

OUR LADY OF DOLOURS CATHOLIC PRIMARY SCHOOL

NEWS IN BRIEF Term 2 Week 1 - 24 April 2017

Dear Parents,

You will recall in the two previous newsletters that I included the first and second 'habits' from the book, "Seven Habits of Highly Effective Families" (Stephen Covey). I hope that we can all appreciate the third "habit" included below. (*I note that I commenced these summaries as part of a warm-up to the up-and-coming Parent Education sessions at OLD School – ie "123 Magic" on the following dates:*

Part A - Wednesday 17 May (9 – 11am)

Part B - Wednesday 24 May (9 – 11am)

Please refer to the attached flyer for more information)

Habit # 3 of highly effective families – (summary of 54 pages)

"Put first things first"

"One of the worst feelings in the world is when you realise that the "first things" in your life – including family – are getting pushed into second or third place."

So, how can we "put first things first"?

- Make time for fun
- Make and keep promises - (This maxim keeps popping up time and time again in the book!)
- Plan ahead
- Make time for at least one family night each week (at least one hour together)
- Make time for "one to one" bonding with each member of our family (individually)

New date and venue for our 2017 School Athletics Carnival:

Willoughby Council has just informed us that we can no longer use Rotary Fields on 7.6.17 for our School Athletics Carnival. Fortunately, our school sports coordinator Mr Martin has secured a new venue and a new date. New details will be published in next week's newsletter.

School Uniform changeover Time - Weeks 1 and 2 in Term 2:

The first two weeks of Term 2 will be 'uniform changeover time' to winter uniform. All students must be in full winter uniform on the Monday of Week 3 Term 2 (ie Monday 8 May).

Staff Development Day 28th April

Just a reminder that there will be a Staff Development Day this Friday, 28th April. Staff Development Days are "Pupil Free Days".

COMING EVENTS

APRIL

- Tue 25** Anzac Day (Public Holiday)
- Wed 26** Start of Term 2
Anzac Ceremony - whole school liturgy
10.45am
- Fri 28** Staff Development Day (Pupil Free Day)

MAY

- Mon 1** Yr 5 & Yr 6 History Excursion to West Head
- Tue 2** North Shore Cluster Cross Country (Rofe Park)
- Fri 5** P & F Disco Night
- Tue 9** NAPLAN
- Wed 10** NAPLAN
OLD P & F Meeting
6.30pm
- Thur 11** NAPLAN
Mother's Day Stall
- Fri 12** Mother's Day Breakfast
Mother's Day Mass
- Wed 17** '123 Magic' Parenting Programme—1st Session
- Fri 19** Crazy Hair & Mufti Day
- Tue 23** Broken Bay Cross Country (Fagan Park)
- Wed 24** '123 Magic' Parenting Programme—2nd Session

KEEP CHECKING THE SCHOOL'S WEBSITE UNDER 'NEWS & EVENTS - EVENTS FOR POSSIBLE CHANGES TO DATES

www.olddb.catholic.edu.au

REMINDER - Security Changes at OLD School:

As mentioned at the end of Term 1, there will be changes to security at school that will affect all parents and visitors wishing to enter the school between 9am-2:40pm each day.

During the Easter school holidays, an electronic security door system was installed.

Commencing day one of Term 2, the main entrance doors of our school will be locked at 9am each school day. Anyone needing to enter the school after 9am will have to 'buzz in' via a button, and then the office staff will activate a switch to open the door.

The doors will be unlocked/opened for 'pick-up' at 2:40pm each afternoon.

Thank you for your anticipated co-operation with this important installation that will only make OLD a safer environment for all students.

Year 6 Graduation 2017:

Thank you to the wonderful team of parent and teacher volunteers who met at the end of Term 1 to plan the graduation for The Class of Year 6 – 2017.

A set of Graduation Preparation Guidelines was drafted at the meeting, and this will be added to the OLD Parent Handbook to assist planning this year and in the years ahead too.

Please note that the date for this year's Year 6 Graduation is Monday 27 November. There will be a liturgy at 10am for the students to celebrate with their families and friends. In the evening, on the same day, there will be a celebration dinner at 6pm where students attend only with their parents or two carers.

(Specific details will be issued to families of Year 6 students later in the year)

Mass on each Tuesday – 8am at Mercy and St Pius (Alternate weeks)

Students at OLD have been invited to join with Mercy College and St Pius X College communities at their respective school chapels for Mass each Tuesday morning at 8:00am. At this early stage, only students in Years 5 and 6 will be attending but, later in the year, students in other classes will be invited too - (NB: an OLD teacher will accompany students at each Mass). Only a small group of students (8-10) can attend each Tuesday because the Mercy Chapel and the St Pius Chapel are relatively small

Attention OLD students: Altar Servers and Musicians needed for Mass on Weekends:

Altar servers and/or musicians are needed for weekend Masses at OLD Church. Any keen students need to please get their parents to contact Katia at the Parish Office – Thank you: katya@chatswoodparish.org.au

OCCUPATIONAL THERAPY AT OLD:

OLD has had a long and beneficial partnership with "North Shore Speech Pathology" for many years. Essentially, a Speech Pathology service is offered on-site at OLD one day each week. Now, OLD has just secured the services of an Occupational Therapist, Lisa Norton – ("Play and Learn Occupational Therapy"). Lisa will join the OLD community this week and operate out of our school each Friday.



Parent Education Program

Catholic Schools Office Diocese of Broken Bay – Parent Education Team

1-2-3 Magic Workshop

Building Emotional Intelligence & managing behaviour

Program consists of two, 2 hour sessions, working through a parent resource booklet

The program supports parents and caregivers with effective strategies to help their children self-regulate and manage their emotions and behaviour. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about the world around them.



Dates:

- **Wednesday 17 May (9 – 11am)**
- **Wednesday 24 May (9 – 11am)**

Venue: *OLD School Library*

Parent workbooks are available for purchase on the day for \$10

RSVP: Please return the slip to the office or email old@dbb.catholic.edu.au
by **Friday 5 May**

YES, I will be attending the 1-2-3 Magic Workshop: Wednesday 17 May (9 – 11am)
and Wednesday 24 May (9 – 11am)

Name(s)

Child's Class