OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

NEWS Term 3 Week 9 - 17 September 2018

The Principal's Piece

<u>Urgent message for families with children playing the computer game, "Fortnite":</u> In recent weeks at OLD, I have been in conversation with numerous staff, parents and students regarding the computer game, "Fortnight". I also note that I've learnt much about how the game operates and why it is so dangerously addictive. FACTS:

- The game effectively promotes violent killing with dangerous weapons, then celebrating each kill.

- The preferred game within the programme is "Fortnite Royale" where 100 people systematically kill each other with the only goal to be the last person standing ... Please note that the player 'becomes' one of the 100 in the fight and becomes obsessed to kill and survive.

- Players can arrange for their friends to connect on the internet and simultaneously be part of the 100 in the fight. Alternatively, you can play random people on line.

- 125 million people are playing this game on Earth!

- The following 60 Minutes TV clip shows an addicted child who has not been to school for 2 years because he's addicted

- '60 Minutes' - Fortnite: - <u>https://www.youtube.com/watch?v=TKxWN2W_emE</u>

- The following "Behind the News" clip in another frightening presentation

- 'Behind the News' - Fortnite: - <u>http://www.abc.net.au/btn/story/s4859927.htm</u> Children addicted to Fortnite gradually alienate themselves from their friends and withdraw from the real world.

- The game has no pause button ... This feature in itself can effectively turn a player into a tantrum-throwing monster if they are called to the dinner table or asked to do a chore at home. Basically, the players do not want to risk getting killed if they are interrupted.

- One parent spoke to me this week about her Year 7 formerly-addicted son and how she simply removed all IT from her son's use at home because she felt she was, "losing him." She couldn't cope with the rudeness and tantrums, and she was watching her beautiful child "turn to a little monster". The first week of 'no IT' at home for her son was, "Nothing short of a nightmare,"... But after an agonising week of 'cold turkey', she now, has her beautiful son back. Interestingly, this Year 7 child recently commented to his mum that he is pleased she did it. He also commented that he feels sorry for his former group of friends who are caught up in something bad; importantly, he is now enjoying more sport time with a new group of friends.

- Three months ago, The World Health Organisation determined that there is now a new international disease on the International Disease Register, and it's called: "Video Gaming Disorder" ... ie a Mental Health Disorder.

- Children can play many aspects of this game totally for "free"..

- The game has an inbuilt chat function so that players can operate, in 'real time', as a team ... ie They can talk to each other and discuss tactics.

- Adults and children are playing this game together and communicating via the chat function ... The inherent risks re this are frightening ... Children at OLD are basically playing this game alongside teens and adults.

- The game has an 'M' rating and an age rating of 12+

Why am I dedicating the front page of this week's newsletter to this issue?

- Fortnite is affecting the behaviour of some students at OLD School \ldots and I am not happy about this.

- Fortnite is affecting the behaviour of students in too many OLD homes ... and I am not happy about this either.

COMING EVENTS

September

Wed 19 Pizza Lunch Day

Fri 21 OLD Official Community Garden opening 9am

> Mon 24 Creative Arts Festival

Thurs 27 Yr 5 Book

presentation—school library

Fri 28 Term 3 Concludes

October

Mon 15 Term 4 Commences

Summer Uniform Change over

Sat 27– Sun 28 Band Camp

December

Wed 19 Term 4 Concludes

KEEP CHECKING THE SCHOOL'S WEBSITE UNDER 'NEWS & EVENTS - EVENTS FOR POSSIBLE CHANGES TO DATES www.olddbb.catholic.edu.au

Our Lady of Dolours



The Principal's Piece cont.

So, what am I proposing?

- Whilst it is inappropriate and beyond the scope of my role to 'be the home-parent' from my school-yard perspective, I am boldly proposing that:

- All OLD families ban Fortnite (and indeed other games like it) in their homes.
- No OLD child is permitted to operate a computer with internet access in their bedroom.

What am I promising?

- With staff support, I will give Fortnite (and games like it) 'bad press' at every opportunity in classrooms and on the playground to support parents and impress upon students the real danger that games like Fortnite truly are.

- Any parents with a 'Fortnite addicted' child are encouraged to come to see me with their child for a serious roundtable discussion. Essentially, if the child sees that the school and the home have the same hard-line approach to the game, there will be an improved chance of supporting the child swiftly back to reality to enjoy being child again

To sum up: Fortnite is not 'just a game' ... It's a modern-day tragedy

NAPLAN 2018 – Year 3 and Year 5:

The 2018 Year 3 and Year 5 NAPLAN results have just arrived at school. It is suffice for me to state that the results in every assessable area for both Year 3 and Year 5, reveal OLD School has performed extraordinarily well. Whilst we have not yet had time to deeply analyse the data, it is worth noting the following; OLD School is not a selective school, and our students have achieved the following remarkable results:

- Year 3: In every assessable area for both Literacy and Numeracy, the OLD School average was at least one full 'band' above the National average – (NB Year 3 students are measured across 6 bands)

- Year 5: In every assessable area for both Literacy and Numeracy, the OLD School average was at least one full 'band' above the National average – (NB Year 5 students are measured across 8 bands)

Congratulations to all students ... and congratulations to all teachers K-6 and all support staff. The yearly trend of outstanding NAPLAN results at OLD is indeed continuing.

Everyone is invited to see Year 5 present their published children's books 27.9.18:

"Moving our emotions with Writing and Dramatisation"

Thursday 27 September, 9:30am - 10:30am

VENUE: OLD School Library

FREE Event

Come and enjoy a showcase of five published books and accompanying dramatisations. All books have been published by the Year 5 students at Our Lady of Dolours Catholic Primary School, Chatswood, and they were specifically created and designed to appeal to the Special Needs students at St Lucy's School, Wahroonga, during Book Week 2018. The 2018 theme for Book Week is, "Find your Treasure" and, rather paradoxically, the Year 5 student publishers indeed found 'treasure' within their presentations they made for the beautiful St Lucy's students.

The Year 5 student publishers worked closely with a creative writing expert who facilitated workshops that ensured high quality, engaging stories. Importantly too, the school librarian from St Lucy's also worked closely with the Year 5 student publishers to ensure they 'hit the mark' and enthralled everyone at St Lucy's.

Copies of the 5 published books will be available for ordering.

The Principal's Piece cont.

Bravo Mercy College students, and bravo Mrs Christine Cook:

Thanks to Mrs Cook, we have again been able to run the 'before school' Mercy College / OLD Reading Programme. Suffice to say, the programme is a wonderfully positive experience for the OLD students and, in turn, it is also an invaluable 'outreach' opportunity for the Mercy students.

Here are some lovely comments made by Mrs Cook to Mercy College co-ordinator, Mark ... Readers might enjoy it:

Your girls have been absolutely delightful!- enthusiastic, encouraging and very respectful. I've had many parents commenting on how much their children are enjoying the experience and hope it will continue. We truly appreciate the girls giving up their free time to assist our students in what has been a very positive, fun experience. Thank you for all your organising, Mark - it is greatly appreciated.





The Principal's Piece cont.



To Parents and Caregivers in the Diocese of Broken Bay

Friday 14 September 2018 Feast of the Exaltation of the Cross

Dear friends,

It is my great privilege to share news about the implementation of our new Diocesan Office for Safeguarding.

In 2017 Bishop Peter commissioned a Review of Safeguarding across the Catholic Diocese of Broken Bay by Mr Kelvin Simon, formally a Senior Investigation Officer for the NSW Ombudsman. The Simon Report furnished Bishop Peter with 20 Recommendations – all of which he accepted and sought to implement in a way that the Diocese could incorporate.

On 29 June Bishop Peter provided his formal promulgation of a new Diocesan Office for Safeguarding. In the period since Bishop Peter's departure from us, we have faithfully implemented his directions, and I share with this letter, the Charter for the new Diocesan Office that details its structure and organization. Bishop Peter's commitment to Safeguarding will be one of his enduring legacies to our Diocese.

It is with pleasure that I announce the appointment of the Director for the Diocesan Office for Safeguarding, Mrs Jodie Crisafulli, and two of three Managers for Safeguarding - each with responsibility for Safeguarding in the different sectors of our Diocesan life: Ms Tamara Hughes, Manager for Safeguarding (CSO), and Ms Melinda Rixon, Manager for Safeguarding (CatholicCare). We look forward to the appointment of a new Manager for Safeguarding (Chancery) who will have responsibility for parishes and clergy.

Our new Diocesan Director for Safeguarding, supported by our new Safeguarding Executive of the three Safeguarding Managers, will be informed by the appointment of a Safeguarding Strategic Advisory Panel which will bring national and international policy and best practice advice to our endeavour. They will also be accountable to a Safeguarding Review Panel which will provide independent evaluation of the redress we seek to provide those who have suffered abuse.

Please be assured of my prayer for God's blessings for each of you,

Very Rev Dr David Ranson Diocesan Administrator

Caroline Chisholm Centre, PO Box 340, Pennant Hills NSW 1715, Australia Tel (+61 2) 8379 1614 • diocesan.administrator@bbcatholic.org.au • www.bbcatholic.org.au

The Assistant Principal's Piece

Colour My World

CREATIVE ARTS FESTIVAL - IMPORTANT INFORMATION:

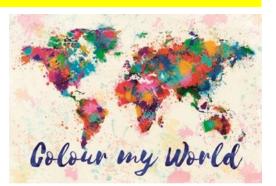
IMPORTANT INFORMATION:

Monday 24th September

8.45 am:

Students arrive at school for rehearsal at the Concourse in their sports uniform

1.15 pm:



After rehearsal, students may leave school at 1.15pm. Parents MUST <u>sign their child out from their classroom</u> (If someone else is picking up your child on that day, you will need to send in a note to the class teacher)

5:45 pm

Kindy students arrive at school via Ferguson Lane gate, dressed for photographs in the Hall. Girls will be given a wrist corsage and boys a flower for their button hole on the night. Kindy parents leave the children in the school hall with their teachers and the photographer and go to the concourse. **NO PARENTS ALLOWED IN THE HALL** as the professional photographer is on a strict time limit to do the job. Teachers will then walk the children over to the Concourse.

Band and Choir children arrive dressed to perform . They are to meet on the COLA at 5:45pm.

6.00 pm:

All other children arrive dressed in their full costumes via the **Ferguson Lane Gate only** and go straight to their classrooms – ONLY Kindergarten children go to the library. Parents leave their children with the teachers and proceed to The Concourse. Teachers then walk the children over to The Concourse prior to the start of their performance.

6.30 pm:

Concert Hall doors will be open from 6.30pm

7.00 pm:

Concert Starts YOU MUST BE SEATED

We ask that there is <u>NO PHOTOGRAPHY</u> of any kind during the performance as this detracts from the experience of those in the audience. Please note the concert is filmed professionally and you have the opportunity to purchase the link .

9.00 -9.15 pm:

Concert due to finish. Each class will have a designated pick up area – this information will be given out in future newsletters. Teachers will hold up a sign with their class name on it.

Kindergarten students will be picked up from the front of the stage. Please follow the directions

given on the night.

Children in Year 5 & 6 will assist in bringing equipment back to school

9.30 pm:

Year 5 & 6 are to be collected and signed out from the library at school.

The Assistant Principal's Piece

VERY IMPORTANT INFORMATION:

All students are to be signed in and out with the classroom teacher if they leave school early on Monday and when they arrive on Monday night.

On Tuesday 25th September you child can have a sleep in and arrive by 11am. All children arriving after the 8.45am bell must be signed in by their parents at the front office.

<u>Student pick up details for after the show:</u> When picking your children up after the performance, please be patient with the teachers. We need to ensure all students have been signed out by a parent. Please understand this may mean you will need to wait until it is your turn to sign the sheet. Our duty of care is to look after your children throughout the Creative Arts Festival and we want to make sure all students get home safely at the late hour of night – we don't want any children to go missing or mistakenly picked up by someone different.

Children can be picked up from the following areas after the performance:

- Kindergarten Front of stage (more details will be communicated after the show)
- Year 1 Door 6
- Year 2 Door 7
- Year 3 Door 8
- Year 4 Door 9
- Year 5 & 6 Outside the school library at 9.30pm (entry via Ferguson Lane).

Programs: Congratulations and thank you to all the students who took the time to design the programs. There were so many beautiful and creative entries that I have created 20-30 different programs that will be available on the evening. If a design wasn't chosen it may have been because of an error with spelling, capital letters or a grammatical error.

<u>Purchasing your recording of the Creative Arts Festival:</u> We have hired an amazing videographer to record the performance this year. Shaun Groves from Video Power, filmed and created our new OLD promotional movie on the website – it looks great! We are confident Shaun will do an amazing job of this year's concert.

This year we will not be selling DVDs (as many families no longer have devices with a CD included), instead families will purchase a link to the recording. This link can then be saved to a USB, a hard-drive or burnt onto a DVD – your family can choose the media to use to watch the performance. You can watch it online but we *highly* recommend families save copies for safe keeping.

We are very happy to share with you that families can purchase the recording for an amazingly low price!!!

This price for the link will be \$10. You can start to purchase your link tomorrow (Wednesday 19th September, 10am) on *QKR*.

Families can purchase their link until **Thursday 18th October**. On **Friday 19th October** (end of Week 1, Term 4), all families who have purchased a recording will receive a *password*. This password will be to access our special OLD recording on the website 'Vimeo' – all instructions will be included in the letter sent home in Week 1. Shaun has kindly offered to edit the concert into 'chapters' – this means you can save the whole performance but skip to watch your child's class over and over again.

This is an amazing offer so we all need to ensure every family purchases the recording so we can celebrate this event over and over again...especially for those students who will be performing in their very last Creative Arts Festival!

Tickets are on sale through the Ticketek website:

http://premier.ticketek.com.au/Shows/Show.aspx?sh=COLOURMY18

Reminder to purchase your tickets before they sell out

The Assistant Principal's Piece cont.

<u>Kindergarten debutant photos</u>: These photos will now be taken in the <u>school hall</u> (NOT the library). Please walk your Kindergarten child up into the hall at 5.45pm, sign your child in and please leave to make your way to The Concourse. **It is very** *important that once you sign your child in, please leave the area so the teachers can supervise the children and keep to the evening's schedule. We thank you for your support and understanding with this important aspect of the evening – it will result in a smooth and relaxed start to the evening.*

<u>Snacks and drinks</u>: We highly recommend students bring a small (tidy and healthy) snack and a bottle of water for the evening. These can be taken straight to the classrooms when parents sign in their children on Monday night (24th Sept). For those students in the band or choir, a small snack and drink bottle can be dropped to their classroom *before* they are signed in at 5.45pm at the COLA.

<u>Choir and band sign in:</u> When the choir and band students arrive at school, please go straight to the COLA at 5.45pm. Find following teachers and sign your child in (there will be a sign so you can find the correct teacher). Once your child is signed in they must sit down and wait with the designated teacher. The teachers will then walk your child over to The Concourse.

It is very important that once you sign your child in, please leave the area so the teachers can supervise the children and keep to the evening's schedule. We thank you for your support and understanding with this important aspect of the evening – it will result in a smooth and relaxed start to the evening.

If your child is in band and choir, please sign in with the band teacher.

- Sign in Year 1 choir Miss Olivia Smith Under music room (near stairs)
- Sign in Year 2 choir Mrs Jane Bertinshaw Under music room (near canteen)
- Sign in Year 3 choir Mrs Louise Murphy Near bubblers
- Sign in Year 4-6 choir Mrs Mary-Anne FitzGerald Top step of COLA
- Meet and sign in band students Mari (band leader) Bottom step of COLA

Changes to Sport days - Week 10 ONLY:

As the classes will miss out on their sport lessons on Monday of Week 10 (due to all day rehearsals) and many children will arrive late on Tuesday, we will be having sport days on Wednesday and Thursday.

The following days are when your child must wear their sports uniform in Week 10:

Monday: Everyone for rehearsals

Wednesday: KB, KG, 1G, 2B, 2G, 3B, 3G

Thursday: 1B, 4B, 4G, 5B, 6G

Friday: Everyone for class sport

Please see below when your child/ren will be participating in their gymnastics lessons.

The children will need to wear their sports uniform on this day (as well as the usual sport days)

THURSDAY	Week 9	Week 10
	20 th Sept	27 th Sept
Session 1	Year 4	Year 5 & 6
11.40-12.10		
Session 2	Year 4	Year 5 & 6
12.10-12.40		

Religious Education—Mrs Kathy Gray

The Sacrament of Confirmation

We keep the following children in our prayers as they prepare for the Sacrament of Confirmation:

Cruz, Lara, Brandon, Rachel, Lucas, Camila, Shenali, Javien, Yuin, Tristan, Ivy, Joshua, Alex, Justin, Justin, Destiny, Joshua, Nate, Xavier, Lizzy, Abigail, Kyla, Noelle, Luca, Michaela, Sienna, Nathaniel, Sofia, Cooper, Anthony, Sean, Jonathan, Kristof, Vicky, Luca, Mia, Vincent, Lucy and Harry.

Confirmation is one of the seven sacraments of the Catholic Church. It is the one of the three sacraments of initiation into the Catholic Church, the other two being Baptism and Holy Communion. The Sacrament of Confirmation symbolises being sealed with the gift of the Holy Spirit, strengthening students in their faith and daily life.



THANK YOU - Fiver for a Farmer

Another huge thank you to this community for their generosity in helping those undergoing hardship. So far we have raised over \$1 600. The children dressed as farmers also stimulated a lot of discussion and education about the plight of the farmers on the land.

Where will our money go?

Rural Aid - A central point of focus to provide assistance and relief for Farmers in distress and poverty.

Drought Angels - A unique service offering drought relief through support for rural families in need. A small charity run by big

hearts.

See the following link for more information: <u>www.afiverforafarmer.com.au</u>



Pizza Lunch

To raise awareness about food packaging and NUDE FOOD we will be having a Pizza Lunch THIS Wednesday 19th of September. Orders that were placed through Qkr and via an order form from previous newsletters will be fulfilled during lunch.

All monies raised from the Pizza Lunch will go to CATHOLIC MISSION. Catholic Mission is the international mission agency of the Catholic Church in Australia. Compelled by the message, life and love of Jesus Christ, Catholic Mission forms Australians for mission and raises funds for mission—in Australia and around the world.



Pastoral Care—Mr Sam McClean

Internet Safety

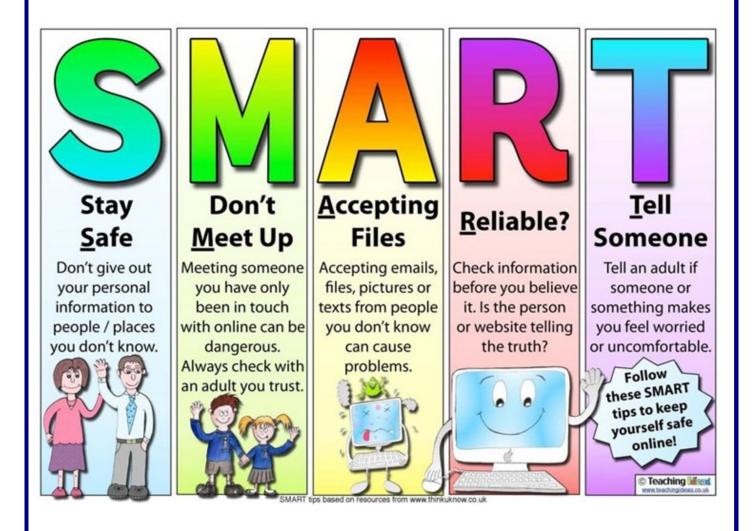
Two weeks ago, Our Lady of Dolours participated in National Child Protection Week. This was time for us as a school community to 'take stock' of everything we are doing to keep our students safe. In our classrooms, lessons and discussions were held to bring attention to the fact that all children have a right to be safe and to feel safe at home, at school and wherever else they may be.

This includes being safe online. During Child Protection Week, students from years 3-6 participated in a Webinar hosted by the Diocese of Broken Bay and the Office of the eSafety Commissioner. The webinar included the teaching of strategies in which students can be safe online, e.g. how we communicate online with others, and how we interact with our friends online.

This webinar came at an opportune time. The school holidays are around the corner, which for many children means a longer online presence over these two weeks. There is much enjoyment and learning to be had online, but we as teachers and families should be 'up with the play' when it comes to what our children are actually accessing online. We know that children are at risk of online abuse, bullying and internet scams. We also know that us adults are usually having to play catch-up when it comes to any new internet fads!

I have attached a couple of useful resources which are not only interesting reads, but give important information for us as carers of children. The Government website is also helpful in understanding the relevant laws when it comes to children using the internet.

https://www.brainstormproductions.edu.au/stop-bullying-articles/entry/cyber-safety-for-students-these-school-holidays https://aifs.gov.au/cfca/publications/online-safety



Religious Education—Mrs Kathy Gray

AWARD WINNER⁹ Week 8



Please join us for the official Opening Ceremony of our OLD Community Garden.

Then













Now

Our official opening will take place on Friday 21 September 2018.

Attendees are invited to meet in the main school grounds at 8.50am.

Proceedings will take place from 9am with a Smoking Ceremony to be followed by a garden walk-through.

We look forward to you joining us for this special event.

Get your summer uniform ready for term 4

EVERYTHING* \$5

Thank you to everyone who has donated goods and shopped at the OLD Preloved Uniform Pop-up Shop. It has raised close to \$1,000 for our kids so far this year.

Fri 21st & Fri 28 Sept 2:45 - 3:15 pm

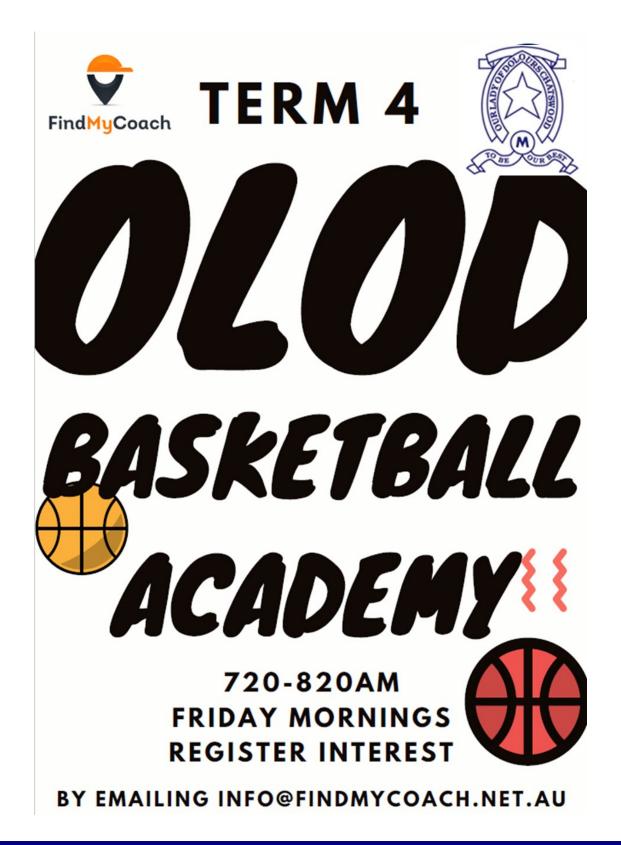
OLD Prel ved UNIFORM POP-UP SHOP

* Excludes microfiber jackets & bags - \$|0

OLD Parents and Carers,

You may have noticed something exciting happening on Friday mornings! We have recently enlisted the services of 'Find My Coach' and NSW Basketball Coaches Timothy Hill and Alek Horenko to begin developing some our keen basketball talent! Find My Coach has been kind enough to donate two brand new Spalding Portable Basketball Systems alongside 30 brand new basketballs. The program will be starting up again in Term 4! With limited spots, we ask you please register your <u>interest by</u> <u>emailing Timothy and info@findmycoach.net.au</u>

Kind Regards, Tim





what is nude food?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

TO PACK A NUDE FOOD LUNCH OK SNACK, YOU VILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

🗶 TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- · Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING WUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

	Our Lady of Dolours Primary School Term 3 Canteen Roster					
	Mon	Tues	Wed	Thurs	Fri	
23 July 2018	PUPIL FREE DAY	Rosalie Keledjian Seda Gulessevian	Ofelia Delosreyes Kylie Sendlhofer	Michelle Go-Chin Melissa Chung	Selvia Wijaya Vivian Tang	
30 July 2018	Jen Montealegre Jo Mannering	Ji-Yun Yi Stella Bae	Michael Corbett	Rachel Davidge-Hill Debbie Liu	Michelle Stanley Katie Crichton	
6 August 2018	Tom Allen Glenn Desertine	Carlyn Linders Portia Yu	Jackie Fung Katerina Planska	Cynthia Lai Rachel Ullmann	SPORTS - A - THON	
13 August 2018	Alison Henderson Alison Guthrie	Amy Chan Laura Hurrell	Natt Yusathaphorn Elaine Lin	Nicole Chow Mikhael Chammaa	Tina Tian Katie Zhang	
20 August 2018	Rachel Mensforth Kate Stipo	Eva Martinez Ruby Yang	Ofelia Delosreyes Kylie Sendlhofer	Debby Liu Joy Wang	Nicole Woods Tracy Li	
27 August 2018	Michael Corbett	Rosalie Keledjian Seda Gulessevian	Christine Lee Sally Park	Joy Wang Melissa Chung	Selvia Wijaya Vivian Tang	
3 September 2018	Katie Crichton	Marcia Corbett Laura Hurrell	Jackie Fung Katerina Planska	Rachel Ullmann Julie Hiser	Katerina Trani Michelle Stanley	
10 September 2018	Tom Allen Glenn Desertine	Ruby Yang Jo Mannering	Michael Corbett	Lily Setiawan Soehan Wiraputra	Michelle Stanley Katie Crichton	
17 September 2018	Ruby Yang Amy Chan	Ji-Yun Yi Stella Bae	Ofelia Delosreyes Marina Oganesian	Rachel Davidge-Hill Debbie Liu	Selvia Wijaya Vivian Tang	
24 September 2018	Marilyn King Trish Seeto	Rosalie Keledjian Seda Gulessevian	Elaine Lin Kylie Sendlhofer	Michelle Go-Chin Cynthia Lai	Janelle Arena Zoey Cortese	



BIRTHDAY ICEBLOCKS PURCHASE FROM CANTEEN



As you are aware, there is no sharing of lollies, cakes or any food treats at school for birthdays.

If you would like to purchase ice blocks for your child's class on their birthday this can be arranged through the school canteen only.

Please email your order with at least one weeks notice to Janelle Arena or Zoey Cortese at olodcanteen@yahoo.com.au

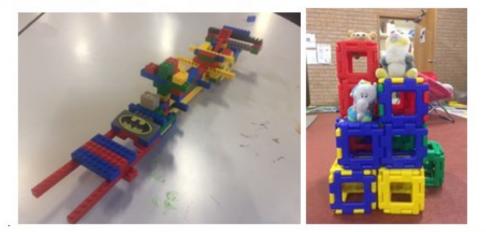
Your choice of ice blocks are Quelch Sticks 50c, Icy Twists \$1 or Mini Calipos \$1

Payment is to be made on the day or before to the school office in an envelope marked **Canteen Birthday Ice Blocks** with your child's name and class.



What we've been doing in OSHC at Camp Australia!

We've been trying heaps of new activities at Camp Australia recently, including playing Giant Jenga and Group skipping, as well as practising our Lego and Tower Building skills.



Our students have led the way in exploring these activities, having lots of fun and sharing ideas along the way. The most popular activity last week involved incorporating abstract patterns onto a map of Australia. We plan on revisiting this technique next week by using the shape of particular Australian animals and a variety of textures.

We've got more great activities planned next week – as well as a lot of fun we don't even know about yet! Our timetable looks like this:

Monday	Tuesday	Wednesday	Thursday	Friday
Dodge Ball	Weaving Frames & Cooking Lessons	Slime Making	Australian Animals & Treasure	Q-Tip Painted Dragonfly Craft

Hope to see you soon!

-From Melissa and your OSHC Team

For bookings, cancellations and general enquiries, please contact the Camp Australia Customer Care Team on 1300 105 343 - they are available 24 hours a day, 7 days a week.

If you wish to speak directly to your OSHC Team, please contact us using the Our Lady of Dolours OSHC Service Mobile: 0424 596 763.

visit www.campaustralia.com.au

we make Kids smile



At Camp Australia we believe that healthy kids are happy kids. So we can to spring into the holidays, we have put together some fresh activities for the upcoming school holidays that promote wellness inside and out.

Some of the featured activities include:

Jamie Oliver's Learn Your Fruit And Veg

Jamie Oliver's Learn Your Fruit and Veg Program aims to inspire and teach children what seasonal food is, how to prepare it, and importantly, what it can do for their bodies.

Kite-Tastic

Catch the breeze when you build, decorate and fly your very own working kite.

Build-A-Farm

Build your very own LEGO-compatible farms from your choice of two special kits.

Zen Kids

Take relaxation to a whole new level when we design our very own yoga mats and make calming wind chimes.

My Green Garden

Grow your very own vegetable garden with a greenhouse that you have built yourself.

At The Movies: Smallfoot

We're off to the movies to see the cool new flick Smallfoot.



To view what's on these school holidays and to make a booking, visit: www.campaustralia.com.au/holidayfun. Or you can call our friendly Customer Care Team on 1300 105 343 - 24 hours a day, 7 days a week.

We look forward to seeing you and your family this school holidays.

The Camp Australia Team

SCHOOL HOLIDAY WORKSHOPS



Think Club Australia provides experiential workshops for the inquisitive, problem-solving, creative and capable primary school child. Our one day, hands-on workshops are enjoyable, fun and interesting.

> For more information on our workshops or to book please visit our website: www.thinkclubaustralia.com



MONDAY 8TH & TUESDAY 9TH OCTOBER 2018

9am - 3.30pm, Sydney Boys High School, Moore Park, Sydney

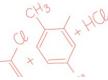


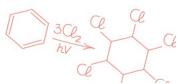
SCHOOL HOLIDAY PROGRAMS AT MACQUARIE UNIVERSITY - mq.edu.au/about/holidays

- · Children are introduced to science concepts and skills in a safe and supervised environment.
- · Courses teach the concepts through experiments, art, drama, physical activity, craft and other hands-on activities.
- Students are provided with experiences and activities that help them to understand a concept or gain knowledge in an active way.
- · Courses are added and rotated each school holidays, and drop off and pick-up times are designed for the working parent.
- The Junior Science Academy is for children in Years K-6 in primary school.



Drop off	8.30am - 9.30am
Activities	9.30am - 4.30pm
Pick-up	4.30pm – 5.30pm
Cost	\$122





JOHN COUTIS

Internationally renowned inspirational speaker

6.30pm 20th September 2018

St Philip Neri Learning Centre https://www.trybooking.com/YBAN

\$10 per adult \$5 per child

Please note the ticket price has been subsidised by Willoughby Council Community Grant.

learn more here... https://youtu.be/-u8HtD_UR9Q https://youtu.be/QwHtezqoB9Q

John Coutis talks about:

- · Dealing with disability
- · Overcoming challenges & getting the best out of life
- Anti-Bullying
- · Treating People The Way You Wish To Be Treated
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