

# OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

**NEWS IN BRIEF Term 2 Week 5 - 23 May 2017**

## 123 Magic – What happened in Part A/Session 1?

It really was a terrific parent education session last Wednesday. Parents and friends need to be assured that they can simply turn up for session #2 tomorrow (Wednesday 24 May) even if they missed the first session. I will be attending the Australian Catholic Principals' Conference and unable to attend session #2, but Miss Thorpe has promised to be the one to record her summary for next week's newsletter:

Following are three stand-out learnings I took from Session #1 that really influenced my thinking:

- As parents, we need to work towards making ourselves redundant (*ie we need to more often pull back from pandering to our children and try to refrain from 'rescuing' them at every twist and turn*)
- It's ok for our child/ren to have a sandwich for dinner, and it's ok to miss a swimming lesson when everything on the home-front is simply too busy (*ie as parents, we need to more often be gentle with ourselves and know that it's ok to get stressful, high expectations out of our lives*)
- We need to try hard and remember to praise children more often for their 'effort' in life, rather than praising them for 'results' - (*This point is perhaps a timely reminder for us when we read the Semester 1 Student Reports that go home in a few weeks; let's be sure to focus on the effort gradings for each Key Learning Area*)

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## **And Finally!!!:**

Parents will recall that I've been summarising chapters from "Seven Habits of Highly Effective Families" (Stephen Covey) within past newsletters. I only have one more 'habit' to summarise and this is included below.

Habit #7 of highly effective families – (Summary of 36 pages)

### Sharpen the saw:

"In physics, 'entropy' means that anything left to itself will eventually disintegrate until it reaches the most elemental form. The dictionary describes entropy as 'the steady degradation of a system or society'."

ESSENTIALLY: if we neglect our body, it will deteriorate.

Many readers will know the story of the two tree cutters who began to cut identical trees at the same time. One of the cutters took a break every five minutes and managed to cut his tree down in a much quicker time than the other cutter who worked tirelessly without resting at all. When the two tree cutters met after their jobs were done, the slower cutter asked the faster cutter how he did his job so well and managed to rest every five minutes. The faster cutter told him that when he rested, he sharpened his saw.

"All things need watching, working at, caring for, and marriage is no exception. Marriage is not something to be treated indifferently or abused, or something that simply takes care of itself. Nothing neglected will remain as it was or is. All things need attention, care and concern, and this is especially so in the most sensitive relationships of life."

## COMING EVENTS

### MAY

**Wed 24** '123 Magic' Parenting Programme - Session 2

### JUNE

**Thur 8** Yr 5 & 6 Camp to Milson Island

**Mon 12** Queen's Birthday - Public Holiday

**Wed 14** School Athletics Carnival

**Fri 16** Polding Cross Country Carnival

**Sat 17 &** Sacrament of First

**Sun 18** Eucharist - All Parish Masses

**Wed 21** OLD Public Speaking Finals

Sacramental Program - Parent's Info. Evening

**Mon 26** "The Bishop's Art Competition" Gallery-walk around all classes

**Tues 27** League Gala Day (Bales Park, Chatswood)

Netball Gala Day (Bicentennial, Willoughby)

**Wed 28** "The Bishop's Art Competition" - Finalists' Presentation @ the whole school assembly 8:45am

**Fri 30** P & F Sport-a-thon & Games Day

Last Day Term 2

**KEEP CHECKING THE SCHOOL'S WEBSITE UNDER 'NEWS & EVENTS - EVENTS FOR POSSIBLE CHANGES TO DATES**

[www.olddb.catholic.edu.au](http://www.olddb.catholic.edu.au)

To sum up, every family must take time to renew itself in the four key areas of life: PHYSICAL, SOCIAL, MENTAL and SPIRITUAL.

A simple suggested summary of all 7 Habits in one quote – (summary of 312 pages)

*"I don't know what your destiny will be, but one thing I know: The only ones among you who will really be happy are those who have sought and found how to serve."* - Albert Schweitzer

New dates for the Diary:

**"The Bishop's Art Competition" (Forming part of The OLD Catherine McAuley Art Competition) – 'Walkabout' and Gallery-walk around all classes K-6 ... Monday 26 June (Parents invited 2.30pm)**

**"The Bishop's Art Competition" (Forming part of The OLD Catherine McAuley Art Competition) – Finalists' Presentation - @ the whole school assembly Wednesday 28 June 8:45am**

**YEAR 1 PARISH CLASS MASS – SUNDAY 28<sup>th</sup> OF MAY.**

Children from OLD in Year 1 are invited to join the 9am Parish Mass on Sunday 28<sup>th</sup> of May. This Mass is a Year 1 Class Mass, therefore you have a special invitation to attend...but of course all children are welcome!



**THANK YOU FROM CANDELA PERU**

Thank you so much for your generous support of the Sisters of Mercy mission in Candela Peru. \$1043.00 was raised from the sale of the beautiful items that the women made. This money has been sent to the mums so they can continue to provide food, clothing, medicine and education for their children.



Mary Rajca