

OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

NEWSLETTER Term 3 Week 10 - 23 September 2019

The Principal's Piece

Creative Arts Festival 2019:

The Annual Creative Arts Festival (CAF) at OLD is one of the most special evenings on the school calendar. Seeing every student K-6 perform on the big stage is something for all parents and staff to be very proud of. Our school vision was celebrated 'big-time' in yesterday evening's performances; I wonder if the last aspect of our school vision ('INCLUDE IN MERCY') shone most powerfully in the finale performance when every single OLD student performed in unison together on the stage.

So many people were responsible for the success of the CAF, and I sincerely thank every parent, grandparent, 'friend', student and staff member who injected energy into making last night another most memorable occasion.

Special Invitation from our Parish - Sunday 29 September – This coming weekend!

PARISH OUTREACH TO TIMOR LESTE – AN INVITATION

Recently there has been considerable media coverage of the celebrations in Dili to commemorate the referendum and gaining of independence from Indonesia. Timor Leste is still one of the poorest countries in the world and whilst it now has access to rich oil and gas reserves it needs the ongoing help of its neighbour, Australia to get properly on its feet. For fifteen years our parish has been playing its part by supporting children from some of the most impoverished of families. The Maubara orphanage run by the Carmelite sisters has provided a loving home for (mainly) girls whose families could no longer care for them. Through funding from our parish two of these girls are now completing tertiary studies. Emi is completing a degree in Social Science and Politics and Ana is training to become a dental nurse. We believe that by supporting the girls' education we are helping to build a strong and prosperous new country. Our parish continues to provide financial support for a range of projects at the orphanage and at Faduada (suburb of Dili) where the senior girls now reside.

On Social Justice Sunday, 29th September we will be hosting people who have recently visited the orphanage and Faduada.

They will share their story and show photos. We will see that we are "making a difference".

This meeting will take place in the Magnificat Room after 10.30am Mass. Please keep the date free and invite others who may be interested.

On behalf of Trish Wilson and the Parish Social Justice Committee.

COMING EVENTS

TERM THREE

SEPTEMBER

Fri 27 Last Day Term 3

OCTOBER

Mon 14 First Day Term 4

NOVEMBER

**Sat 2 Bunnings BBQ managed by
OLD**

DECEMBER

Wed 4 Swimming Carnival

Wed 18 Last Day Term 4

**KEEP CHECKING THE SCHOOL'S WEBSITE
UNDER 'CALENDAR - FOR POSSIBLE
CHANGES TO DATES**

www.olddb.catholic.edu.au

[Our Lady of Dolours](#)



The Principal's Piece cont.

Summer Uniform ... change-over:

When the students return for Term 4 (Monday 14 October), they are to wear their full summer uniform. Thank you.

Leave in Weeks 1 and 2 of Term 4:

I will be on 'leave' in Weeks 1 and 2 of Term 4. During this time, I thank Miss Kirsty Thorpe who will lead OLD as Acting Principal.

Congratulations Alyssa – First Place in the Diocese of Broken Bay Year 6 Public Speaking Competition:

It was an absolute pleasure to see Alyssa win the Diocese of Broken Bay Year 6 Public Speaking Competition last Thursday at St Patrick's School, Asquith. Alyssa was nothing short of sensational; I note that her 'spontaneous speech' was the best I've ever seen in 55 years!

Bravo Alyssa!

The photo below shows the other finalists from throughout our diocese with Alyssa and her massive golden trophy!



ASSISTANT PRINCIPAL—Miss Kirsty Thorpe

Holiday time! I wanted to wish everyone a safe and restful holiday and hope that everyone is able to re-charge their batteries after a term full of dancing and singing. I head back to Cambodia tomorrow to run a two day teacher conference with 30-40 Cambodian teachers to help them teach English more effectively. These teachers work in rural villages where English schools have been established and are free for any child to attend, however, they are not trained teachers, they just simply speak English. During this trip I'll also be purchasing new school uniforms and school supplies for the children - so again I have to thank this amazing OLD community for your on-going support. Have a great holiday and I look forward to seeing you all again in Term 4.

ASSISTANT PRINCIPAL—Miss Kirsty Thorpe

Creative arts Festival I just needed to reiterate the huge thanks that was said last night at the Creative Arts Festival to all the students, staff and parents at OLD who contributed to the evening's success. Throughout the term I watched the students' determination, perseverance and resilience develop so beautifully as they learnt challenging dance moves and musical pieces. I have watched students laugh their way through dances and strengthen friendship bonds as they did this – such an important part of the Creative Arts Festival.

I wish to extend my own thanks to the choreographers and conductors, including Mrs Donna Hoy, Mrs Mari Kivela, Miss Olivia Smith, Mrs Natalie Neary and Miss Emma Boydell. Thank you also to Mrs McKittrick who put the sound and images together for the evening. Thank you also to the SUPER STAR students who played a very important and special role: Chloe and Dom - our extraordinary hosts; Aneliese and Joshua for the heart-warming dedication to Mr Steve Macdonald and Destiny for such a beautiful Acknowledgment of Country.

And finally, I wish to congratulate, Year 6, the class of 2019 for completing the 7th and final Creative Arts Festival here at OLD. We hope you cherish the memories forever and continue to perform the dances at birthday parties for many years to come!!!

Please remember the recording of the Creative Arts Festival is still available to purchase via QKR and a password protected app will be emailed to all families who purchase the recording in Week 1 of Term 4.

Amazing sports achievements A HUGE OLD congratulations to Cordelia (Year 4) and Chloe (Year 6) who both competed in the National Acrobatic Gymnastics Championships last week.



Congratulations Cordelia who achieved the following results:

- Level 4 Women's Trio
- 1st in Balance
- 2nd in Dynamic
- 1st Overall—National Club Champions



Congratulations Chloe who achieved

the following results:

- 3rd in Balance
- 1st in Dynamic
- 1st Overall - National Club Champions

First Holy Communion:

Congratulations to all our OLD students who received their First Holy Communion over the weekend. Congratulations to *Brandon, Harry, Lucy, Elise, Jackson, Javien, Michaela, Nate, Vicky, Justin, Justin G, Lucas, Rachel, Tristan, Vincent, Alex, Anthony, Destiny, Ivy, Joshua, Lara, Nathaniel, Sean, Xavier, Camila, Cruz, Elizabeth, James, Kristof, Luca, Noelle and Shenali*. Continued blessings to you as you grow in your faith and partake in the Eucharist to 'Do this in memory of me' Luke 22:19.

When we come together to celebrate the Eucharist, not only do we remember Jesus, we **receive** Jesus. Holy Communion allows us to nourish our spirit so we may go out and be disciples of Jesus.

A special thank you to our staff and to our parish catechists, particularly Angela Hague, for all their hard work in supporting families prepare their children for the Sacrament.



From Year 6

Climate Change Poem by Natalie and Caitlin in Year 6

How does Climate Change affect food production? Natalie and Caitlin chose this generative question and poetic response during iTime in Literacy Groups. I'm sure you'll agree that this creative response is very clever. Well done girls.

How Does Climate Change Affect Food Production?

Verse 1:

Climate change is shaping the earth
Our world needs to be treated like it has more worth
Global warming affects every living being
We need to preserve our food production and not leave it bleeding

Verse 2:

Without good temperatures our food cannot grow
We cannot continue climate change, no, no, no!
Let us make a change so our crops will thrive
We need to make a difference and we will strive!

Verse 3:

Our global population is increasing
That means more people we will be feeding
The food production is deteriorating
This is becoming humiliating!

Verse 4:

Agriculture is a vital part of our economy
It is affecting our bioclimatology
Not enough rainfall can worsen the growth of plants
Our generation still has another chance!

Verse 5:

Billions of dollars were lost from agriculture producers
We are making way too many excuses!
Droughts, fire and flooding all affect our crops dramatically
Global warming is killing our plants and food emphatically!

Verse 6:

The quality of crops will be highly reduced
If carbon dioxide keeps on being produced
With these extreme weather patterns
We need to make the change!

BIBLIOGRAPHY:

<https://blogs.ei.columbia.edu/2018/07/25/climate-change-food-agriculture/>

<https://www.theguardian.com/environment/2012/sep/19/climate-change-affect-food-production>

https://19january2017snapshot.epa.gov/climate-impacts/climate-impacts-agriculture-and-food-supply_.html

<https://www.climatecouncil.org.au/resources/foodsecurityreport2015/>

From Learning Support



Helen Padarin, Padarin Health – ADHD & Gut Health

& Hope for health Fundraiser

Tuesday 24 September 2019 @ 6.45pm



Ian Wallace, Psychologist – Dealing with uniquely Challenging Children

Tuesday 22 October @ 6.45pm



Dr Samantha Hornery – Getting it Done – Organisation & Motivation Strategies

Tuesday 19 November 2019 @ 6.45pm



All speaker events at Pittwater RSL, Mona Vale

For more information & ticket reservation visit:

www.adhdsupportaustralia.com.au

Email: vivian@adhdsupportaustralia.com

Facebook Page: ADHDSupportAustralia





Get your summer uniforms

OPEN THIS FRIDAY!
27th September

2:45 pm - 3:15 pm outside the library

OLD **Preloved**
UNIFORM POP UP SHOP

KIDS AND YOUTH FUTSAL



☎ 0420 392 992

📱 @5v5AU

📧 michael@5v5.com.au

SATURDAY MORNING 8 WEEK COMPETITIONS

• Oct 12th - Nov 30th (9AM-12PM)

SUNDAY AFTERNOON COACHING ACADEMY

- October 13th onwards (3PM-5PM)
- Private sessions available
- Qualified coaches

Join a team
or bring
your own
team for our
8 week comps,
coaching sessions
or both!

Ages 5 - 14.
**Any experience
level welcome.**

Season Membership:
\$30/player

8 Week Competition:
\$420/team OR \$80/individual

Group Coaching:
\$15/session

Venue:
325a Eastern Valley Way,
Middle Cove, NSW, 2067
(200m from Chatswood Bunnings)

Details & Registration:
www.5v5.com.au

FAMILY FUN DAY

at the
NSW Parliament
October School
Holidays!

FRIDAY
11 OCTOBER
10 am to 3 pm

MEMBER
FOR A DAY

Member for a Day: What would you say?

Free fun educational activities at
Australia's oldest Parliament for
children from 4 to 12 years.

Follow the children's trail; enter the
guessing competition, participate in the
arts and crafts; visit the historic legislative
chambers and places rarely open to the
public; give your first speech as a
Member of Parliament in the chambers;
be entertained by roving musicians.

FREE ENTRY

Activities

10.00 am to 3.00 pm

Location

6 Macquarie Street –
opposite Martin Place

**The public café
will be open.**

Sausage
Sizzle
\$3.00
per person



FREE ENTRY • All Welcome
E: dps.education@parliament.nsw.gov.au
www.parliament.nsw.gov.au
Parliament of New South Wales,
6 Macquarie Street, Sydney

**GROUP BOOKINGS FOR
10 OR MORE ESSENTIAL
9230 2047**



OCTOBER BASKETBALL CAMPS

REGISTER NOW!



BONDI (30th Sept - 11th Oct)
REDFERN (30th Sept - 11th Oct)
NORTH SYDNEY (30th Sept - 11th Oct)
KILLARA (30th Sept - 4th Oct)

BONDI • REDFERN • NORTH SYDNEY • KILLARA



SPECIAL OFFER:

**BOOK 3 DAYS OR MORE AND GET
1 DAY FOR FREE**

FLEXIBLE 'PICK YOUR DAYS' OPTION

REGISTER ONLINE AT:

www.juniorbasketballacademy.com.au



***OZTAG** is a low-contact way of playing rugby league that is great for all ages.*

Defenders have to detach Velcro tags on the attackers' shorts to affect a tackle. This sounds easy, but it is more difficult than making a "touch" in Touch Football and that gives the attackers a greater chance of having successful runs and scoring tries.

***OZTAG** is for ages 5-16 (Kindy to High School) and an on-field adult is allowed to assist the younger kids participate effectively, learn and have fun!*



Competition details:

- School terms 4 & 1 only (no games during school holidays)
- Tuesday afternoons from 5.15pm (younger grades play first)
 - Begins Tuesday 22nd October 2019
 - Ends Tuesday 10th March 2020 (Grand final)
- All games at Tunks Park, Cammeray

Register now:

Register online: www.brothersoztag.com.au

Enquiries: 0417615080 Liz Prior
brothersoztag@hotmail.com



www.BrothersOzTag.com.au

FUN



COMMITMENT

SAFETY

RESPECT



CONFIDENCE

TRYTIME RUGBY

SCHOOL HOLIDAY CAMPS – CHATSWOOD

WHO: Rugby players aged between U6-U14yrs (age group split sessions)

DATE: Monday 30th September & Tuesday 1st October 2019

TIME: 9am – 3pm (both days) Drop off available from 8am

After-Camp Care also available (see registration website for details)

VENUE: Beauchamp Park, Nicholson St, Chatswood

WHAT: Players of all levels are encouraged to attend this camp. Specialist coaches will work with all players to further enhance their specific skills, whether they are new to game or have played for a number of years.

Players receive:

- Trytime training top & hat (if new to Trytime camps)
- Specialised team and individual positional coaching from highly qualified coaching staff
- Nutritious morning & afternoon tea (please supply lunch for your child)
- A great enjoyable and fun experience

For more information and to register, please go to:

www.trytimerugby.com/camps

Mike Cross

0416 142 451

m.cross@trytimerugby.com

VIP EVENT - THURSDAY 10TH OCTOBER
ZERO & REWARDS CARD HOLDERS



20%*
OFF
SCHOOLWEAR

AND
EVERYTHING ELSE



INSTORE & ONLINE THURSDAY 10TH OCTOBER.

* Excludes gift cards, all suit packages & Schoolwear layby's. Cannot be combined with other offers or discounts. Floor stock only.
Styles and colours may vary from store to store.

No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount.
Offer ends midnight (AEST) 10/10/19. Must use Zero or Rewards card to receive discount.

COMMUNITY FORUM



PROMOTING SAFETY FOR PEOPLE LIVING WITH DISABILITY

HOW BELONGING IN A COMMUNITY & BEING CONNECTED TO OTHERS PROMOTES SAFETY



**Wednesday 25
September 2019**
1.30pm – 3.30pm



St Joseph's Hall
76a Fiddens Wharf Road,
Killara



Free forum
Afternoon tea
provided.

A presentation by Miranda Bruyniks, NDIS Quality and Safeguards Commissioner followed by a panel Q&A session with staff and clients.

As Complaints Commissioner for the NDIS Quality and Safeguards Commission, Miranda is responsible for oversight of the national model for complaints and reportable incidents. Previously Miranda was Deputy Disability Services Commissioner in Victoria, where she oversaw critical incidents reported by disability service providers, the resolution of complaints, investigations, and education and information to support people with disability.

This forum is for people living with disability and their families, and for workers in the sector.

A JOINT INITIATIVE OF:



RSVP:

Jeaniene Valderrama

P: (02) 9481 2696

E: jeaniene.valderrama@catholiccaredbb.org.au

From the Parish

PRIMARY SCHOOL



As part of the enrolment process for any Catholic primary school, parents are invited to participate in a workshop facilitated by Fr Jim McKeon, Bernadette Ho and/or Gail Gill. The workshop will provide details of the spiritual support offered in the parish for parents and their children.

RSVP to Bernadette Ho bernadette.ho@bbcatholic.org.au

Magnificat Room

Corner of Kirk and Archer Streets

Saturdays 10 - 11 am 9 November

MEETING FOR SECONDARY SCHOOL

Saturdays 26 October 11am

COMMUNITY NEWS



Our Lady of Dolours Primary School

Term 3 Canteen Roster



	Mon	Tues	Wed	Thurs	Fri
22 July 2019	PUPIL FREE DAY	Jungme Kim Laura Hurrell	Ofelia Delosreyes Portia Wong	Vivien Tu Xi Yu	Louise Jin Nicole Chow
29 July 2019	Jen Montealegre	Sia Macree	Sally Librilla Trisha Vallejos	Debbie Liu	SPORTS TASTER
5 August 2019	Marilyn King Trish Seeto		Daniel Musumeci Tom Allen	Melissa Manning	Michelle Stanley Katie Crichton
12 August 2019	Amy Chan Yini Peng	Selvia Wijaya Rachel Ng	Natt Yusathaphorn Elaine Lin	Mikhael Chammaa Melissa Chung	Nicole Chow Cris Golamco Barancik
19 August 2019	Suzanne Chu Claire Choi		Portia Wong	Vivien Tu Xi Yu	Nicole Woods Louise Jin
26 August 2019	Ann Bacs	Rosalie Keledjian Seda Gulesserian		Debbie Liu	Katie Zhang Wei Li
2 September 2019	Amy Chan Ann Basci	Jungme Kim Laura Hurrell	Jackie Fung Yeun Yeun Yip	Lily Setiawan	Rachel Ullman
9 September 2019	Tom Allen Glenn Desertine	Selvia Wijaya Rachel Ng		Shirley Choi	Michelle Stanley Katie Crichton
16 September 2019	Amy Chan Yini Peng	Zolie Zulie Branka Posa	Sally Librilla Trisha Vallejos	Kath Element Kate Stipo	Melissa Surjan
23 September 2019		Ji-Yun Yi	Yeun Yeun Yip Portia Wong	Vivien Tu Xi Yu	Zoey Cortese