

# OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

**NEWS** Term 4 Week 2 - 22 October 2018

## The Principal's Piece

That very special time of the year is coming up again:

*This coming Friday is "International Teachers' Day".*

On behalf of all staff at OLD, I sincerely thank our parent body for the appreciation we so commonly receive for doing a job we love.

I think the following quote beautifully reflects our School Vision and what we're essentially on about at OLD – (OLD School Vision: "Ignite, Innovate and Include in Mercy"):

*"Education is not the filling of a pail, but the lighting of a fire."*

.....  
*Following – just for fun!*



Why science teachers  
should not be given  
playground duty.

## COMING EVENTS

### October

**Thurs 25** Yr 2 Excursion

**Fri 26** Yr 5 Excursion

**Sat 27– Sun 28** Band Camp

**Wed 31** Kindergarten  
Excursion

### November

**Fri 2** Kindergarten Transition  
9-10.30 (1 of 3)

**Fri 9** Kindy Transition  
9-10.30 (2 of 3)

**Fri 9** Remembrance Day  
Ceremony 12.20pm

**Fri 16** Kindergarten  
Transition  
9-10.30 (3 of 3)

**Thurs 29** Year 6 Graduation  
& End of Year Liturgy 10am

### December

**Wed 19** Term 4 Concludes

KEEP CHECKING THE SCHOOL'S WEBSITE  
UNDER 'NEWS & EVENTS - EVENTS FOR  
POSSIBLE CHANGES TO DATES  
[www.olddb.catholic.edu.au](http://www.olddb.catholic.edu.au)

[Our Lady of Dolours](#)



## The Principal's Piece cont.

### **Congratulations to Isabella (2B)**

#### **Bishop's Art Prize**

Congratulations to Isabella (2B) who received an Honourable Mention in the recent "Bishops' Art Competition".

Isabella's artwork was chosen from the whole Diocese of Broken Bay to receive a Highly Commendable Award. Her artwork depicted 'Jesus Feeding the Five Thousand'.

Isabella has won a special art supply prize that she will receive at this evening's Award Ceremony (23/10) at The Catholic Schools Office.

Congratulation Isabella!



### **Congratulations to Kevin Choy (Chloe 4G) and Tom Murphy (son of our Mrs Murphy):**

Kevin and Tom together won the 2018 OLD NRL Tipping Competition.

Kevin and Tom have agreed to give their winnings to the Cambodian Mission that Miss Kirsty Thorpe is championing.

Congratulations!

## Religious Education—Mrs Kathy Gray

### Mission Mass

Last Thursday a group of Year 6 leaders attended the Broken Bay Diocesan Mission Mass at Our Lady of the Rosary in Waitara.



The Very Rev Dr David Ranson spoke to the children about spreading the Word of God through our gentle, loving actions.

St Leo's provided the musicians and the music/singing was amazing. The children loved the experience and so did I!

Go to the following link for more information about Catholic Mission:

<https://www.catholicmission.org.au/about-catholic-mission/about-us>

### Parent Retreat Day

Catholic Schools Office Broken Bay is offering a Parent Retreat Day in the beautiful, restful grounds of St Joseph's Spirituality Centre, Kincumber South. Friday 2 November, 9am–4pm. Cost: \$20 donation (pay on the day). Theme: 'Ancient Wisdom, Contemporary Lives'. See attached brochure for detailed information or go to the Walking the Way website.

RSVP: [Sallyanne.butel@dbb.catholic.edu.au](mailto:Sallyanne.butel@dbb.catholic.edu.au)

Additional tips:

Is car-pooling an option?

Participants are urged to 'register now' (for purposes of catering, resources); and can pay later (donation on the day).

## Religious Education—Mrs Kathy Gray

### The Fred Hollows Humanity Award

It was a great pleasure to celebrate 'The Fred Hollows Humanity Award' at NSW Parliament House. NSW Education Minister Mr Rob Stokes spoke of the importance of academic and sporting awards in education. However, he then directed his speech to the ultimate importance of education in forming excellent citizens and that it was great to have this award dedicated to this achievement. This 'Fred Hollows Humanity Award' celebrates just that; as it is through our service to others that makes us a great citizen. Congratulations Hope, Lucas and Ryan for receiving this important award.



*"The greatest attribute of mankind is our ability to help one another."*

*Fred Hollows*



## Religious Education—Mrs Kathy Gray

### Year 4 Parish Mass

Thank you to the many OLD families who were able to attend the Year 4 Parish Mass on Sunday (at such short notice). The Year 4 students participated beautifully in the Mass. They also enjoyed a get together and morning tea after the Mass. Fr John spoke about loving God first! God is at the centre!



Rest  
Refresh  
Renew



'Come away to a  
quiet place by  
yourselves and  
rest a while.'

Mark 6:31

## A Parent Retreat Day

*'Ancient Wisdom, Contemporary Lives'*



Friday 2<sup>nd</sup> Nov 2018. 9am-4pm  
St Joseph's Spirituality Centre  
8 Humphrey's Rd, Kincumber South

Cost: \$20 suggested donation (pay on the day)

Bookings: [Sallyanne.butel@dbb.catholic.edu.au](mailto:Sallyanne.butel@dbb.catholic.edu.au) RSVP: 20<sup>th</sup> Oct

Guest speaker: *Rabbi Gad Krebs*

Followed by Workshops & Walks by the Water.

How do we tap the **deep wisdom** of our life experience, **family** ancestry and faith **tradition**, and pass on to our children what is most precious to us? Join us for a restful day of '**soul food**' and reflection in a beautiful **natural** environment, on **sacred** ground where St Mary MacKillop, and indigenous Australian ancestors, once walked.

[Details overleaf]

2<sup>nd</sup> November is

*All Souls Day*

Join us in a Mass of  
remembrance for our loved  
ones at 2pm.





## GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



## Children's Week

Children's Week is a national celebration of children's rights, talents and citizenship held on the fourth Wednesday of October in Australia to coincide with Universal Children's Day. Each year the theme of Children's Week highlights a particular Children's Right.

**2018 Theme: Article 12 of the United National Convention on the Rights of the Child states that; "Children have the right to have a say in matters that affect them, and for adults to listen and take it seriously."**

### Tips to Parents and Caregivers for Talking to Children About Personal Safety

- Help Children identify trusted adults (both within the family and outside) they can talk to, if they are worried, upset, or don't feel safe. Create a list together. Make sure the trusted adults know they are on your child's list.
- Remind children that they can talk to you or a trusted adult about anything, no matter how big or small their worry might be.
- Talk to children about how they know when they feel safe or unsafe. Help them to listen to their early warning signs (how their body feels), and to trust their feelings and instincts.
- Use everyday activities (such as preparing meals and snacks, going for walks, playing, shopping) as opportunities for conversations. If children are used to having lots of communication, it can make it easier to talk when big or tricky issues come up.
- Be open to talking about all kinds of feelings, including anger, joy, frustration, fear and anxiety. This helps children to develop a 'feelings vocabulary'.
- Show children that you can respond sensitively to negative emotions as well as positive one when they express their anger, embarrassment, sadness or fear.
- Don't rush into problem-solving. Your child might just want you to listen, and to know what their feelings and point of view matter to someone.

Source: <http://www.napcan.org.au>

At Camp Australia, every child has the right to be listened to, we take their opinions seriously, and their safety is our number one priority.

### Program Details

To find out more about our program, view fees and to register visit [www.campastralia.com.au](http://www.campastralia.com.au)

## Community News



SYDNEY  
ACADEMY OF CHESS

Level 1 30A George St, Burwood 2134  
Office: (02) 9745 1170

### CHESS!!

Learn to be a chess champion! Coaching for students at Our Lady of Dolours Primary School (Chatswood) is held on Thursdays from 12:40pm to 1:40pm, starting on 18 October 2018.

Learning and playing chess helps children develop their logical thinking and problem solving skills, improves their concentration and focus, while also being a great source of enjoyment. Activities include group lessons on a demonstration chess board or interactive whiteboard, puzzle solving and fun practice games.

Students earn merit awards by making checkmates, or by displaying skills and positive qualities, which all good chess players strive to develop.

If your child is interested in taking part, you can collect an enrolment form from the school office, or email [enrol@sydneyacademyofchess.com.au](mailto:enrol@sydneyacademyofchess.com.au) for a copy. For all enquiries, please contact Sydney Academy of Chess on (02) 9745 1170.



### Our Lady of Dolours Primary School

#### Term 4 Canteen Roster



	Mon	Tues	Wed	Thurs	Fri
16 October 2018	Zoey Cortese	Seda Gulessevan	Ofelia Delosreyes Kylie Sendhofer	Michelle Go-Chin Melissa Chung	Selvia Wijaya Vivian Tang
23 October 2018	Jen Monteleagre Jo Mannering	Ji-Yun Yi Stella Bae		Rachel Davidge-Hill Debbie Liu	Michelle Stanley
30 October 2018	Tom Allen Glenn Desertine	Carlyn Linders Portia Yu		Cynthia Lai Rachel Ullmann	Tina Tian Katie Zhang
6 November 2018	Ann Bacsí Michael Corbett	Amy Chan Laura Hurrell	Natt Yusathaphorn Elaine Lin	Nicole Chow Mikhael Chammaa	
13 November 2018	Rachel Mensforth Kate Stipo	Eva Martinez Ruby Yang	Ofelia Delosreyes Kylie Sendhofer	Debby Liu Joy Wang	Nicole Woods Tracy Li
20 November 2018	Ruby Yang Amy Chan	Glenda Chan	Christine Lee Sally Park	Joy Wang Melissa Chung	Selvia Wijaya Vivian Tang
27 November 2018	Alison Henderson Alison Guthrie	Marcia Corbett Laura Hurrell	Jackie Fung Katerina Trani	Rachel Ullmann Julie Hiser	Katerina Trani Michelle Stanley
4 December 2018	Tom Allen Glenn Desertine	Ruby Yang Jo Mannering		Lily Setiawan Soehan Wiraputra	Michelle Stanley Katie Crichton
11 December 2018	Ruby Yang Amy Chan	Ji-Yun Yi Ann Bacsí (bday)	Ofelia Delosreyes	Rachel Davidge-Hill Debbie Liu	Selvia Wijaya Vivian Tang
18 December 2018	Marilyn King Trish Seeto	Rosalie Keledjian Seda Gulessevan	Janelle Arena Zoey Cortese		



**Get your  
kids active  
this summer**



Summer sports season is heating up and the Active Kids program can help you save.

If you've created an Active Kids voucher don't forget to **use it before 31 December 2018**. It's \$100 towards sport, fitness and active recreation for your kids.

Using your voucher is easy: find a registered Active Kids provider on the Service NSW website and simply present your voucher when registering.

Did you know parents and carers can apply for a new Active Kids voucher every year until 2021?