders.

On Tuesday 18th February everyone can wear their **best farmer or fire fighter outfits**

and donate a gold coin. We will also be holding a **second hand book sale** every lunch time next week (starting Tuesday). Every book is 50c! We have been renovating our library and instead of simply throwing the books away, children can buy them for 50c each. All money raised will be donated to Vinnies Bushfire appeal: <https://donate.vinnies.org.au/appeals-nsw/vinnies-nsw-bushfire-appeal-nsw>



### **Safer Internet Day (Tuesday 11th Feb)**

On Safer Internet Day, millions of people around the world unite to raise awareness about online safety issues and inspire positive change. The theme this year is 'Together for a better internet'. Our Stage 2 and 3 students will be participating in a virtual classroom event but we also encourage families to continue the conversation at home. Below are some helpful links:

- [eSafety education – What's new in 2020](#)
- [Newsletter – Start the Chat](#)
- [eSafety parents – Helping kids thrive online](#) (Information about valuable parent webinars – that parents can sign up for)

### **Welcome Kindergarten 2020**

Last week our new Kindy students had their first week at school and they had such a wonderful time! I know there were many tired people on Friday afternoon (including the teachers!) but their enthusiasm for school and excitement in making new friends was amazing. I wish to thank the Kindy teachers and Learning Support team who have made the start of Kindy such a huge success for the students and parents. Please check out our school Facebook page for more photos of the great learning happening in Kindy.



## COMING EVENTS

### FEBRUARY

**Mon 10 - Fri 14 Meet the Teacher**

**Tues 18 Bushfire fundraising day**

**Tues 18—Fri 21 2nd hand book sale fundraiser**

**Thurs 20 9am Beginning school Mass**

**Tues 25 6pm Whole school info evening (school library)**

**Tues 25 6.30pm Town Hall Meeting (school library)**

### MARCH

**Mon 2 9-10.15am Open Classrooms**

**Tues 3, 10 & 16 6.30-7.30pm Parent Education Mathematics (school library)**

**Wed 4 9-10.30am and 6.30-7.30pm OPEN DAY**

**Wed 18 & 25 9-11am 1,2,3 Magic Parenting Workshop (school library)**

**KEEP CHECKING THE SCHOOL'S WEBSITE UNDER 'CALENDAR - FOR POSSIBLE CHANGES TO DATES**  
[www.olddb.catholic.edu.au](http://www.olddb.catholic.edu.au)

**[Our Lady of Dolours](#)**

## ACTING PRINCIPAL—Miss Kirsty Thorpe

**Parent Education – Mathematics:** A reminder to please email the school if you are interested in attending the Parent Education sessions coming up about Mathematics. In the past few years we have had up to 30-40 parents attending and they always love the games, ideas and knowledge they walk away with.

*The session dates are: Tuesday 3rd March, Monday 10th March, Monday 16th March 6.30-7.30pm (held in the school library) If you would like to attend please email the school office before Friday 28th February.*

**“123 Magic” is back again for 2020** ... Attention everyone, particularly all Kindergarten families: Over the past 2 years, OLD hosted the wonderful parenting programme, “123 Magic”, and it’s coming back again for 2020. This year, we are particularly targeting all our new Kindergarten families, but anyone and everyone is most warmly welcome. Please contact/email the school office to register ... And yes, it’s free ... And yes, it’s at OLD School!

Session 1 of 2 (9-11am): Wednesday 18th March

Session 2 of 2 (9-11am): Wednesday 25th March



**Town Hall Meeting 25<sup>th</sup> February:** The Town Hall meeting is a time for the parents and friends of OLD to gather and discuss school events. We will have members of our Event Committee members telling us about the upcoming school events and how you can assist. There may also be some messages from the school, for example this upcoming meeting we will be discussing the Parent Levy and ideas for the 2020 expenditure of this. If you would like to add an agenda item please email the school – Remembering that this meeting is for whole school agenda items. Items specific for a grade or student will not be discussed at Town Hall meetings.

## ACTING ASSISTANT PRINCIPAL —Miss Camilla Brown

### Events committee update

Last week our new ‘2020 Events Committee’ came together with Kirsty & I to start planning for the year ahead! In the spirit of our school vision to ‘Ignite, Innovate, Include, in Mercy’, this committee aims to promote fun and build a sense of togetherness in our school community. The Events Committee is made up of parent volunteers who are offering their valuable time to plan, and run events throughout the year. While these members will lead the events, we strongly encourage our wider parent community to offer a helping hand throughout the year to assist our Events Committee. Looking ahead, our Events Committee are currently planning Shrove Tuesday, Parents Night Out, Easter Hunt & Mothers Day Breakfast & Stall. We will share information on these events closer to the date. Thank you Events Committee!

### Class Parents

Looking to help out at OLD? Become a class parent! We are still looking to allocate class parents for different grades in the school, particularly Year 3, Year 5 & Year 6. The role of the class parent to help the teacher on an ‘as required’ basis such as preparing farewell cards/gifts for departing students, reminding parents about a class picnic, collecting photos for the Mothers/Fathers day Powerpoint and so on. If you are interested in becoming a class parent, please email the school office.

### Little Athletics - HELPERS NEEDED!

We are excited to announce Little Athletics is returning to OLD! Little Athletics is a 10 week program run by professional coaches from ‘Little Athletics NSW’. The program prepares our students for the athletics carnival and provides students opportunities to practise track and field skills such as running, jumping, throwing and relays.

We are looking for parent volunteers to spend the day walking classes **Year 3-6** up and down to Beauchamp Park, **K-Yr 2** will run their program at school, we do not require helpers for K-2 classes. This is a full day commitment that requires lots of walking and supervision. Your help would be greatly appreciated!

### Masses & Liturgies

#### **Tuesday morning Chapel**

We welcome ALL parents, students and teachers to join us at Tuesday morning Chapel shared between Pius, Mercy and OLD. Chapel alternates between Mercy (odd weeks) and Pius (even weeks) and commences at 8am. Please join us in the foyer at 7:50 to walk over together.

#### **Beginning School Mass**

We warmly welcome all our parents, students & community to our Beginning School Mass at 9am on Thursday the 20th of February at 9am. This is a wonderful opportunity to begin the year together with worship and praise! We will be presenting our Year 6 leaders with their leadership badges. We will also celebrate our first Mass with Kindergarten 2020!



# Parent Education Program

Catholic Schools Office Diocese of Broken Bay – Parent Education Team

## 1-2-3 Magic Workshop, 2020

Building Emotional Intelligence & managing behaviour

*Program consists of 2, 2 hour sessions, working through a parent resource booklet*

The program supports parents and caregivers with effective strategies to help their children self-regulate and manage their emotions and behaviour. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about the world around them.



**Date: 18<sup>th</sup> and 25<sup>th</sup> March, 2020**

**Time: 9-11am**

**Venue: Our Lady of Dolours**

Parent workbooks are available for purchase on the day for \$10

**RSVP:** Please return the slip to the office or email by **February 21<sup>st</sup> 2020**  
**[old@dbb.catholic.edu.au](mailto:old@dbb.catholic.edu.au)**

**YES** I will be attending the 1-2-3 Magic Workshop 18<sup>th</sup> and 25<sup>th</sup> March 2020

\_\_\_\_\_  
Name(s)

\_\_\_\_\_  
Child's Class



**ACTING ASSISTANT PRINCIPAL —Miss Camilla Brown**

# **AWARD WINNERS**

## **Week 2**



## **COMMUNITY NEWS**



**SYDNEY  
ACADEMY OF CHESS**

**Level 1 30A George St, Burwood 2134**  
Office: (02) 9745 1170

## **CHESS!!**

Learn to be a chess champion! Coaching for students at Our Lady of Dolours Primary School (Chatswood) is held on Thursdays from 12:40pm to 1:40pm, starting on 13 February 2020.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email [enrol@sydneyacademyofchess.com.au](mailto:enrol@sydneyacademyofchess.com.au) for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.

## COMMUNITY NEWS



### Calling for Canteen Volunteers!

The Canteen is open 12:40pm – 1:40pm Monday to Friday. Just an hour of your time is all that's needed.

Please email us your availability to [olodcanteen@yahoo.com.au](mailto:olodcanteen@yahoo.com.au) or [cqb0912@gmail.com](mailto:cqb0912@gmail.com).

Send the following information:

**Full name:**

**Mobile number:**

**Email address:**

**Grade (which grades are your children in):**

**Requested days:**

**Frequency ( eg. Once a week, once a fortnight, once a month, once a term)**

Please feel free to email us for any questions or clarifications.

The kids thank you!

Rosalie Keledjian & Cris Barancik

Our Lady of Dolours Primary School SY 2020, Term 1 Canteen Roster					
	Mon	Tues	Wed	Thurs	Fri
27 January 2020	Holidays	Holidays	Holidays	Rosalie Keledjian	Cris Barancik
3 February 2020	Sonye Purches Amy Chan	Selvia Wijaya	Melissa Chung Portia Yu	Alison Henderson	Ani Vbbleono
10 February 2020	Sonye Purches Amy Chan	JO Yu	Portia Yu	Sia Macrae	Cris Barancik Ani Vbbleono
17 February 2020	Amy Chan	Blanka Posa Seda Guleserlian	Portia Yu	Sonye Purches	Sheryl Maynard Ani Vbbleono
24 February 2020	Amy Chan	Sonye Purches	Portia Yu	Sheryl Maynard	Cris Barancik Ani Vbbleono
2 March 2020	Amy Chan	Blanka Posa	Portia Yu	Sonye Purches	
8 March 2020	Amy Chan	Sonye Purches	Portia Yu	Rosalie Keledjian	Cris Barancik
18 March 2020	Amy Chan	Sonye Purches	Portia Yu	Carlyn Linders	
23 March 2020	Amy Chan	Sonye Purches	Portia Yu	Kate Stipo	Cris Barancik
30 March 2020	Amy Chan	Sonye Purches	Portia Yu	Carlyn Linders	Selvia Wijaya
6 April 2020	Sonye Purches Amy Chan	Blanka Posa	Portia Yu	Rosalie Keledjian	Cris Barancik

Above is the canteen roster & we have a few spots to fill this term.

The canteen is open Mon-Fri from 12:40pm till 1:40pm, so just an hour of your time is all that's needed.

If you are available to fill any of the orange highlighted spots, please write your name in on that day.

**Please unpack boxes of stock (if any) and refill fridge/freezer, etc. .**

The kids thank you for your assistance!



Life Skills  
Creative Time  
New Experiences  
Construction & Manipulative Play  
Outdoor Play Time  
Homework & Quiet Time

To book, visit:  
[www.campaustralia.com.au](http://www.campaustralia.com.au)  
or call 1300 105 343

## Welcome to the new school year!

A very warm welcome to everyone, and a special welcome to families new to the school and our program.

At Camp Australia, we provide an engaging and supportive **outside of school hours space** for children to play, connect, learn and grow. We work together with your school community to deliver a tailored program that is designed to bring out the very best in each individual child. Creating a unique place where children can practice real-life skills in a fun, exciting environment that challenges them to succeed. In our sessions, children will be provided with a healthy snack while given time to relax, socialise with friends and learn some life skills along the way. Come to the OSHC room to meet the friendly team and discover how we can help your family.



### It's FREE to Register.

To attend our program, you must register your child. You can register an account with us at [pp.campaustralia.com.au/account/login](http://pp.campaustralia.com.au/account/login). Once registered, it's easy to make bookings and manage your booking options online via our parent portal. If eligible, to help you with the cost of childcare, you may be entitled to receive the Australian Government Child Care Subsidy. Visit [my.gov.au](http://my.gov.au) to find out more.

### Program Details

For more information on our service and fees, visit our website [www.campaustralia.com.au](http://www.campaustralia.com.au). If you prefer to speak to us, you can contact our Customer Care Team, available to support families 24 hours a day, 7 days a week - except for National Public Holidays. Alternatively, you're welcome to visit us in service and chat with our qualified Educators about the Camp Australia program at your child's school.

We look forward to seeing you and your family soon!

From the Team at Camp Australia

Safety • Meaningful • Innovative • Leadership • Education  
*we make kids smile*





**SOCCER** at O.L.D.

## **Attention ALL SOCCER PLAYERS...**

**Would your child like to play soccer this year?**

Over the years Our Lady of Dolours soccer has proven to be heaps of fun and a great way for children (and families) to form and establish wonderful friendships.

**The 2020 soccer season kicks-off soon and we're looking for players in all age groups for 2020!**

For more information, please email expressions of interest  
as soon as possible to the school  
Football Co-ordinator, James O'Donnell  
[ourladyofdolourssoccer@gmail.com](mailto:ourladyofdolourssoccer@gmail.com)

免费的



# BUILDING FAMILY RELATIONSHIPS 建立家庭关系 PARENTING WORKSHOP 育儿工作坊

For parents and grandparents 适用于父母和祖父母



Wednesday 12<sup>th</sup>  
February 2020  
10:30am – 11:30am



Chatswood Library;  
Lower Ground, The  
Concourse, 409 Victoria  
Ave, Chatswood



FREE

A workshop for parents and grandparents to build healthy strategies on how to build positive relationships with their children. For families with children 2-12years.

本工作坊适用于家有2-12岁的父母和祖父母，工作坊旨在探讨如何建立积极亲子关系的健康策略

工作坊有会说中文的社区义工提供翻译服务

Community Volunteer Chinese speaking interpreter available for workshop presentation

需要预定位置  
BOOKINGS ARE  
ESSENTIAL

Naremburn Family Centres  
P: (02) 8425 8700  
E: intakefs@catholiccaredbb.org.au  
Note: Childcare is not available

[catholiccaredbb.org.au](http://catholiccaredbb.org.au)



## COMMUNITY NEWS



**CatholicCare**  
Diocese of Broken Bay

### NAREMBURN & NORTHERN BEACHES FAMILY CENTRES

**TERM 1 PROGRAMS 2020**  
[catholiccaredbb.org.au/brochures](http://catholiccaredbb.org.au/brochures)

#### WOMEN'S WELLBEING GROUP

A space for women over 18 to come together in a safe welcoming environment. Join us for art, cooking, yoga, support and more.

**Fridays**  
7 February – 3 April 2020  
10.30am – 12.30pm

**Naremburn Family Centre**  
40 Merrenburn Avenue

**Cost**  
Free

**MORE INFO:**  
P: (02) 8425 8700  
E: [intakefs@catholiccaredbb.org.au](mailto:intakefs@catholiccaredbb.org.au)

#### KEEPING KIDS IN MIND

For parents experiencing conflict after separation. Learn how to support your children.

**Thursdays**  
13 February – 12 March 2020  
10.00am – 12.30pm

**Northern Beaches Family Centre**  
116/20 Dale Street, Brookvale

**Cost**  
\$100

**MORE INFO:**  
P: (02) 8425 8700  
E: [intakefs@catholiccaredbb.org.au](mailto:intakefs@catholiccaredbb.org.au)

#### STEP INTO WORK

Designed for women who want to find meaningful paid work. Assists with recruitment, coaching, planning and stress management.

**Tuesdays**  
18 February – 17 March 2020  
10.00am – 12.30pm

**Naremburn Family Centre**  
40 Merrenburn Avenue

**Cost**  
Free

**MORE INFO:**  
P: (02) 8425 8700  
E: [intakefs@catholiccaredbb.org.au](mailto:intakefs@catholiccaredbb.org.au)

#### 1 - 2 - 3 MAGIC

For parents of 2 - 12 year olds. Learn how to manage behaviour without arguing or shouting and enhance your relationship with your children.

**Tuesdays**  
24 March – 7 April 2020  
10.30am – 12.30pm

**Naremburn Family Centre**  
40 Merrenburn Avenue

**Cost**  
\$20

**MORE INFO:**  
P: (02) 8425 8700  
E: [intakefs@catholiccaredbb.org.au](mailto:intakefs@catholiccaredbb.org.au)

**TENNIS  
WORLD**  
CHATSWOOD

## Junior Program



	Mon	Tues	Wed	Thur	Fri	Sat	Sun
Launch (60 mins)	9.30am			9.30am 2.30pm		8.00am 9.00am 10.00am	
Red (60 mins)	4.00pm	4.00pm	4.00pm	3.30pm 7.40am	4.00pm	8.00am 9.00am 10.00am	9.00am 10.00am
Orange (90 mins)	4.00pm	4.00pm 3.30pm	3.30pm 4.30pm	4.30pm	3.30pm	8.00am 9.30am	11.00am
Green (90 mins)	5.00pm		5.00pm	5.00pm	5.00pm	8.00am	11.00am
Yellow (90 mins)	5.00pm		5.00pm		5.00pm	9.30am (Adv) 10.30am (Beg/Int)	
HIT Squad		5.00pm (Orange & Green)		4.30pm (Red)			
Private lessons	Available by appointment						

### FREE BUS SERVICE

A complimentary bus pick up service is offered on Monday & Friday afternoons from Our Lady of Dolours Primary School for after school lessons.

**Pick up point:** The Cola  
**Time:** 3.05pm

### RETURN SERVICE

A return service is also available to Chatswood Public School (Centennial Ave Bus Stop) on the following days and times. **Limited spots available.**

**Monday, Tuesday, 5.45pm**  
**Wednesday, Friday 5.15pm**

### DROP OFF & PICK UP

Parents are welcome to drop off or pick up from the Tennis Club before and after lessons or stay and watch the lesson. Students are also able to wait inside our Clubhouse to be picked by 6pm if needed. Lessons are held at 120a Fullers Rd, Chatswood.