

OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

NEWS Term 1 Week 11 - 9 April 2018

The Principal's Piece

Dear Parents and Friends,

The following article by Richard Rohr came across my desk last week, and I felt inspired to share it with readers during this Easter season. Interestingly, I got too caught-up in the Smith/Warner/Bancroft saga when the news broke, and I was guilty of harsh judgement. After reading the article following, I did a bit of a backflip.

Often the only thing that can break down our natural egocentricity is discovering that the qualities we might hate in others are actually within us. Indeed, we're not so moral after all. We've imagined doing 'bad' things; and if we could get away with it, we know we'd do it. Perhaps the only reason we don't is because we're afraid. Fear is not enlightenment. Fear is not the new transformed state of the risen Christ that we've been promised. Fear keeps us inside of a false order and will not allow any reordering.

Unless we somehow 'weep' over our own phoniness, hypocrisy, fear, and woundedness, we probably won't let go of 'the first half of life'. If we don't allow this needed disappointment to well up within us, if we surround our self with our orthodoxies and our certitudes and our belief that we're the best, frankly, we will stay in 'the first half of life' forever.

Many religious people never allow themselves to fall, while many "sinners" fall and rise again. Our greatest sin is not falling or failing, but refusing to rise and trust ourselves — and God—again.

We need to make sure we are always in need of mercy and we will never stop growing.

Richard Rohr's text so beautifully resonates with the School Principal of Our Lady of Dolours ... Sorry for all my shortcomings that I am now paradoxically proud of after mulling over the text above; text that can so beautifully inspire all of us to be transformed by The Risen Christ at this most special time of the year.

Uniform Change to Winter Uniform:

Traditionally at OLD, Weeks 1 and 2 of Term 2 have been the change period to the winter uniform. This considered, and also considering the weather, all students must be in full winter uniform by Monday 14 May

Safety Warning:

Parents please be aware that on Friday the 13th, tree lopping will be taking place from approximately 7am—9am along the Archer Street entrance to the school. We are not anticipating that this will affect access to the school during this time, however we do ask that you exercise caution during school drop off .

Many thanks for your understanding and co-operation

COMING EVENTS

April

Wed 11 Year 6 Mercy Leadership Day

Fri 13 Last day of Term 1

Mon 30 Students return Term 2

KEEP CHECKING THE SCHOOL'S WEBSITE UNDER 'NEWS & EVENTS - EVENTS FOR POSSIBLE CHANGES TO DATES
w.olddb.catholic.edu.au

[Our Lady of Dolours](#)



The Principal's Piece - Cont.

Students from our school have recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy. The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

Important note regarding students arriving at school before 8:15am

Parents are respectfully reminded that no students are permitted at school before 8:15am. This is a vital expectation, because a teacher goes on duty at 8:15am, and it is a significant safety concern if students are left unsupervised.

Thank you for your anticipated co-operation in this regard.

Your personal spiritual trainer: Someone who wants to develop their physical fitness might work with a personal trainer and develop an exercise program. Or join a sporting team or an exercise class. The same is true of people who want to develop their spiritual life. Do you want to pray in a way which is more than just saying words?

During April and May Fr Jim and Gail Gill will be offering people the opportunity to take part in the *First Spiritual Exercises* for four weeks. The *First Spiritual Exercises* draw on the 500 year old Jesuit tradition of prayer, updated and applied to contemporary living. It requires a commitment of 30 minutes of prayer for 5 days a week, with weekly facilitated small groups to reflect and discuss. No prior experience is needed. It begins with our own human experiences, and then builds each week to develop skills in prayer and discernment. All that is required is the willingness to pray. There will be several groups and most are already booked out, but there is a special one for school parents on Monday afternoons at 1.45pm prior to school pickup starting on April 30th, the first day of Term 2, and then for four weeks. Places are limited, so reply to jim@chatswoodparish.org.au if you'd like to take part.

Men: We sometimes feel like we're the only ones who struggle with marriage, parenting, career, health, and faith. We tend to be less verbal and vocal than women. We often struggle to articulate what's going in our hearts. But when there's a safe space to be quiet or to speak, we can often find a voice to speak our desires to be the best husbands, fathers, friends and men we can be. For the past year a group of men from our parish aged 21-70 have gathered for an opportunity to talk together as Catholic men about the things which matter in our lives as they did at the Men Alive Weekend. Now they want to join other men to join with them and Fr Jim, starting with a "Men's Mass" on 7pm this Wednesday 11th April. Come join us for a short, quiet Mass, and a chance to talk together afterwards. Contact daidsunjaya@hotmail.com or Fr Jim for more info.

And

Fathers: 'If there were some practical things I can do to build my relationship with my children as a father, what would they be? How much of my life is affected by a good relationship with my father?'

To find some answers to these questions and more, come and see Robert Falzon, acclaimed author and speaker of the 'Father Factor' seminars. He will be addressing the important roles of fathers in society, providing practical information on being an intentional father and recovering from absent fathering. All most welcome, in particular, fathers.

Date: Wednesday 9 May

Time: 7:30pm - 9:30pm

Venue: Harrington Hall, 94a Archer St, Chatswood

RSVP: faith.formation@dbb.org.au or Cristina Gomez 9847 0428 by 4 May

Thanks – Fr Jim

The Principal's Piece - Cont.

Respectful Reminders Regarding Social Media:

Parents will be aware of the important Social Media protocols that OLD School has recently advertised to the wider school community; I am particularly referring to the very recent changes made to the official OLD P+F Facebook Communication Page. It is important to note that OLD's Social Media Protocols are also 'expectations' from the Catholic Schools Office.

I respectfully ask all users to adhere to important protocols and appropriate courtesies:

- No photos of students (other than your own) are permitted to be uploaded to any social media platform
- It is inappropriate to use Social Media Platforms for discussion forums on school happenings. Social Media Platforms related to the school should only be used for simple communication purposes to pass on clear messages etc.

I strongly encourage all OLD School families to join the official [OLD P+F Facebook Communication Page](#) to share and access important school information. If families wish to post photos on Social Media of OLD student activities, I encourage you to simply send the images to the school email address and we can then check/consider if appropriate for the official [OLD School Facebook Page](#).

If any parents have any queries or concerns, I encourage you to contact me at school.

AWARD WINNERS

Week 9



RELIGIOUS EDUCATION - Kathy Gray

Mothers' Day Whole School Mass

We would like to invite you to join us for our Mothers' Day Mass on Friday May 11th at 9am in the church (Week 2 Friday).

During the mass there is our traditional photo reflection.

Please email:

sarah.croall@dbb.catholic.edu.au

Please only send **One** DIGITAL jpg photo of your child/children with their mother, grandmother or mother figure in their lives.

STRICT PHOTO DEADLINE:

Please email photos by Friday May 4th (Week 1 of Term 2) at the very latest...

ALL PHOTOS MUST BE SENT BY FRIDAY OF WEEK 1 OF TERM 2 (4.5.18)...

SO PLEASE START EMAILING NOW

(We are happy to accept your Mothers' Day jpg photo emails in the holidays) ...THANK YOU!



Thank you and we hope to see you at this Mass...dedicated to our beautiful mothers.

Project Compassion



A message from Caritas:

We would like to take this opportunity to thank all teachers, students and school staff for their inspiring enthusiasm, dedication and generosity in supporting Project Compassion through Term 1. This will help us continue working hand in hand with our neighbours around the world- building stronger communities to end poverty, promote justice and uphold dignity.

As a school community we raised \$2 250. That is an amazing effort! Thank you from the bottom of my heart. Your efforts in promoting justice and dignity are wonderful.

Parish Sacramental Program: First Communion



Preparation of the children for the Sacrament of First Holy Communion has begun. Lessons to prepare our students for First Holy Communion have begun and will continue after the school holidays.

Year Threes are going to experience an in school retreat as a part of their preparation for Communion. Angela is coming over to the school on Thursday May 17 and running two sessions with our classes. Thank you Angela.

The First Holy Communion celebrations are in the church Saturday and Sunday the 2nd and 3rd of June at all Parish Masses; and at 12:30 pm on the Sunday the 3rd of June as a dedicated First Communion Mass.

Please contact Angela for more information.

Phone: (02) 9410 9033. Email: Angela@chatswoodparish.org.au

ASSISTANT PRINCIPAL - Kirsty Thorpe

ICAS Science exam: The ICAS Science Exam registration will close earlier than previously planned (due to school holidays). We will be closing registration on **Wednesday 11th April** (tomorrow) at 10am. We will be unable to register any students after this time.

Billionaire Boy play

On Holy Thursday, many OLD students had the opportunity to watch the play entitled Billionaire Boy. The play was very funny and it had lots of creative but unusual content. We think that the boy was very kind but he was also not very grateful for everything he had. All the characters were very entertaining and engaging with their parts. We also thought that it had a very good storyline because it taught us that money doesn't buy happiness. Overall we think it was an amazing play and everyone who performed was very talented, we would definitely watch it again!

By Emily, Natalie & Chloe, 5B

Maths games for the holidays

If you are looking for fun things for your family to do together in the holidays and will still like your child to practise some maths skills here are some fun games you can play...and all you need is a pack of playing cards!!! (Without the picture cards). Remember all these games can be changed to suit the age and developmental level of your child. To challenge your child even more with these games, use a stop watch and time them!!!

Game 1: Turning one card over at a time at a quick pace and your child says...

- The 'Friend of 10' (K-2)
- 1 more than this number / 1 less than this number (K-1)
- 10 more than this number (Yr 1-3)
- Double it (Yr 1-6)
- Halve it (Yr 2-6)
- Multiply by 2/5/10...or any timetable your child in primary classes are currently learning (Yr 3-6)

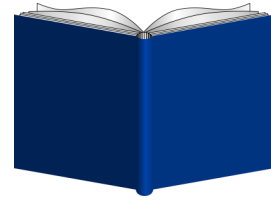
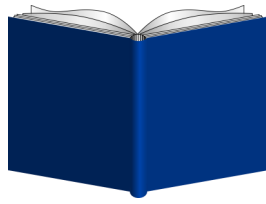
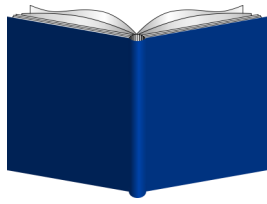
Game 2: Turning TWO cards over at a time, your child...

- Adds both numbers (Yr 1-3)
- Multiplies both numbers (Yr 3-6)
- Subtracts the smaller number from the larger number (Yr 1+)
- Makes the largest 2 digit number possible out of these two cards (Yr 1-2)

Game 3: Two players turn over TWO cards, your child...

- Makes the largest 4 digit number / smallest 4 digit number (Yr 2+)
- Adds both 2 digit numbers (mentally) (Yr 3+)
- Orders the 4 digits from smallest to largest (vice versa) (K-1)

LIBRARY — Louise Murphy



Premier's Reading Challenge- The Challenge is up and running again for 2018!

I have typed every child's individual password on the PRC newsletter that was sent home last week.

Year 2 Parents: please note that your passwords still have not arrived. I have e-mailed them several times and they have promised me they will be here by Wednesday. I will try to have all the rest of the passwords (including the new children to the school) ready by lunch time on Wednesday.

Please note you have plenty of time. The challenge doesn't finish till October.

Returning Books: Please could all parents ensure their children have all overdue books returned by the end of the week.

Book Club: Thank you to all those families that participated in Book Club this month. The school is entitled to \$311:00 worth of books for the Library. A huge thank you to Julie, Silvia and Katie who are our very efficient Book Club mothers.


THANK YOU! We are all most appreciative of all the mums and dads who give their time so generously to help in the library. Your efforts are much appreciated by the whole school community.

Happy holidays and happy reading!

Louise Murphy


Teacher/Librarian.

Thanks for buying
books from



Book Club
they help build our
classroom resources

We have raised an amazing \$311. We hope the
children are enjoying their Book Club order.
The next available issue will be Issue 4 later in term 2.
Julie, Sylvia & Katie
oldscholasticbookclub@gmail.com



Community News



AFTER SCHOOL CARE by Camp Australia
we make kids smile

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities

GREAT FUN

To book, visit:
www.campastrails.com.au
or call 1300 105 343

Register your free account today

From time to time, plans can change last minute – this can be very stressful on parents. And that's why we encourage all families to register for an account, even if you do not plan on using the program yet.

Registration is as easy as 1, 2, 3 and best of all, it's free!

Why you should register for an account:

1. You can quickly book into the program whenever you need
2. You will have all the information that you need to help ensure that your children have a safe and enjoyable time in the program
3. You will receive a full information pack about the program

If you have any questions on how to register for an account, feel free to drop by our program and ask our friendly team. You can also contact our Customer Care Team on 1300 105 343 – available 24 hours a day, 7 days a week.

From the Team at Camp Australia

[Program details](#)

To find out more about the program, view fees and to register visit www.campaaustralia.com.au

visit www.campaaustralia.com.au

we make kids smile

Also, should you ever need to start your day early, a reminder to Parents/ Caregivers that your Camp Australia OSHC Service is also open for Before School Care (BSC). BSC operates from 7.00am – 8.30am and is conveniently located in Harrington Hall. Children are offered a variety of breakfast choices including cereal, toast and fruit. Children engage in a variety of activities such as craft, construction- based activities and group games. Any new Kindies who attend BSC can be walked to their classroom at the end of the session and assisted with unpacking their bags. For any further inquiries about the BSC program, please speak with your friendly Camp Australia Staff. For booking assistance, please contact the Customer Care Team on 1300 105 343. Thank you!



XLR8
POWERED BY
NORTHERN TIGERS

HOLIDAY CLINICS

THE XLR8 VISION

is to strengthen grassroots football by providing all community players with the opportunity to access high quality coaching and player development opportunities.

THREE LOCATIONS

All high-quality synthetic fields!

Charles Bean Oval, Lindfield

Chatswood High School

North Turramurra Recreation Area

9am – 12pm

Under 5 – Under 16

Enquiries: xlr8@nsfa.asn.au

www.nsfa.asn.au/xlr8

**VISIT OUR WEBSITE
OR FACEBOOK TO
ENROL TODAY!**

Booster do's and don'ts

RMS, NRMA and KIDSAFE
all recommend boosting your
child until they are 145cms tall

(Most kids would be 10-12 yrs old)

*The reason is that cars are built for adult size bodies. Studies show that more than half of the children aged 8-12 killed in car crashes have the seatbelt under their arm or behind their back.

This is because they do not fit the car.

It is also

STRONGLY RECOMMENDED
that children under 12 avoid the
front seat if there are airbags
present.



Call anytime for advice

Ph 9997 4602

www.pearceschildrestraints.com.au

Child Restraint do's and don'ts

It is **ILLEGAL** to have a child under 7



In the front seat unless all middle row seats are taken by younger children. In restraints:



Out of a booster unless the child has physically outgrown their booster seat—unusual.

It is also **ILLEGAL**



To share seatbelts.



To have an unrestrained child in the car.



To carry more children than you have seatbelts.

Both the NRMA and RMS strongly recommend you

NEVER



Allow a child under 12 in the front.



Tuck the seatbelt under the arm or behind the back.

DO IT RIGHT, NO EXCUSES

Call today for a free child restraint check, and all the advice you will ever need.



Pearce's Child Restraints Mona Vale

Education is what we do.

Saving lives is what we help you to do.

Ph 9997 4602

www.pearceschildrestraints.com.au



**NORTH SYDNEY'S
BEST SCHOOL HOLIDAY
BASKETBALL CAMP**

**SAVE
\$95**

SPECIAL OFFER

**BOOK 3 DAYS
OR MORE
GET 1 DAY
FREE**

DATES:

April 16-20 and 23, 24, 26 & 27

LOCATION:

North Sydney Boys High School

TIME:

9AM - 3PM Each Day

AGES:

5 - 14

FLEXIBLE 'PICK YOUR DAYS' OPTION

REGISTER ONLINE

WWW.JUNIORBASKETBALLACADEMY.COM.AU

Community News



2018 STANSW YOUNG SCIENTIST PAPER PLANE STATE CHAMPIONSHIP AUGUST 25 – SYDNEY UNIVERSITY



2018 PAPER PLANE STATE CHAMPIONSHIP

Entry Details

Open to any K-12 Australian student who loves to fold and throw their own hand-crafted paper plane.

Age Levels and Qualifying Details

Year Level	Distance	Airtime
K-2	12m	5s
3	15m	5s
4	15m	5s
5	18m	6s
6	18m	6s
7-12	20m	6s

BIGGER and BETTER than ever with medals and \$100 money prizes for Distance winners



State Championships held at the **Sydney University** Sports and Aquatic Centre, Bryden's Showcourts: a University of Sydney Open Day Event

2018 REGIONAL HIGH FLYERS

Students from NSW and other Australian States & Territories who can't make it to the Sydney Finals, we have a separate competition just for you.

Regional High Flyers Details

You have until midnight Friday 24th August to upload a video of your qualifying distance and/or airtime throw.

Once the judging panel have approved that the throw was not wind assisted, they will award gold, silver and bronze medals for the top three distance and airtime throws in each age group – a total of 36 medals for the Regional High Flyers Challenge.



Organised by the STANSW Young Scientist Committee, who also run the STANSW Young Scientist Awards - NSW's premier curriculum-based STEM competition

web: www.youngscientist.com.au

For more details: www.paperplanes.youngscientist.com.au



Major Sponsor

Helping Hands Network - part of the Junior Adventures Group Out of School Hours Care

www.helpinghandsnetwork.com.au



Can you beat this!

The current Australian Distance Record by a school student is 35.20m, set by Mitchell Irvine from Menai High School

