

# OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

**NEWSLETTER** Term 2 Week 6 - 3 June 2019

## The Principal's Piece

I was reading a reflection this week about Pentecost Sunday that we celebrate this coming weekend. I was taken by the fact that in all three of next weekend's readings, we find that the Holy Spirit is not given to individuals, but to a community. This really does strongly imply that the Spirit is not given just for the enjoyment and benefit of an individual; nor is the Spirit just for the enjoyment and benefit of a single group.

Instead, as Sr Hildegard puts it, "The Spirit's movement is outward in an ever expanding circle of grace."

I hope and pray that the Spirit fills all of us at OLD then circles outward and beyond!

On line, I found a YouTube clip that might inspire you about this important feast this coming Sunday: <https://bit.ly/2QH8pZ5>

*Did you know that Pentecost is commonly recognised as the birthday of the church!*



### Wellbeing Week - Next Week!

Week 7 in each term is commonly celebrated as "Wellbeing Week" at OLD - (and indeed it's celebrated in many other schools around Australian too).

In last week's newsletter I included a subtle rant about the importance of 'play' in the lives of children. I also managed to slip in a serious 'dig' at the increasingly disturbing 'screen time' that too many children are engaged in daily. I commend the following idea for families; I also note that this idea is endorsed by The Catholic Schools Office and by our school staff too.

*(I note that the following is really only for families with children who are perhaps engaged in too much mid-week screen-time)*

*On the evenings of Monday, Tuesday, Wednesday and Thursday during school terms, limit students' use of screen-time etc to only 30mins each evening from eg 7.00pm-7.30pm – (I am referring to recreational screen-time that is apart from Home-learning screen-time ... Importantly too, the timeframe, 7-7.30pm, is a suggestion that needs to be much earlier for K,1,2 students)*

*Why do we suggest a specific timeframe 7-7.30pm? – because if all OLD parents/ students agree to this, 'screen obsessions' will be 'done-n-dusted' and 'out of the system' in one concentrated 30 minute block of chat time.*

*Interestingly, there is a bit more that parents/students may wish to entertain: If students have 30 mins of screen-time M,T,W,T, they need to consider balancing it with 30 mins of 'play' or exercise without any screen interruptions ... NB real play interacting with real people!*

*I wonder if a 'no play, no screen-time' idea in homes might quickly lead to better wellbeing for our students.*

## COMING EVENTS

### JUNE

**Mon 10** Public Holiday

**Sun 16** Year 3 Mass

**Wed 19** Athletics Carnival

### JULY

**Mon 1** School Photos

**Fri 5** Last Day Term 2

### TERM THREE

**Mon 22** Staff Development Day

**Tues 23** First Day Term 3

### AUGUST

**Sun 18** Year 2 Mass

### SEPTEMBER

**Mon 23** Creative Arts Festival  
6.30pm

**KEEP CHECKING THE SCHOOL'S WEBSITE  
UNDER 'CALENDAR - FOR POSSIBLE  
CHANGES TO DATES**

[www.olddb.catholic.edu.au](http://www.olddb.catholic.edu.au)

[Our Lady of Dolours](#)



## Principal's piece cont.

### Exciting "Play-Surprise" for Wellbeing Week:

Wellbeing Week commences next Tuesday (NB Monday is a Public Holiday – wonderful co-incidence hey!)

When students arrive at school next week on Tuesday 11 June, I sense that they will be very excited about the surprise each class will engage in throughout the day.

### An extraordinary invitation to minister intimately in our Chatswood community:

Fr Jim, our Parish Priest, is preparing to launch a most remarkable initiative to support the needy in our Chatswood community. He is leading preparations that will ultimately support a weekly meal each Saturday evening for people in need of 'relationship', 'community' and a nutritious meal.

Fr Jim will launch the initiative with a meeting to discuss the initiative and to create 'meal teams'; indeed, he will also be there to keenly answer questions on **Saturday June 29th, 6.30pm at Harrington Hall**. At this meeting we will determine if we have sufficient volunteers to go forward and to launch the dinners in September this year.

For more information see Fr Jim – 9410 9022 [jim.mckeen@bbcatholic.org.au](mailto:jim.mckeen@bbcatholic.org.au)

For further information, please refer to Fr Jim's note following:

---

**Community Dinners:** *Mother Teresa said that the greatest poverty is loneliness. There are so many people who live in a busy place like Chatswood yet feel alone. There are people who eat every meal on their own. Perhaps they have family and friends, but these live far away, and there are others who for whatever reason find themselves isolated and lonely.*

*Jesus brought people together for meals. Table fellowship was part of his bringing about the Reign of God, where everyone is invited to have a seat at the table. As disciples of Jesus we are asked to do the same, and so Chatswood Parish are going to launch "Community Dinners" which will be a free open weekly meal for anyone who wants to share a meal in good company.*

*These dinners will be for everyone, Catholic and non-Catholic alike. Apart from praying grace before the meal there will be no explicitly religious presentation other than that it is we as disciples of Jesus who are hosting and serving the meal. The dinners will be free and subsidised by the parish and any grants we can obtain.*

*Other parishes (Narraweena, Waitara, Kincumber) have had great success doing this. It has become a hub of community for the parish itself, and a substantial outreach to the local community, meeting the needs of people who are both physically hungry and those who are socially isolated. For many people it becomes the only meal which they eat at a table, off a plate, and with others. Relationships form, barriers are broken down, and the Church is enriched and enlivened by giving to others. Parishioners and whole families who are not "in need" also come along to build relationships so that the dinner feels like a big family meal rather than a soup kitchen.*

*We are looking for volunteers willing to commit to cook and serve on one Saturday night each month. We will form 4 teams who will each cook and serve once each month, so that no one is overly burdened.*

*We will have a launch meeting to meet one another, create teams, and answer questions on Saturday June 29<sup>th</sup>, 6.30pm at Harrington Hall. At this meeting we will determine if we have sufficient volunteers to go forward and to launch the dinners in September.*

For more information see Fr Jim – 9410 9022 [jim.mckeen@bbcatholic.org.au](mailto:jim.mckeen@bbcatholic.org.au)

---

## ASSISTANT PRINCIPAL—Miss Kirsty Thorpe

**Term 2 Reminders:** As we are now half way through Term 2, here are a few reminders that we would really appreciate being carried through the school day to home as well.

**Uniforms** We are working with the children to teach them about the correct way to wear our school uniform with pride; shoes polishes, hair accessories that match the uniform, shirts tucked in, ties correctly knotted, hair neat and tidy and no nail polish or excess jewellery.

**Lost property** As children are wearing more items of clothing our lost property baskets fill up each day. Fortunately a lot of people have their names clearly labelled and we can return the clothing. However, we are unable to return lost property if there are no names or the name is difficult to read. Please assist us in going through all items of clothing and clearly label everything. Thank you!

**Punctuality** A reminder that school begins at 8.45am. Last week we had over 30 children arrive late for the Wednesday morning assembly. By coming late to school it creates an unsettled and often stressful start to the day. So we ask all families to make it a goal to arrive to school before the 8.45am bell each day so your children can get settled into the school day before being rushed off to class.

**Cold and Flu season** As the cold and flu season intensifies over the coming weeks, we ask you to continue the conversation we are having with the children about personal hygiene. It is really important that children are reminded to effectively wash their hands after going to the bathroom, before eating, and after sneezing into their hands. We also have hand sanitiser available to the students. Additionally, we ask for your assistance in following our procedures that as soon as a tissue has been used it is thrown in the bin – not left on the desk, or in a pocket, or held onto or left on the floor.

- **Wellbeing Week** Next week we will have our Wellbeing Week which occurs every Week 7 of each Term. This is a week where the students and teachers are able to spend more time looking after their physical, mental and social wellbeing by having no homework or meetings for teachers. We encourage you to have less screen time during the week and more time playing games and exploring the outdoors. There will be lots of fun things happening at school for the children that we will update in next week's newsletter and on the school's official Facebook page.



## AWARD WINNERS Week 5



## ASSISTANT PRINCIPAL—Miss Kirsty Thorpe

### Thorpey's Tuesday's thoughts.....Mathematical freedom

Through my maths study tour I really got to understand how important mathematical freedom is for our children to flourish as numerate citizens of this world. This freedom allows children to develop growth mindset that everyone can learn and succeed in Maths and the self-belief that their thinking is valued. Mathematical freedom allows teachers to facilitate deep mathematical thinking through questioning rather than procedurally teaching the children how to memorise and regurgitate maths rules.

So, what does that mean and what does it look like in the classroom?

Children have the freedom to:

- use maths equipment, drawings, numbers, sentences that assist them in their thinking
  - collaborate with their peers if needed
  - move around the classroom to discuss their thinking with others
  - have the time needed to think about numbers, play with them, experiment with ideas
  - test out their conjectures by trialling different ideas and strategies
  - represent their thinking in creative ways
  - ask investigative questions about a concept...they are allowed to be curious and express this
- freely share and discuss their conjectures even if they are incorrect

## Mathematical Thinking

How Students...





## REC— Miss Camilla Brown

### The Ascension of the Lord

This Sunday we celebrated the feast of the Ascension. The Ascension is a feast of eternal life in love. It draws us closer with God who loves us unconditionally and eternally.

As we commemorate our Lord Jesus' return to the Father, we pray to follow Him as loving disciples. We pray to welcome all whom we meet and that our service to others be always in hope and joy.

### The House of Welcome-

In the spirit of service and love, we thank all who have contributed to the House of Welcome. Please bring these items to your classroom teacher who will collect these items no later than **Friday the 21<sup>st</sup> of June**.

**Kindergarten-** Cooking Spices

**Year 1-** Toothbrush/Toothpaste

**Year 2-** Canned tomatoes, chickpeas or lentils

**Year 3-** Deodorant (roll on)

**Year 4-** Jams/Honey

**Year 5-** Tea/Coffee

**Year 6-** Dish-washing Liquid

**Staff-** Shampoo/Conditioner

### Tuesday morning Mass

Every Tuesday morning we welcome our students and families to come together for 8am Mass. This Mass is led by the high school students at Pius or Mercy, and celebrated on alternate weeks at the Pius chapel or Mercy chapel.

This term, we invite students to come to their special allocated week. This is an **optional** but beautiful way to start the morning. Please note children are **always welcome**, however we especially encourage students to come to their class week.

**Week 7, St Pius chapel** — Year 3

**Week 8, Mercy chapel** — Year 2 (must be accompanied with a parent)

**Week 9, St Pius chapel** — Year 1 (must be accompanied with a parent)

**Week 10, Mercy chapel (Pius on holidays)** — Kindy (must be accompanied with a parent)

### Parish News

#### **Adult Faith Formation & Engaging in a Catholic Community**

As part of the enrolment process for any Catholic primary school, parents are invited to participate in a workshop facilitated by Fr Jim McKeon, Bernadette Ho and/or Gail Gill. The workshop will provide details of the spiritual support offered in the parish for parents and their children. Please contact [bernadette.ho@bbcatholic.org.au](mailto:bernadette.ho@bbcatholic.org.au) for further information.

Please see below in this newsletter for information about upcoming Adult Faith formation opportunities. Please contact [gail.gill@bbcatholic.org.au](mailto:gail.gill@bbcatholic.org.au) for more information.

#### **ALL WELCOME!**

**Sacrament of Confirmation:** Saturday 22nd June 10am & 12pm

The Parish Confirmation program commenced last week for children preparing for the Sacrament of Confirmation this June. We keep you in our prayers!

#### **Sunday Morning 9am Children's Mass:**

The parish invites all classes to the Sunday Morning 9am Children's Mass. This is a beautiful Mass for you and your family to attend every Sunday and on the following dates your child's class will have a Mass dedicated for their year level.

**Year 3:** 16 June \*

**Year 2:** 18 August \*

**Year 4:** 20 October

**Year 5:** 17 November

**Year 6:** 24 November \*

**\* Please note the changes for year 3, year 2 & year 6.**

## Year Three Class Mass



The Catholic community of Chatswood invites  
**Year Three children** and their families to a special  
Mass for Year Three at the

### 9am Family Mass

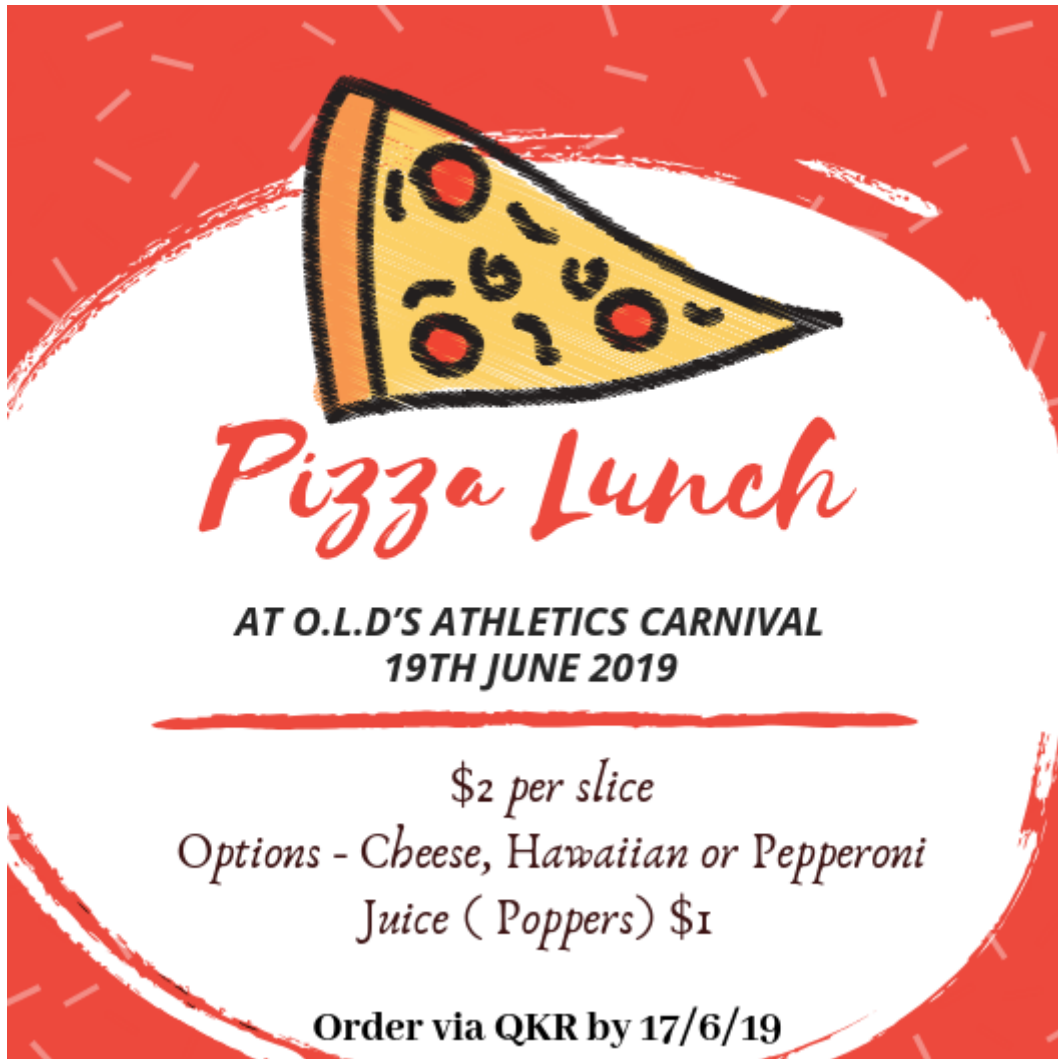
Sunday 16 June 2019

A family-friendly celebration at  
**Our Lady of Dolours Catholic Church**  
94 Archer St Chatswood

The Year Three children will receive a special  
**blessing** followed by **morning tea** in the school  
playground.

*Please bring a plate to share.*  
**All welcome!**

## Athletics Carnival

A poster for a Pizza Lunch event. It features a large, stylized illustration of a slice of pepperoni pizza at the top. Below the pizza, the words "Pizza Lunch" are written in a large, red, cursive font. Underneath that, in a smaller, black, sans-serif font, it says "AT O.L.D'S ATHLETICS CARNIVAL" and "19TH JUNE 2019". A horizontal red line separates this from the pricing information. The price is "\$2 per slice" in a black, sans-serif font. Below the price, the options are listed: "Options - Cheese, Hawaiian or Pepperoni" and "Juice ( Poppers) \$1". At the bottom, it says "Order via QKR by 17/6/19". The entire poster is set against a red background with white dashed lines radiating from the pizza slice.

**Pizza Lunch**

**AT O.L.D'S ATHLETICS CARNIVAL**  
**19TH JUNE 2019**

**\$2 per slice**

**Options - Cheese, Hawaiian or Pepperoni**  
**Juice ( Poppers) \$1**

**Order via QKR by 17/6/19**

## Community News

### Year 2 camping last weekend:

A picture tells a 1000 words ☺





## From the Parish

### PRIMARY SCHOOL



As part of the enrolment process for any Catholic primary school, parents are invited to participate in a workshop facilitated by Fr Jim McKeon, Bernadette Ho and/or Gail Gill. The workshop will provide details of the spiritual support offered in the parish for parents and their children.

**RSVP to Bernadette Ho [bernadette.ho@bbcatholic.org.au](mailto:bernadette.ho@bbcatholic.org.au)**

**Magnificat Room**

*Corner of Kirk and Archer Sts*

**Saturdays 10 - 11 am 13 July; 21 September; 9 November**

### FIRST SPIRITUAL EXERCISES

Using the creative guide to St Ignatius' First Spiritual Exercises written by Fr Michael Hansen SJ, these sessions offer the experience of a four week retreat in daily life. Cost of the book is \$30. Each group will be limited to 12 participants. ( Fr Jim McKeon, Sam French & Gail Gill)

**St Peter Room Sundays 6.30 - 8pm 11, 18, 25 August, 1, 8 September**

**St Peter Room Mondays 1.30 - 2.45pm 5, 12, 19, 26 August, 2 September**

**St Peter Room Thursdays 10.30am - 12pm 8, 15, 22, 29 August, 5 September**

**St Peter Room Saturdays 6.30 - 8pm 3, 10, 24, 31 August, 7 September**

### ACTS OF THE APOSTLES

Bishop David Walker will lead these sessions on the companion volume to the Gospel of Luke. The Acts of the Apostles describes the life and work of the early church as it continues the mission of Jesus empowered by the Holy Spirit and witnesses to the life, death and resurrection of Jesus.

**Magnificat Room Tuesdays 10 .30- 12pm 20, 27 August & 3, 10 September Thursdays 7 - 8.30pm 22, 29 August & 5, 12 September**

For further information and bookings for all programs (except the school enrolment workshops) please contact Gail Gill

[gail.gill@bbcatholic.org.au](mailto:gail.gill@bbcatholic.org.au) OR 9410 9021



## Community News

Parents and Carers,

Please note that Archer street in front of the school is now a clearway in the afternoons from 3pm.

We believe these new clearway times will be in place until the completion of the Vivid festival.



com-